

2021 US Junior List - Indoor-Outdoor - Women
Send additions/corrections to jispier8@gmail.com

23-Aug-21

Blue = 2020 indoor mark

Green = 2020 outdoor mark

Black = 2021 outdoor mark

Red = 2021 indoor mark

Athletes born 2002 or later

<u>100m</u>								
11.27	-0.7	Jasmine Montgomery	Texas HS	23-Sep-02	1	adidas Boost	Boston, MA	23-May
11.28	1.8	Shawnti Jackson	North Carolina HS	2-May-05	1	Pure Athletics	Clermont, FL	2-May
11.29	0.7	TIONNA BROWN	ALABAMA STATE	8-Jan-02	1	War Eagle	Auburn, AL	16-Apr
11.30	1.8	JONAH ROSS	NORTH CAROLINA A+T	1-May-02	4	Texas Relays	Austin, TX	27-Mar
11.36	-0.7	Kennedi Sanders	Mississippi HS	16-Apr-03	3	adidas Boost	Boston, MA	23-May
<u>200m</u>								
22.64	1.0	Tamari Davis	Florida HS	15-Feb-03	1	Spring Break	Carolina, PR	19-Mar
22.87	0.0	JONAH ROSS	NORTH CAROLINA A+T	1-May-02	4q2	NCAA East Regional	Jacksonville, FL	29-May
22.94		TALITHA DIGGS	FLORIDA	22-Aug-02	1rB	Tyson Inv	Fayetteville, AR	12-Feb
23.01	1.4	*Kaila Jackson	Michigan HS	30-Jun-04	1	AAU JO	Humble, TX	4-Aug
23.06	0.3	Shawnti Jackson	North Carolina HS	2-May-05	1	NC 4A Champs	Greensboro, NC	25-Jun
<u>400m</u>								
49.57		ATHING MU	TEXAS A+M	8-Jun-02	1	NCAA	Eugene, OR	12-Jun
50.74		TALITHA DIGGS	FLORIDA	22-Aug-02	2	NCAA	Eugene, OR	12-Jun
51.41		ZIYAH HOLMAN	MICHIGAN	1-Mar-02	3q2	NCAA East Regional	Jacksonville, FL	29-May
51.84		KIMBERLY HARRIS	USC	11-Jul-02	5q2	NCAA West Regional	College Station, TX	29-May
51.92		ISABELLA WHITTAKER	PENNSYLVANIA	15-Feb-02	5q2	NCAA East Regional	Jacksonville, FL	29-May
<u>800m</u>								
1:55.21		ATHING MU	TEXAS A+M	8-Jun-02	1	Olympics	Tokyo, Japan	3-Aug
2:00.78		Roisin Willis	Wisconsin HS	6-Aug-04	1	Trials of Miles	New York, NY	21-May
2:01.15		Juliette Whittaker	Maryland HS	1-Dec-03	1	John Hay Dist Fest	West Chester, PA	4-Jun
2:02.26		Sophia Gorriarian	Massachusetts HS	20-Jun-05	4h5	US Olympic Trials	Eugene, OR	24-Jun
2:03.98		Allison Ince	Illinois HS		1	Brooks PR	Seattle, WA	2-Jul
<u>1500m [4:28.00]</u>								
4:12.55		KATELYN TUOHY	NORTH CAROLINA STATE	18-Mar-02	2h2	ACC	Raleigh, NC	13-May
4:16.06		ATHING MU	TEXAS A+M	8-Jun-02		vs Texas	College Station, TX	3-Apr
4:19.10'		Marlee Starliper	Pennsylvania HS	21-Jul-02	1	Millrose Games	New York, NY	8-Feb
4:19.79		Juliette Whittaker	Maryland HS	1-Dec-03	1	GSTC Spring Opener	Edison, NJ	17-Apr
4:20.42		Chloe Foerster	Oregon HS	21-Sep-03	1	Stumptown Twilight	Portland, OR	3-Jun
<u>Mile</u>								
4:37.76		Marlee Starliper	Pennsylvania HS	21-Jul-02	1	Millrose Games	New York, NY	8-Feb
4:38.14		Addison Wiley	Indiana HS	24-Oct-03	1	Running Lane Inv	Madison, AL	12-Jun

4:38.65	Juliette Whittaker	Maryland HS	1-Dec-03	1	Brooks PR	Seattle, WA	2-Jul
4:39.41	Mia Barnett	California HS	4-Sep-03	1	Sound Running	Irvine, CA	15-May
4:40.16	Sadie Engelhardt	California HS	21-Aug-06	2	Running Lane Inv	Madison, AL	12-Jun

3000m

9:07.06	ALYSON CHURCHILL	FLORIDA STATE	11-Jun-02	3	ACC	Clemson, SC	25-Feb
9:07.14	Marlee Starliper	Pennsylvania HS	21-Jul-02	7	Valentine Inv	Boston, MA	14-Feb
9:15.16'	Sydney Thorvaldson	Wyoming HS	7-Mar-03	1	Virginia Showcase	Virginia Beach, VA	16-Jan
9:17.94	NAOMI SMITH	WASHINGTON	O2	11	UW Invite	Seattle, WA	12-Feb
9:19.67	KATELYN TUOHY	NORTH CAROLINA STATE	18-Mar-02	9	Camel City Inv	Winston-Salem, NC	20-Feb

