

U.S. HIGH SCHOOL WOMEN - 2009, INDOOR

31Jan2009

Jim Spier e-mail: jispier@aol.com

- Senior; * Junior; ** Sophomore; * Freshman**

55m/60y (+ = 60 yards + .02) (' = en route)

6.96	*ASHTON PURVIS, St. Elizabeth, Oakland, CA	Dream(1)	1.19
6.98	*DOMINIQUE BOOKER, Immaculate Conception, Montclair, NJ	Essex C(1)	1.25
7.02	*PURVIS	Dream(1s1)	1.19
7.03	*AURIEYALL SCOTT, Eleanor Roosevelt, Greenbelt, MD	Va Tech(1)	1.24
7.04	-TAKEIA PINCKNEY, Columbia, Decatur, GA	LSU(1)	1.10
----- 5 performances -----			
7.05	-AMANDA KIMBERS, Mc Donough, Owings Mills, MD	Montg(1)	1.10

60m (7.3/7.54) [conversion 60 to 55: .925 X 60m time]

7.45	-TAKEIA PINCKNEY, Columbia, Decatur, GA	E Tenn(1)	1.31
7.46	*ASHTON PURVIS, St. Elizabeth, Oakland, CA	UW Inv(3)	1.31
7.47	-CHALONDA GOODMAN, Newnan, GA	E Tenn(2)	1.31
7.52	*ASHLEY COLLIER, Dunbar, Fort Worth, TX	Lewis(1)	1.17
7.53	*COLLIER	Lewis(1s2)	1.17
----- 6 performances -----			
7.63	*CHANIQUA CORINEALDI, Shoemaker, Killeen, TX	Lewis(2)	1.17

200m (24.5/24.64) - flat track

24.64	*ASHLEY COLLIER, Dunbar, Fort Worth, TX	Lewis(1)	1.17
24.91	-DONIQUE FLEMINGS, Haltom, Fort Worth, TX	Lewis(2)	1.17
24.91	*WHITNEY FOUNTAIN, Pelham Prep Academy, Bronx, NY	Colg Semi(1)	1.24

200m (24.5/24.64) - flat track – OVERSIZED

24.00	*ASHTON PURVIS, St. Elizabeth, Oakland, CA	UW Inv(1)	1.31
24.45	-CHALONDA GOODMAN, Newnan, GA	E Tenn(1)	1.31
24.52	-GOODMAN	E Tenn(1h1)	1.30
24.74	*JAWANDA KING, Therrell, Atlanta, GA	E Tenn(2)	1.31
24.88	-TAKEIA PINCKNEY, Columbia, Decatur, GA	E Tenn(2h1)	1.30
----- 5 performances -----			
24.94	-NYOSHA BRYANT, West Charlotte, Charlotte, NC	E Tenn(3)	1.31

200m (24.5/24.64) - banked track

24.22	*ASHLEY COLLIER, Dunbar, Fort Worth, TX	Ark(1)	1.10
24.30	*SHANAE BAILEY, Swenson, Philadelphia, PA	Hispanic(1)	1.10
24.50	*COLLIER	Ark(1h16)	1.10
24.54	*BAILEY	Hispanic(h)	1.10
24.51	**XAUDDINA WHITTINGTON, Catonsville, MD	Hispanic(2)	1.10
----- 5 performances -----			
24.58	*CHANIQUA CORINEALDI, Shoemaker, Killeen, TX	Ark(2)	1.10
24.4	*WHITNEY FOUNTAIN, Pelham Prep Academy, Bronx, NY	Colg(1)	1.31

300m (39.4/39.64) - flat track

38.96	**OLIVIA EKPONE, Thomas Wootton, Rockville, MD	Mont Co(1)	1.26
39.49	-MARLENA WESH, Landstown, Virginia Beach, VA	E Chall(1)	1.17
39.73	-WESH	CNU(1)	1.10
39.6	*AURIEYALL SCOTT, Eleanor Roosevelt, Greenbelt, MD	PG Champs(1)	1.15
40.07	***SHAKEELA SAUNDERS, Great Bridge, Chesapeake, VA	SE(1)	1.10
----- 5 performances -----			
40.12	-ARIELLE STATHAM, Paint Branch, Burtonsville, MD	Mont Co(2)	1.26

