

**U.S. HIGH SCHOOL WOMEN - 2004, INDOOR**

**30April2004**

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**- Senior; \* Junior; \*\* Sophomore; \*\*\* Freshman**

**55m/60y (7.04) (+ = 60 yards + .02) (' = en route)**

6.83'	-ASHLEY OWENS, Liberty, Colorado Springs, CO	NIC(1s2)	3.14
6.84A	-OWENS	Inv(1)	1.31
6.92'	-OWENS	NIC(1h2)	3.14
6.94'	-AMBERLY NESBITT, JL Mann, Greenville, SC	NIC(1s1)	3.14
6.97	***BIANCA KNIGHT, Ridgeland, MS	LSU(1h)	1.10
6.97'	-NESBITT	NIC(1h6)	3.14
----- 6 performances -----			

6.98'	-CAROL RODRIGUEZ, Wilson, Long Beach, CA	NIC(2s1)	3.14
6.98	-TOMINIQUE BOATRRIGHT, Oswego, IL	Top Times(1)	3.27

**60m (7.3/7.54) [conversion 60 to 55: .925 X 60m time]**

7.19A =6.66	-ASHLEY OWENS, Liberty, Colorado Springs, CO	Simplot(1)	2.21
7.32 =6.77	-OWENS	NIC(1)	3.14
7.34A =6.79	-OWENS	Inv(1)	1.3
7.35 =6.80	-OWENS	NIC(1s2)	3.14
7.36A =6.80	-OWENS	Inv(1)	1.17
----- 5 performances -----			

7.37 =6.82	-COURTNEY CHAMPION, Collins Hill, Suwanee, GA	KY Inv(1)	2.21
7.42A =6.87	-JESSICA ONYEPUNUKA, Peoria, AZ	AZ USATF(1h1)	2.15
7.42A =6.87	-SHALONDA SOLOMON, Poly, Long Beach, CA	Simplot(2)	2.21
7.45A =6.90	-CAROL RODRIGUEZ, Wilson, Long Beach, CA	Simplot(3)	2.21
7.45 =6.90	-JENNIFER NASH, Merrill West, Tracy, CA	NSI(2)	3.14

**200m (24.5/24.64) - flat track**

24.22	-CAROL RODRIGUEZ, Wilson, Long Beach, CA	NIC(1)	3.14
24.49	-LAUREN AUSTIN, Oak Ridge, Orlando, FL	Clemson(1)	1.31
24.49	-RODRIGUEZ	NIC(1h5)	3.13
24.49	-AUSTIN	NIC(2)	3.14
24.61	*KRISTA SIMKINS, Wissahickon, Ambler, PA	PA Carn(1)	2.14
----- 5 performances -----			

24.65	***BIANCA KNIGHT, Ridgeland, MS	Houston(1)	1.24
24.67	-ANGELIQUE SMITH, James Logan, Union City, CA	NIC(1h4)	3.13

**200m (24.5/24.64) - flat track - Oversized**

23.79	-COURTNEY CHAMPION, Collins Hill, Suwanee, GA	KY Inv(1)	2.21
24.27A	-JESSICA ONYEPUNUKA, Peoria, AZ	AZ USATF(1)	2.15
24.41	*LAUREN BURNS, Norcross, GA	KY Inv(2)	2.21

**200m (24.5/24.64) - banked track**

23.44	-SHALONDA SOLOMON, Poly, Long Beach, CA	NSI(1)	3.14
23.46A	-SOLOMON	Simplot(1)	2.21
23.67	-SOLOMON	USATF(1h2)	2.29
23.73	-COURTNEY CHAMPION, Collins Hill, Suwanee, GA	NSI(2)	3.14
23.77	-SOLOMON	USATF(4)	2.29
-----	5 performances	-----	-----

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23.91	*NICOLE LEACH, West Catholic, Philadelphia, PA	NSI(1h2)	3.13
24.03A	-CAROL RODRIGUEZ, Wilson, Long Beach, CA	Simplot(2)	2.21
24.18	*LAUREN BURNS, Norcross, GA	NSI(1h6)	3.13