5000m [16:55.00]

15:34.47	Jenna Hutchins	Tennessee HS	25-Mar-04	1	Five and Dime	Columbia, SC	12-Dec
15:47.38	KATELYN TUOHY	NORTH CAROLINA STATE	18-Mar-02	3	Virginia Challenge	Charlottesville, VA	16-Apr
15:52.10	Charlotte Bednar	New Jersy HS	15-Apr-04	1	GSTC Spring Opener	Edison, NJ	17-Apr
15:56.89	Brynn Brown	Texas HS		1	Tx Distance Festival	Southlake, TX	20-Mar
15:57.92	BETHANY GRAHAM	FURMAN	26-Jul-02		Erdmann Twilight		16-Apr

3000m Steeplechase

10:05.56	SASHA NEGLIA	NORTH CAROLINA	26-Aug-02	7	ACC	Raleigh, NC	14-May
10:13.61	SARAH TRAINOR	NORTH CAROLINA	23-May-02	11	ACC	Raleigh, NC	14-May
10:17.13	MARY HENNELLY	GEORGETOWN	16-Jan-02	12	NYC Trials of Miles	New York, NY	21-May
10:29.00	EMILY BROWN	PITTSBURGH	29-Sep-02	17	ACC	Raleigh, NC	14-May

10000m

33:22.67	NAOMI SMITH	WASHINGTON	O2	5	PAC 12	Los Angeles, CA	14-May
33:24.37	GIONNA QUARZO	NORTH CAROLINA STATE	8-Jul-02	5	ACC	Raleigh, NC	13-May
33:26.55	KELSEY HARRINGTON	NORTH CAROLINA	8-Feb-02	7	ACC	Raleigh, NC	13-May
34:07.22	LOUISE LOUNES	CHARLOTTE	20-Jan-02	3		Murphreesboro, TN	14-May
35:13.72	HANNAH MOULTON	OHIO STATE	26-Oct-02	16	Big 10	Champaign, IL	14-May

100m Hurdles

12.99	2.0	JAYLA HOLLIS	ARKANSAS	3-Sep-02	2q6	NCAA West Regional	College Station, TX	27-May
13.17	1.1	PAIGE MAGEE	IOWA	30-Jul-02	1h1	Big 10	Champaign, IL	15-May
13.19	1.2	AASIA LAURENCIN	TEXAS	1-Sep-02	1h4	Big 12	Manhattan, KS	15-May
13.35	-0.4	Eddiyah Frye	Florida HS	22-Apr-03	1	Brooks PR	Seattle, WA	2-Jul
13.41	0.7	**Yahnari Lyons	Georgia HS	28-Aug-04	1	USATF JO 17-18	Jacksonville, FL	31-Jul

400m Hurdles

56.74		ASHTON LINLEY	SOUTH CAROLINA	20-Jun-02	7	NCAA	Eugene, OR	12-Jun
57.48		Akala Garrett	North Carolina HS	10-May-05	1	USATF JO 15-16	Jacksonville, FL	30-Jul
57.52		DOMINIQUE MUSTIN	TEXAS A+M	25-Mar-02	1rB	LSU Alumni Gold	Baton Rouge, LA	24-Apr
57.87		LEAH PHILLIPS	LSU	14-Aug-02	6	SEC	College Station, TX	15-May
58.08		Makeriah Harris	Louisiana HS	24-Apr-06	1	AAU JO 15-16	Humble, TX	3-Aug

High Jump (5-10.25)