300m (39.4/39.64) - banked track

38.88	**CHAMIQUE FRANCIS, Cardozo, Queens, NY	Lough(1)	12.20
38.95	*AURIEYALL SCOTT, Eleanor Roosevelt, Greenbelt, MD	Va Tech(1)	1.24
39.08	-BRITTANY WALLACE, Penn Wood, Lansdowne, PA	Lough(2)	12.20
39.27	?DONNALEE HYLTON, Hempstead, NY	Stanner(1)	1.17
39.34	?AHTYNA JOHNSON, Cardozo, Queens, NY	Mayors(1)	1.31
----- 5 performances -----			

400m (55.5/55.64) - flat track (' = en route)

55.4	-NIJGIA SNAPP, Oakcrest, Mays Landing, NJ	Colg #3(1)	1.9
55.5	-SNAPP	Colg #4(1)	1.16

400m (55.5/55.64) - banked track

55.48	**CHAMIQUE FRANCIS, Cardozo, Queens, NY	Hispanic(1)	1.10
55.83	**XAUDDINA WHITTINGTON, Catonsville, MD	Hispanic(2)	1.10
55.98	**NIA FLUKER, Christway Academy, Duncanville, TX	Ark(1)	1.10
56.00	***KYLE PLANTE, Colonie, Albany, NY	Yale(1)	1.17

500m (1:16.3) - flat track

1:15.49	-NATALIE WOODFORD, Patrick Henry, Roanoke, VA	Liberty(1)	1.17
1:15.91	**AMANDA SMITH, Grassfield, Chesapeake, VA	Suff Stars(1)	1.17
1:16.01	-MARLENA WESH, Landstown, Virginia Beach, VA	Merritt(1)	1.31
1:15.9	*DESEREE' KING, Oxon Hill, MD	PG Champs(1)	1.15
1:16.13	***GENAMARIE MC CANTS, Robinson, Fairfax, VA	FIT(1)	12.27
----- 5 performances -----			

500m (1:16.3) - banked track

1:14.69	*AFIA CHARLES, Eleanor Roosevelt, Greenbelt, MD	Va Tech(1)	1.24
1:14.83	***GENAMARIE MC CANTS, Robinson, Fairfax, VA	Va Tech(2)	1.24
1:16.20	-NATALIE WOODFORD, Patrick Henry, Roanoke, VA	Va Tech(3)	1.24
1:16/68	*AMBROSIA IWUGO, Elizabeth Seton, Bladensburg, MD	Va Tech(4)	1.24

600m (1:34.8) - flat track

600m (1:34.8) - banked track

1:31.13	*PHYLLIS FRANCIS, Catherine Mc Auley, Brooklyn, NY	Lough(1)	12.20
1:32.40	*PHYLLIS FRANCIS	Stanner(1)	1.17
1:32.34	-CHARLENE LIPSEY, Hempstead, NY	Lough(2)	12.20
1:33.36	-BREANDA CRUMP, Mt. Vernon, NY	Lough(3)	12.20
1:33.67	*EMILY MENGES, Garden City, NY	Stanner(2)	1.17
----- 5 performances -----			
1:33.89	**CLAUDIA FRANCIS, Cardozo, Queens, NY	Mc Kay(1)	12.6

800m (2:15.5) - flat track

2:13.3	*PHYLLIS FRANCIS, Catherine Mc Auley, Brooklyn, NY	Colg #4(1)	1.16
2:14.75	**CLAUDIA FRANCIS, Cardozo, Queens, NY	Colg Semi(1)	1.24
2:14.82	*EMILY MENGES, Garden City, NY	Marine(1)	12.28

800m (2:15.5) - banked track + = 880y - .8

2:08.41	-STEPHANIE BROWN, Tri Valley, Downs, IL	Ark(1)	1.10
2:09.47	-CHARLENE LIPSEY, Hempstead, NY	Marine(1)	12.28
2:11.62	-LIPSEY	Hispanic(1)	1.10
2:12.87	***OLICIA WILLIAMS, St. Anthony's, South Huntington, NY	Yale(1)	1.17
2:13.2	**CLAUDIA FRANCIS, Cardozo, Queens, NY	Colg(1)	1.31
----- 5 performances -----			
2:14.98	***DOMINIQUE CLAUDIO, St. John Villa, Staten Island, NY	Hispanic(2)	1.10

1000m (2:56.0) - flat track**1000m (2:56.0) - banked track**

2:53.16	**CLAUDIA FRANCIS, Cardozo, Queens, NY	Lough(1)	12.20
2:53.42	*EMILY MENGES, Garden City, NY	Lough(2)	12.20
2:54.39	**AMIRAH JOHNSON, Eleanor Roosevelt, Greenbelt, MD	Va Tech(1)	1.24
2:54.84	-PAIGE JOHNSTON, Midlothian, VA	Va Tech(2)	1.24
2:56.31	*LIANA EPSTEIN, Lake Braddock, Burke, VA	Va Tech(3)	1.24
----- 5 performances -----			