**300y (38.0) - flat track**

35.8	*KRISTA SIMKINS, Wissahickon, Ambler, PA	AC(1)	12.20
36.3	*SIMKINS	Inv(1)	1.17
36.9	*NICOLE LEACH, West Catholic, Philadelphia, PA	DVTC#2(1)	12.5
38.0	-ANGELA WELLS, Simon Gratz, Philadelphia, PA	DVTC#3(1)	12.12

**300y (38.0) - flat track - Oversized**

36.6	-CHARITY BRIGGS, Cornwall, NY	P Riv(1)	12.27
36.7	-BRIGGS	Suff Inv(1)	1.19

**300m (39.4/39.64) - flat track**

38.23	**FRANCENA MC CORORY, Bethel, Hampton, VA	VA AAA(1)	3.6
39.06	-NIKESHIA BROWN, Hempstead, NY	NY(1)	3.6
39.07	**MC CORORY	VA Reg(1)	2.23
39.21	*JESSICA CLARKE, Murry Bergtraum, New York, NY	NY(2)	3.6
39.55	-PORTIA BAKER, Southwest Guilford, High Point, NC	NC(1)	2.14
-----	5 performances	-----	-----

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39.74	***TAKECIA JAMESON, Eleanor Roosevelt, Greenbelt, MD	MD 3A-4A(1)	2.17
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**300m (39.4/39.64) - banked track**

38.16	-NATASHA HASTINGS, AP Randolph, New York, NY	Manh-PSAL(1)	2.23
38.38	-HASTINGS	MAC Clsic(1)	1.3
38.46	-HASTINGS	Loughlin(1)	12.21
38.46	-HASTINGS	King(1)	1.19
38.73	*JESSICA CLARKE, Murry Bergtraum, New York, NY	PSAL(1)	2.28
-----	5 performances	-----	-----

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38.74	-DEONNA LAWRENCE, Sheldon, Sacramento, CA	AC(h)Boise	12.6
39.13	-DOMINIQUE BLAKE, Harry S Truman, Bronx, NY	King(3)	1.19
39.72	-ASHLEY HUBBARD, Marshfield, MA	MA(1)	2.21

**400m (55.5/55.64) - flat track (\* = en route)**

55.05	***EBONY COLLINS, Wilson, Long Beach, CA	NIC(1)	3.14
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55.22	*KRISTA SIMKINS, Wissahickon, Ambler, PA	NIC(2)	3.14
55.43	*NICOLE LEACH, West Catholic, Philadelphia, PA	Burdette(1)	12.30
55.42	*SIMKINS	NIC(1h3)	3.13
55.46	***BIANCA KNIGHT, Ridgeland, MS	NIC(3)	3.14
----- 5 performances -----			

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55.59	**BRANDI CROSS, Marshall, Sugar Land, TX	LSU(1)	1.10

**400m (55.5/55.64) - flat track (' = en route) - Oversized**

54.98	*BECCA NOBLE, John Rogers, Spokane, WA	Husky II(1)	1.31
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**400m (55.5/55.64) - banked track**

52.19	*NICOLE LEACH, West Catholic, Philadelphia, PA	NSI(1)	3.14
53.72	-NATASHA HASTINGS, AP Randolph, New York, NY	USATF(6)	2.29
54.14	-HASTINGS	Hall Fame(1)	2.21
54.21	-HASTINGS	Hisp(1)	1.10
54.26	-HASTINGS	USATF(3h3)	2.28
----- 5 performances -----			

54.30	-DOMINIQUE BLAKE, Truman, Bronx, NY	NSI(2)	3.14
54.42A	-JASMINE LEE, Poly, Long Beach, CA	Simplot(1)	2.21
54.78A	-DEONNA LAWRENCE, Sheldon, Sacramento, CA	Silv St(1)	1.31