1.93	6-05	RACHEL GLENN	SOUTH CAROLINA	17-Apr-02	1	NCAA	Eugene, OR	12-Jun	
1.85	6-00.75	Alyssa Jones	Florida HS	6-Feb-04	1		Miami Gardens, FL	29-Feb	
1.84	6-00.25	MORGAN SMALLS	USC	11-May-02	1	NCAA	Eugene, OR	12-Jun	
1.82	6-00	Nyalaam Jok	Minnesota HS		1	MN Div A	Albertville, MN	17-Jun	
1.82	6-00	Evelyn Lavielle	Texas HS	14-Dec-03	1	AAU Gulf Dist	Webster, TX	19-Jun	
<u>Pole Vault</u>									
4.50	14-09	Paige Sommers	California HS	20-May-03	1	Marmonte League	Westlake Village, CA	27-May	
4.45	14-07.25	Amanda Moll	Washington HS	31-Jan-05	5	High Performance	Chula Vista, CA	6-Jun	
4.44	14-06.75	SYDNEY HORN	HIGH POINT	26-Jul-02	1	Big South	High Point, NC	12-May	
4.42	14-06	Ashley Callahan	California HS		1	CIF San Diego Section	Crescent City, CA	12-Jun	
4.37	14-04	Hana Moll	Washington HS	31-Jan-05	1	TON	Eugene, OR	1-Jul	
<u>Long Jump</u>									
6.53	1.6	21-05.25	MORGAN SMALLS	USC	11-May-02	3	Pac 12	Los Angeles, Ca	16-May
6.53	1.2	21-05.25	SHANIYA BENJAMIN	SOUTH FLORIDA	02	5	NCAA East Reg	Jacksonville, FL	29-May
6.46		21-02.5	Avery Lewis	Pennsylvania HS	21-Dec-05	1	adidas	Virginia Beach, VA	27-Feb
6.33		20-09.25	Alyssa Jones	Florida HS	6-Feb-04		outdoor	2020	
6.25A	1.9	20-06.25	SADIE MC MULLEN	WYOMING	25-Jan-02	1	Doug Max Inv	Fort Collins, CO	3-Apr
<u>Triple Jump</u>									
13.05		42-10	Morgan Smalls	North Carolina HS	11-May-02	1	Virginia Showcase	Lynchburg, VA	17-Jan
12.99	-0.4	42-07.5	ASHLEY MOORE	MIAMI	7-May-02		Tom Jones Inv	Gainesville, FL	17-Apr
12.95	0.3	42-06	Kayla Pinkard	Georgia HS	1-Aug-04	1	TON	Eugene, OR	1-Jul
12.89		42-03.75	AMY WARREN	MISSISSIPPI STATE	23-Apr-02	7	SEC	Fayetteville, AR	25-Feb
12.89		42-03.5	Elise Miller	California HS		1	CIF San Diego Section	Crescent City, CA	12-Jun
<u>Shot Put</u>									
16.36		53-08.25	MYEJOI WILLIAMS	ILLINOIS STATE	02	1	Clark Wood Inv	Louisville, KY	23-Apr
16.24		53-03.75	Makayla Long	Arizona HS	5-29-02	1	Red Mtn Rampage	Mesa, AZ	2-Apr
16.13		52-11	Ashlyn Giles	Pennsylvania HS	17-Sep-02	1	Spring Series #2	Kutztown, PA	10-Apr
15.82		51-11	Jayden Ulrich	Illinois HS	15-Sep-02	1	Collinsville Inv	Collinsville, IL	14-May
15.82		51-10.75	Sarah Marvin	Michigan HS	15-Jan-03	1	Throws U Last Chance	Collegeville, PA	10-Jun
<u>Discus</u>									
54.65		179-03	SHELBY FRANK	MINNESOTA	1-Jun-02	4	Big 10		16-May
52.97		173-09	Faith Bender	California HS	16-Aug-02	1	CA prelims	Arcadia, CA	25-Jun
52.91		173-07	Amelia Flynt	Texas HS	21-Jun-03	1	TX 6A	Austin, TX	8-May
52.02		170-08	Emma Sralla	Texas HS		1	Hebron Hawk Relays	Lewisville, TX	18-Mar
51.56		169-02	Ashlyn Giles	Pennsylvania HS	17-Sep-02	1	BCIAA	Shillington, PA	15-May
<u>Hammer Throw</u>									
57.34		188-01	AVA DAVID	ARIZONA	25-Apr-02		Jim Click	Tucson, AZ	10-Apr
55.69		182-09	MARKAYLA BILLINGS	OREGON STATE	02		PNW Team Clash		13-Mar
55.56		182-03	Cara Sallsbury	Florida HS		1	Pine Crest Open #1	Fort Lauderdale, FL	20-Feb
54.85		179-11	Sophia Gallucci	Rhode Island HS	24-Nov-02	1	TON	Eugene, OR	30-Jun

54.17	177-09	TRINITY CARDILLO	NORTHEASTERN	17-Oct-92		Uconn NE Inv	Storrs, CT	23-Apr
			<u>Javelin Throw (45.72/150-00)</u>					
54.23	177-11	Sydney Juszczyk	Missouri HS	22-Feb-03	1	Border Wars	St. Louis, MO	26-Apr
53.45	175-04	Katelyn Fairchild	Kansas HS	13-Feb-03	1	KS 4A Regional	Andale, KS	20-May
51.55	169-01	Kohana Nakato	Oregon HS	24-Jan-03	1	TON	Eugene, OR	30-Jun
50.44	165-06	KATE JOYCE	PRINCETON	20-Mar-02	1	Princeton Inv	Princeton, NJ	25-Apr
49.81	163-05	Julia Crenshaw	Missouri HS		1	MO Class 5 Sectional	Washington, MO	22-May
			<u>Heptathlon</u>					
5846		JADIN O'BRIEN	NOTRE DAME	8-May-02	3	ACC	Raleigh, NC	14-May
5493		Ariel Pedigo	Louisiana HS	15-Mar-03	1	AAU JO	Humble, TX	1-Aug
5412		ALAINA BRADY	NOTRE DAME	14-Apr-02	4	ACC	Raleigh, NC	14-May
5373		ADDISON BERRY	WAKE FOREST	2-Jun-02	5	Tobacco Road	Durham, NC	11-Apr
5271		MADDIE MEINER	OKLAHOMA STATE	17-Mar-02		Big 12		14-May