1500m (4:45.0) ' = en-route - flat track

4:41.72	-GRACE RODRIGUEZ, Hanover, NH	Inv(1)	12.27
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1500m (4:45.0) ' = en-route - banked track]

4:42.26	*ELIZABETH BRIASCO, Queens Science, Jamaica, NY	Colg(1)	1.31
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Mile (5:00.0) - + = 1600m + 1.5 - flat track

4:57.20+	*CORY MC GEE, Pass Christian, MS	LSU(1)	1.10
4:58.53+	*MALIA CALI, St. Thomas Aquinas, Hammond, LA	LSU(2)	1.10
4:59.83	*EMILY MENGES, Garden City, NY	Dartmouth(1)	1.10
5:01.09+	-PAIGE JOHNSTON, Midlothian, VA	Liberty(1)	1.17

Mile (5:00.0 - banked track) (+ = 1600m + 1.5)

4:51.88	-JILLIAN SMITH, Southern Regional, Manahawkin, NJ	Millrose(1)	1.30
4:54.40	*EMILY LIPARI, Roslyn, NY	Hispanic(1)	1.10
4:54.59	*CORY MC GEE, Pass Christian, MS	Millrose(2)	1.30
4:55.65	-MELANIE THOMPSON, Voorhees, Glen Gardner, NJ	Hispanic(2)	1.10
4:55.82	-CHARLENE LIPSEY, Hempstead, NY	New Bal(1)	1.24
----- 5 performances -----			

3000m (10:12.0) - flat track (' = en-route)

9:59.07	*MALIA CALI, St. Thomas Aquinas, Hammond, LA	Lewis(1)	1.17
10:11.04	**MOLLY PEZZULO, Burnt Hills, NY	Brown(1)	1.3

3000m (10:12.0) - banked track (' en-route)

9:50.21	*EMILY LIPARI, Roslyn, NY	Stanner(1)	1.17
9:51.18	-SAMANTHA ROECKER, Burnt Hills, NY	Yale(1)	1.17
9:51.96	***SAMANTHA NADEL, North Shore, Glen Head, NY	Yale(2)	1.17
9:56.13	**MOLLY PEZZULO, Burnt Hills, NY	Yale(3)	1.17
10:03.68	*EMILY MENGES, Garden City, NY	Stanner(2)	1.17
----- 5 performances -----			

Two Miles (11:00.0) - flat track (+ = 3200m + 4.0)

10:56.03+	*MALIA CALI, St. Thomas Aquinas, Hammond, LA	LSU LC(1)	1.24
11:00.93+	*MEGAN GOETHALS, Rochester, Rochester Hills, MI	UM Inv(1)	1.30
11:01.57	***LIZZIE PREDMORE, Shenendehowa, Clifton Park, NY	Dartmouth(1)	1.10
11:02.22+	-KRISTEN MALLOY, Glastonbury, CT	CCC(1)	1.30
11:02.42+	-BARBARA STREHLER, Trinity, Richmond, VA	St Chris(1)	1.30
----- 5 performances -----			

Two Miles (11:00.0) - banked track (+ = 3200m + 4.0)

10:38.66	*EMILY LIPARI, Roslyn, NY	Loughlin(1)	12.20
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5000m - flat track

5000m - banked track

55m HH (7.9/8.16) ' = en route time

7.94	***TRINITY WILSON, St. Mary's, Berkeley, CA	Dream(1)	1.19
8.01	-JANIS JACKSON, Medgar Evers, Long Island City, NY	Loughlin(1)	12.20
8.01	-JACKSON	Hispanic(1)	1.10
8.02	-ALYSHA COOK, Harrisburg, PA	Emrey(1)	12.30
8.04	*KRISTIN BROWN, Mc Donogh, Owings Mills, MD	Winter Fest(1)	12.13
----- 5 performances -----			
8.07	?LATISHA PHILSON, Cardozo, Queens, NY	Hispanic(2)	1.10

60mHH (8.5/8.74) [conversion 60 to 55: .925 X 60m time]