**500m (1:16.3) - flat track**

1:14.00	-FARAIGN GILES, Tallwood, Virginia Beach, VA	VA AAA(1)	3.6
1:14.67	*SHAKIRRA PINNOCK, Bethel, Hampton, VA	VA AAA(2)	3.6
1:15.14	***BRITTNAY HALL, Meadowcreek, Norcross, GA	Clemson(5)	12.6
1:15.37	*ALEXANDRA MC COY, Salem, Virginia Beach, VA	VA AAA(3)	3.6
1:15.70	***TAMEKA JAMESON, Eleanor Roosevelt, Greenbelt, MD	MD 3A-4A(1)	2.17
1:15.70	-TARA MARKEY, South Lakes, Reston, VA	VA AAA(4)	3.6
----- 6 performances -----			

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**500m (1:16.3) - banked track**

1:11.53	***DEVON WILLIAMS, Towson Catholic, Towson, MD	Va Tech(1)	1.31
1:12.00	-NATASHA HASTINGS, AP Randolph, New York, NY	Va Tech(2)	1.31
1:12.79	-DOMINIQUE BLAKE, Truman, Bronx, NY	Va Tech(3)	1.31
1:14.47	***TAMEKA JAMESON, Eleanor Roosevelt, Greenbelt, MD	Va Tech(4)	1.31
1:14.63	*MACKENZIE PIERCE, Forsyth Country Day, Lewisville, NC	Va Tech(5)	1.31
----- 5 performances -----			

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**600y (1:29.0) - flat track**

1:25.2	*NICOLE LEACH, West Catholic, Philadelphia, PA	DVTC#1(1)	11.28
1:28.6	*LEACH	DVTC#2(1)	12.5

**600m (1:34.8) - flat track**

1:34.57	-DOMINIQUE BLAKE, Harry S Truman, Bronx, NY	NY(1)	3.6
1:35.25	*DE DE RICHEMOND, Suffern, NY	NY(2)	3.6
1:35.45	-JESSE CARLIN, St. Joseph by the Sea, Staten Island, NY	NY(3)	3.6

1:35.74	-SELENA SAPPLETON, AP Randolph, New York, NY	NY(4)	3.6
1:35.78	-MARY HEITKAMP, Fair Haven, VT	VT(1)	2.
1:35.78	***BRITTANY SHEFFEY, Bellport, Brookhaven, NY	NY(5)	3.6
----- 5 performances -----			

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**600m (1:34.8) - banked track**

1:30.22	***DEVON WILLIAMS, Towson Catholic, Towson, MD	MAC Clsc(1)	1.3
1:31.32	-DOMINIQUE BLAKE, Harry S Truman, Bronx, NY	PSAL(1)	2.28
1:31.58	*NICOLE LEACH, West Catholic, Philadelphia, PA	Loughlin(1)	12.21
1:31.91	*JANINE DAVIS, Queen of Peace, North Arlington, NJ	Loughlin(2)	12.21
1:32.32	-SELENA SAPPLETON, AP Randolph, New York, NY	PSAL(2)	2.28
----- 5 performances -----			

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**800m (2:15.5) - flat track**

2:12.20	*GEENA GALL, Grand Blanc, MI	NIC(1)	3.14
2:12.39	*MACKENZIE PIERCE, Forsyth Country Day, Lewisville, NC	NIC(2)	3.14
2:13.64	*GALL	MI(1)	3.6
2:14.21	-LAUREN CENTROWITZ, Broadneck, Annapolis, MD	UNC(1)	2.28
2:14.50	-TRISA NICKOLEY, Shawnee Heights, Tecumseh, KS	MO AC(1)	2.21
----- 5 performances -----			

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2:14.51	**LATAVIA THOMAS, West Catholic, Philadelphia, PA	NIC(3)	3.14
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**800m (2:15.5) - flat track – Oversized**

2:10.43	*BRIANA FELNAGLE, Bellarmine Prep, Tacoma, WA	Inv(1)	3.6
2:11.13	*FELNAGLE	Husky II(1)	1.31
2:11.91	*HEIDI HOULE, Mountain View, Orem, UT	State(1)	1.31
2:12.21	*HOULE	BYU(1)	1.17
2:12.29	-HEIDI MAGILL, Mountain View, Orem, UT	BYU(2)	1.17

**800m (2:15.5) - banked track + = 880y - .8**

2:06.48	***DEVON WILLIAMS, Towson Catholic, Towson, MD	NSI(1)	3.14
2:08.47	**LATAVIA THOMAS, West Catholic, Philadelphia, PA	PA(1)	2.28
2:09.75	***WILLIAMS	Inv(1)	3.6
2:09.83A	-HEIDI MAGILL, Mountain View, Orem, UT	Simplot(1)	2.21
2:09.93	*CHANTELLE DRON, home schooled, Manchester, NH	Boston(3)	1.31
----- 5 performances -----			

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2:10.25A	*HEIDI HOULE, Mountain View, Orem, UT	Simplot(2)	2.21
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**1000y (2:48.0) - flat track**

2:46.0	**LATAVIA THOMAS, West Catholic, Philadelphia, PA	DVTC#1(1)	11.28
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**1000y (2:48.0) - flat track – Oversized**

2:42.7	-ELIZABETH BERGOLD, Bronxville, NY	P Riv(1)	12.27
2:43.8	-BERGOLD	Suff Inv(1)	1.19
2:44.4	-ALISA BUDD, East, Toms River, NJ	P Riv(2)	12.27
2:46.7	*AMANDA WHEAT, Monroe-Woodbury, Central Valley, NY	P Riv(3)	12.27
2:47.3	-LEXI GRAY, East, Toms River, NJ	P Riv(4)	12.27
----- 5 performances -----			

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**1000m (2:56.0) ' = en-route - flat track**

2:50.93	-HEATHER IATAURO, Tri Valley, Grahamsville, NY	NY(1)	3.6
2:50.99	*ELLEN DOUGHERTY, Riverhead, NY	NY(2) 3.6	
2:53.6	-IATAURO	S9(1)	2.27
2:53.95	*DOUGHERTY	S11(1)	2.11
2:54.35	*MARY LIZ MC CURDY, Bay Shore, NY	NY(2)	3.6
----- 5 performances -----			

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2:55.88	*AMANDA WHEAT, Monroe-Woodbury, Central Valley, NY	NY(3)	3.6
2:55.92	-ELIZABETH BERGOLD, Bronxville, NY	NY(4)	3.6

**1000m (2:56.0) - banked track**

2:52.84	***DEVON WILLIAMS, Towson Catholic, Towson, MD	Va Tech(1)	1.31
2:53.86	*MACKENZIE PIERCE, Forsyth Country Day, Lewisville, NC	Va Tech(2)	1.31
2:55.26	*SARAH BOWMAN, Fauquier, Warrenton, VA	VA AA(1) 2.28	
2:55.57	*BOWMAN	Va Tech(3)	1.31
2:55.70	-HEATHER IATAURO, Tri Valley, Grahamsville, NY	Va Tech(4)	1.31
----- 5 performances -----			

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2:56.56	**ADRENEE STERRETT, Boys and Girls, Brooklyn, NY	Stanner(1)	1.17
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**1500m (4:45.0) ' = en-route - flat track**

4:27.57'	**NICOLE BLOOD, Saratoga, NY	NIC(1)	3.14
4:27.59'	*KATELYN KALTENBACH, Smoky Hill, Aurora, CO	NIC(2)	3.14
4:33.25	-LINDSEY SCHERF, Scarsdale, NY	MAC(1)	2.22
4:33.37'	-LAUREN CENTROWITZ, Broadneck, Annapolis, MD	NIC(3)	3.14
4:35.31'	-MAGIN KEBERT, Harrison, West Lafayette, LA	NIC(4)	3.14
----- 5 performances -----			

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**1500m (4:45.0) - banked track (' = en-route)**

4:28.53'	**NICOLE BLOOD, Saratoga, NY	New Bal()	1.24
4:43.11	*KRISTIN FARLEY, Poly Prep, Brooklyn, NY	MAC Clsc(1)	1.3