8.55	-DONIQUE FLEMINGS, Haltom, Fort Worth, TX	Ark(1)	1.10
8.55	*JASMINE STOWERS, Pendleton, SC	E Tenn(1)	1.31
8.56	***TRINITY WILSON, St. Mary's, Berkeley, CA	UW Inv(1)	1.31
8.60	*STOWERS	E Tenn(1h1)	1.31
8.75	-CHRISTINA HOLLAND, Judson, Converse, TX	Lewis(2)	1.17
----- 5 performances -----			

4 X 200m (1:43.0) - flat track

1:42.92	LAMAR, Houston, TX	Lewis(1)	1.17
1:42.96	ELEANOR ROOSEVELT, Greenbelt, MD	Montg(1)	1.10

4 X 200m (1:43.0) - banked track

1:38.27	ELEANOR ROOSEVELT, Greenbelt, MD	Va Tech(1)	1.24
1:40.38	CARDOZO, Queens, NY	Hispanic(1)	1.10
1:40.53	BETHEL, Hampton, VA	Va Tech(2)	1.24
1:41.09	ELIZABETH SETON, Bladensburg, MD	Va Tech(3)	1.24
1:41.71	OXON HILL, MD	Hispanic(h)	1.10
----- 5 performances -----			

4 X 400m (3:53.0) - flat track

3:53.7	ELEANOR ROOSEVELT, Greenbelt, MD	PG Champs(1)	1.15
3:56.77	OXON HILL, MD	FIT(1)	12.27

4 X 400m (3:53.0) - banked track

3:48.91	BETHEL, Hampton, VA	Va Tech(1)	1.24
3:51.17	CARDOZO, Queens, NY	Mayors(1)	1.31
3:51.55	CARDOZO	Mill Tri(1)	1.14
3:54.00	ELEANOR ROOSEVELT, Greenbelt, MD	Va Tech(2)	1.24
3:54.24	NEWBURGH, NY	New Bal(1)	1.24
----- 5 performances -----			

3:54.67	PENN WOOD, Lansdowne, PA	New Bal(2)	1.24
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4 X 800m (9:27.0) - flat track

9:29.96	OCEAN LAKES, Virginia Beach, VA	Suff Stars(1)	1.17
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4 X 800m (9:27.0) - banked track

9:07.67	SOUTHERN REGIONAL, Manahawkin, NJ	New Bal(1)	1.24
9:19.46	BRONXVILLE, NY	New Bal(2)	1.24
9:19.47	VOORHEES, Glen Gardner, NJ	New Bal(3)	1.24
9:20.87	GARDEN CITY, NY	New Bal(4)	1.24
9:24.53	ST. JOHN VILLA, Staten Island, NY	Lough(1)	12.20
----- 5 performances -----			

4 X Mile + = 4x1600m + 6.0 secs - flat track

4 X Mile + = 4x1600m + 6.0 secs - banked track

Sprint Medley Relay (4:10.0) - flat track

4:04.32	SENECA, NJ	NJ G3 R(1)	1.18
4:08.48	NEPTUNE, NJ	NJ G3 R(2)	1.18
4:09.96	SOUTHERN REGIONAL, Manahawkin, NJ	NJ G4 R(1)	1.17

Sprint Medley Relay (4:10.0) - banked track

4:05.59	HEMPSTEAD, NY	Marine(1)	12.27
4:06.69	HEMPSTEAD	New Bal(1)	1.24
4:08.19	MT. VERNON, NY	New Bal(2)	1.24
4:08.84	CARDOZO, Queens, NY	MLK R(1)	1.19

Distance Medley Relay (12:30) - flat track

12:14.98	SOUTHERN REGIONAL, Manahawkin, NJ	NJ G4 R(1)	1.17
12:20.92	GARDEN CITY, NY	Dartmouth(1)	1.9
12:24.81	VOORHEES, Glen Gardner, NJ	NJ G2 R(1)	1.17
12:26.25	SARATOGA, NY	Brown(1)	1.2
12:27.01	SOUTH BRUNSWICK, NJ	NJ G4 R(2)	1.17

----- 5 performances -----

Distance Medley Relay (12:30) - banked track

11:59.71	BURNT HILLS, NY	Yale(1)	1.16
12:00.32	NORTH SHORE, Glen Head, NY	Yale(2)	1.16
12:14.15	TATNALL, Wilmington, DE	Yale(3)	1.16
12:14.39	NORTH SHORE	Marine(1)	12.27
12:14.79	SARATOGA, NY	Yale(4)	1.16