**Mile (5:00.0) - + = 1600m + 1.5 - flat track**

4:45.32	*KATELYN KALTENBACH, Smoky Hill, Aurora, CO	NIC(1)	3.14
4:46.13	**NICOLE BLOOD, Saratoga, NY	NIC(2)	3.14
4:54.26	-LAUREN CENTROWITZ, Broadneck, Annapolis, MD	NIC(3)	3.14
4:54.28	-MAGIN KEBERT, Harrison, West Lafayette, LA	NIC(4)	3.14
4:54.33	**BLOOD	Yale(1)	1.17

----- 5 performances -----

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4:54.90	-LINDSEY SCHERF, Scarsdale, NY	UNC(1)	1.17
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**Mile (5:00.0 - banked track) (+ = 1600m + 1.5)**

4:48.82	**NICOLE BLOOD, Saratoga, NY	NB-O(7)	1.24
4:50.76	***DEVON WILLIAMS, Towson Catholic, Towson, MD	Hisp(1)	1.10
4:52.41	**BLOOD	Millrose(1)	2.6
4:52.68	-AMY KELLY, St. Hubert's, Philadelphia, PA	Hisp(2)	1.10
4:53.02	**SAMANTHA GAWRYCH, Westerly, RI	NSI(1)	3.14

----- 5 performances -----

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4:53.18	-FRANCES KOONS, Central Catholic, Allentown, PA	PA(1)	2.28
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**3000m (10:12.0) - flat track (' = en-route)**

9:46.29	**NICOLE BLOOD, Saratoga, NY	NY(1)	3.6
9:53.5	-HEATHER IATAURO, Tri Valley, Grahamsville, NY	Sec 9b-C(1)	2.8
9:53.74	**AISLINN RYAN, Warwick Valley, NY	NY(2)	3.6
9:54.62	*LAURA CUMMINGS, Bay Shore, NY	Yale(1)	1.17
9:58.37	**LINDSAY FERGUSON, Saratoga, NY	NY(3)	3.6

----- 5 performances -----

**3000m (10:12.0) - banked track (' en-route)**

9:47.58	**NICOLE BLOOD, Saratoga, NY	Hisp(1)	1.10
9:49.00	-LINDSEY SCHERF, Scarsdale, NY	MAC(1)	12.28
9:57.24	-FRANCES KOONS, Central Catholic, Allentown, PA	PA(1)	2.28
9:57.86	-AMY KELLY, St. Hubert's, Philadelphia, PA	PA(2)	2.28
9:58.55	-HEATHER IATAURO, Tri Valley, Grahamsville, NY	Pn St(1)	2.21

----- 5 performances -----

**Two Miles (11:00.0) - flat track (+ = 3200m + 4.0)**

10:38.78+	*AMANDA PATTERSON, Midlothian, VA	VA AAA(1)	3.6
10:38.79	*LAURA CUMMINGS, Bay Shore, NY	NIC(1)	3.13
10:41.08+	-MAGIN KEBERT, Harrison, West Lafayette, LA	IN(1)	3.20
10:43.44	**LINDSAY FERGUSON, Saratoga, NY	NIC(2)	3.13
10:45.08	*PATTERSON	NIC(3)	3.13

----- 5 performances -----

10:45.76	**KATE NIEHAUS, Spring Valley, Columbia, SC	NIC(4)	3.13
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**Two Miles (11:00.0) - banked track (+ = 3200m + 4.0)**

10:37.45	**AISLINN RYAN, Warwick Valley, NY	NSI(1)	3.14
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10:42.13	-SHANNON BERGSTEDT, Hopkins, Minnetonka, MN	NSI(2)	3.14
10:52.73	**RYAN	Hall Fame(1)	2.21
10:54.77	-LINDSEY SCHERF, Scarsdale, NY	NSI(3)	3.14
10:57.42	-KIRSTEN HAGEN, Christianburg, VA	NSI(4)	3.14

----- 5 performances -----

10:57.97+	-HEATHER IATAURO, Tri Valley, Grahamsville, NY	Va Tech(1)	1.30
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**55m HH (7.9/8.16) ' = en route time**

7.87'	-JESSICA OHANAJA, Westbury, Houston, TX	NIC(2t1)	3.14
7.87'	-SHANTIA MOSS, Pompano Beach, FL	NIC(2t1)	3.14
7.91'	-MOSS	NIC(1h2)	3.14
7.92'	-OHANAJA	NIC(1s2)	3.14
7.92'	-TIFFANY NESFIELD, Flowers, Springdale, MD	NIC(1s3)	3.14

----- 5 performances -----

7.95'	-DOMENIQUE MANNING, North, Riverside, CA	NIC(2s2)	3.14
7.95'	-ALANDRA SHERMAN, Eisenhower, Houston, TX	NIC(2s3)	3.14

**60mHH (8.5/8.74) [conversion 60 to 55: .925 X 60m time]**

8.47 =7.85	-SHANTIA MOSS, Pompano Beach, FL	NIC(1)	3.14
8.49 =7.87	-JESSICA OHANAJA, Westbury, Houston, TX	NIC(2)	3.14
8.51 =7.88	-MOSS	NIC(1h2)	3.14
8.52 =7.89	-OHANAJA	Houston(1)	2.14
8.53 =7.90	-OHANAJA	NIC(1s2)	3.14

----- 5 performances -----

8.54 =7.91	-DOMENIQUE MANNING, North, Riverside, CA	NIC(2s2)	3.14
8.57 =7.93	-DOMINIQUE PRICE, Cummings, Burlington, NC	Inv(6h)	1.17
8.57 =7.93	-TENISHA GRIGGS, Southfield, MI	NIC(3)	3.14

**4 X 200m (1:43.0) - flat track**

1:39.87	JAMES LOGAN, Union City, CA	NIC(1)	3.14
1:40.61	SKYLINE, Dallas, TX	NIC(2)	3.14
1:40.77	BETHEL, Hampton, VA	VA Reg(1)	2.23
1:41.59	BETHEL	CNU Show(1)	1.10
1:41.69	EVANSTON, IL	Top Times(1)	3.27

----- 5 performances -----

1:41.82	WESTBURY, Houston, TX	NIC(3)	3.14
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**4 X 200m (1:43.0) - banked track**

1:38.15A	POLY, Long Beach, CA	Simplot(1)	2.21
1:38.97A	WILSON, Long Beach, CA	Simplot(2)	2.21

1:39.50A	JAMES LOGAN, Union City, CA	Simplot(3)	2.21
1:39.58	THURGOOD MARSHALL, Fort Bend, TX	NSI(1)	3.14
1:39.82	BETHEL, Hampton, VA	Va Tech(1)	1.31
----- 5 performances -----			

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**4 X 400m (3:53.0) - flat track**

3:47.87	JAMES LOGAN, Union City, CA	NIC(1)	3.14
3:50.32	WESTBURY, Houston, TX	NIC(2)	3.14
3:51.19	SKYLINE, Dallas, TX	NIC(3)	3.14
3:52.06	ELEANOR ROOSEVELT, Greenbelt, MD	NIC(4)	3.14
3:53.33	NORTHROP, Fort Wayne, IN	Inv(1)	3.6
----- 5 performances -----			

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**4 X 400m (3:53.0) - flat track - Oversized**

3:51.76	NORTHROP, Fort Wayne, IN	KY Inv(2)	2.21
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**4 X 400m (3:53.0) - banked track**

3:38.91	POLY, Long Beach, CA	NSI(1)	3.14
3:47.15A	WILSON, Long Beach, CA	Silv St(1)	1.31
3:47.66	THURGOOD MARSHALL, Fort Bend, TX	NSI(1h3)	3.14
3:47.77	BOYS and GIRLS, Brooklyn, NY	Coll Inv(1)	2.14
3:48.03A	WILSON	Simplot(1)	2.21
----- 5 performances -----			