----- 5 performances -----

12:17.43	SHENENDEHOWA, Clifton Park ,NY	Yale(5)	1.16
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4 x 55m Hurdles (37.00) [5 flights]

High Jump (5-8)

5-9	-TYNITA BUTTS, TC Williams, Alexandria, VA	Boo Wms(1)	12.27
5-9	-SANIEL ATKINSON, Bishop Mc Namara, Forestville, MD	Va Tech(1)	1.24
5-8	-BUTTS	CNU(1)	1.10
5-8	-ATKINSON	UMES Ld Lft(1)	12.13
5-8	**AMBER MELVILLE, North Carroll, Hampstead, MD	Frostbite(1)	12.29
5-8	*AMINA SMITH, Patuxent, Lusby, MD	Calvert(1)	1.9
5-8	-PEARL BICKERSTETH, Potomac, Dumfries, VA	Montg(1)	1.10
5-8	-ATKINSON	DCIAA(1)	1.15
5-8	-KELSEY COUTS, Olentangy Liberty, Powell, OH	Hartley(1)	1.31

----- 9 performances -----

Pole Vault (11-9)

13-2.5	-MORGANN LE LEUX, Catholic, New Iberia, LA	LSU(1)	1.10
12-10	-SHELBY KENNARD, Rockwall, TX	PV Summit	1.3
12-6	-TORY WORTHEN, Council Rock South, Holland, PA	Inv(1)	1.16
12-5	*CATHERINE BAROUSSE, Lafayette, LA	LSU LC(1)	1.24
12-4	-EMMA DE JARNETTE, Atlee, Mechanicsville, VA	PV Summit	1.3
12-4	-LE LEUX	PV Summit	1.3
12-4	*LINDA HADFIELD, New York Mills, NY	New Bal(1)	1.24
----- 7 performances -----			

Long Jump (18-6)

20-0.5	-KARIMAH SHEPHERD, Grassfield, Chesapeake, VA	Merritt(1)	1.31
19-10.75	-TIFFANY HARRIS, Churchland, Portsmouth, VA	CNU(1)	1.9
19-7.25	-TYNITA BUTTS, TC Williams, Alexandria, VA	CNU(2)	1.9
19-6.75	-KARYN DUNN, Diamond Ranch, Pomona, CA	Dream(1)	1.19
19-5.25	*JEN CLAYTON, Suffern, NY	Lough(1)	12.20
----- 5 performances -----			

Triple Jump (37-6)

40-6.5	-KARIMAH SHEPHERD, Grassfield, Chesapeake, VA	Southeastern(1)	1.9
40-4.25	-SANIEL ATKINSON, Bishop Mc Namara, Forestville, MD	Va Tech(1)	1.23
40-2.5	-SHEPHERD	Quad(1)	12.10
40-0	**CIARRA BREWER, James Logan, Union City, CA	Dream(1)	1.19
39-10.25	-ARIELLE STATHAM, Paint Branch, Burtonsville, MD	Va Tech(2)	1.23
----- 5 performances -----			
39-10	-CHANEKA PERRY, Menchville, Newport News, VA	Va Tech(3)	1.23

Shot Put (41-0)

47-9	*MELISSA KURZDORFER, Lancaster, NY	Dartmouth(2)	1.10
47-7.5	-KATIE EVANS, Putnam County, Unionville, MO	Heartland(1)	1.10
46-11.75	*VANESSA STEWART, North Babylon, NY	Inv(1)	12.9
46-11	-EMILY VANNOY, Thomas Johnson, Frederick, MD	Va Tech(1)	1.23
45-6.5	-BREANNA RADFORD, Alpharetta, GA	E Tenn(1)	1.30
----- 5 performances -----			

Weight Throw (20#) (58-0)

[indoor throws only]

58-4.75	-LAUREN CHAMBERS, Kell, Marietta, GA	Tn St(3)	1.11
56-10.75	*CASEY KRAYCHIR, Twenty-nine Palms, CA	Boise Inv(1)	1.24
57-7.5	*MELISSA KURZDORFER, Lancaster, NY	Gourley(1)	1.25
57-3.25	-CHAMBERS	E Tenn(1)	1.31
56-10.75	*CASEY KRAYCHIR	Gourley(1)	1.24
----- 5 performances -----			
55-10.25	**KATIE KRAYCHIR, Twenty-nine Palms, CA	Gourley	12.20
54-6.75	*PATRICE GATES, Villa Rica, GA	E Tenn(2)	1.31

Pentathlon (3300) - flat track

Pentathlon (3300) - banked track

Mile Walk