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3:48.15	AP RANDOLPH, New York, NY	Va Tech(1)	1.31
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**4 X 800m (9:27.0) - flat track**

9:13.93	HATBORO-HORSHAM, Horsham, PA	NIC(1)	3.14
9:15.13	SARATOGA, NY	NY(1)	3.6
9:15.7	BROADNECK, Annapolis, MD	MD 3A-4A(1)	2.17
9:16.78	ROCKFORD, MI	NIC(2)	3.14
9:16.85	GWYNEDD MERCY ACADEMY, Gwynedd Valley, PA	NIC(3)	3.15
----- 5 performances -----			

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**4 X 800m (9:27.0) - banked track**

9:06.75	BOYS and GIRLS, Brooklyn, NY	Coll Inv(1)	2.13
9:08.07	BAY SHORE, NY	Coll Inv(2)	2.13
9:11.48	HATBORO-HORSHAM, Hatboro, PA	PA(1)	2.28
9:13.26	GWYNEDD MERCY, PA	PA(2)	2.28
9:15.99	SARATOGA, NY	Hisp(1)	1.10
----- 5 performances -----			

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**4 X Mile + = 4x1600m + 6.0 secs - flat track**



20:08.72	SARATOGA, NY	NIC(1)	3.13
20:48.30	SARATOGA "B", NY	NIC(2)	3.13
21:04.2+	BAY SHORE, NY	Inv(1)	1.7
21:27.77	BAY SHORE	NIC(3)	3.13
21:33.16	KELLAM, Virginia Beach, VA	NIC(4)	3.13

----- 5 performances -----  
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 21:53.97 SARATOGA "C", NY NIC(5) 3.13

**4 X Mile + = 4x1600m + 6.0 secs - banked track**

21:07.38	SCOTIA-GLENNVILLE, NY	NSI(1)	3.13
21:17.61	WARWICK VALLEY, NY	NSI(2)	3.13
21:24.25	CICERO-NORTH SYRACUSE, Cicero, NY	NSI(3)	3.13
21:36.27	MARIA CARRILLO, Santa Rosa, CA	NSI(4)	3.13
21:39.58	WARD MELVILLE, Setauket, NY	NSI(5)	3.13

----- 5 performances -----  
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**Sprint Medley Relay (4:10.0) - flat track**

4:04.69	WEST CATHOLIC, Philadelphia, PA	NIC(1)	3.13
4:07.91	BEAUMONT, Cleveland Heights, OH	NIC(2)	3.13
4:09.47	JAMES LOGAN, Union City, CA	NIC(3)	3.13
4:10.02	BETHEL, Hampton, VA	NIC(4)	3.13
4:11.56	WEST CATHOLIC	S Hall(1)	12.28

----- 5 performances -----  
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 4:12.51 RANCOCAS VALLEY, NJ NJ IV R(1) 1.17

**Sprint Medley Relay (4:10.0) - banked track**

3:55.92	AP RANDOLPH, New York, NY	NSI(1)	3.13
3:57.78	BELLPORT, Brookhaven, NY	NSI(2)	3.13
3:59.81	WEST CATHOLIC, Philadelphia, PA	Hall Fame(1)	2.21
4:02.20	WESTERLY, RI	NSI(3)	3.13
4:02.78	SUFFERN, NY	NSI(4)	3.13

----- 5 performances -----  
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**Distance Medley Relay (12:30) - flat track**

11:49.99	SARATOGA, NY	Yale(1)	1.16
11:52.60	SARATOGA	Brown(1)	12.29
12:03.08	SARATOGA	NIC(1)	3.13
12:06.24	RENAISSANCE, Detroit, MI	NIC(2)	3.13
12:06.99	ROCKFORD, MI	NIC(3)	3.13

----- 5 performances -----  
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 12:10.34 GWYNEDD MERCY ACADEMY, Gwynedd Valley, PA NIC(4) 3.13  
 12:11.92 BAY SHORE, NY Yale(2) 1.16

**Distance Medley Relay (12:30) - banked track + = y - 4.0 secs**

11:35.43	MOUNTAIN VIEW, Orem, UT	NSI(1)	3.13
11:43.51	BAY SHORE, NY	NSI(2)	3.13
12:00.49	WARWICK VALLEY, NY	NSI(3)	3.13
12:03.21	WARWICK VALLEY	East(1)	2.24
12:12.25	BRONXVILLE, NY	NSI(4)	3.13

----- 5 performances -----

12:13.11	BOYS and GIRLS, Brooklyn, NY	East(2)	2.24
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**4 x 55m Hurdles (37.00)**

33.82	JACKSON TOWNSHIP, NJ	NIC(1)	3.13
34.00	PALM BEACH LAKES, West Palm Beach, FL	NIC(2)	3.13
34.29	PIONEER, Ann Arbor, MI	NIC(3)	3.13
34.50	NORTH, Riverside, CA	NIC(4)	3.13
34.98	WILSON, Camden, NJ	S Hall(1)	12.28

----- 5 performances -----

**4 x 55m Hurdles (37.00) – Irregularity?**

32.83	RANDOLPH, NJ	NJ III R(1)	1.17
33.11	WILSON, Camden, NJ	NJ III R(2)	1.17
33.51	BRIDGETON, NJ	NJ II R(1)	1.17
33.56	JACKSON, NJ	NJ IV R(1)	1.17
33.92	GOVERNOR LIVINGSTON, NJ	NJ II R(2)	1.17

----- 5 performances -----

**High Jump (5-8)**

5-11.25	*VIKTORIA ANDONOVA, Coral Springs, TX	Gator(2)	2.1
5-10	*INEKA MC PHERSON, Memorial, Port Arthur, TX	Houston(1)	1.24
5-10A	*CHELSEA TAYLOR, Montbello, Denver, CO	King(1)	1.25
5-10	***PATIENCE COLEMAN, Southern, Durham, NC	NC(1)	2.14
5-9.5	-ANN MC LAUGHLIN, West, Wauwatosa, WI	Whtwtr(1)	3.20

----- 5 performances -----

**Pole Vault (12-3)**

13-5	-DANIELLE O'REILLY, Shawnee, Medford, NJ	Varsity(1)	2.9
13-0	*TIFFANY MASKULINSKI, Iroquois, Elma, NY	Inv(1)	1.21
13-0	-O'REILLY	Inv(1)	1.24
13-0!	-O'REILLY	Varsity	2.9
13-0	-O'REILLY	East(1)	2.24

----- 5 performances -----

12-10.25	-BRITNI LAWRENCE, Hays, Buda, TX	Kitley(1)	2.21
12-9.5	**LINDSAY REGAN, Easton, PA	NIC21)	3.14
12-7	*JENNIFER O'NEILL, Fairport, NY	Inv(2)	1.21
12-6A	-KATIE MORGAN, Corona del Sol, Tempe, AZ	N Az(4)	2.7

### Long Jump

19-11.75A	**SHANA WOODS, Poly, Long Beach, CA	Simplot(1)	2.21
19-10.75	-GAYLE HUNTER, North, Riverside, CA	NIC(1)	3.14
19-10.75!	-HUNTER	NIC	3.14
19-9.75 !	-HUNTER	NIC	3.14
19-9.5	-ERICA MC LAIN, East, Plano, TX	Tx Tech(2)	2.7
19-9.5 !	-HUNTER	NIC	3.14
----- 6 performances -----			

19-9	-TAHARI JAMES, Branford, CT	CT(1)	2.21
19-7.5	-COURTNEY PONDER, Buchtel, Akron, OH	M-F	3.20

### Triple Jump

41-7.75	*LAUREN STEWART, Brentwood, TN	AAU Sn(1)	2.29
41-6.5	-ERICA MC LAIN, East, Plano, TX	NIC(1)	3.13
41-3.25	-MC LAIN	Tx Tech(1)	2.7
41-3.25!	-MC LAIN	NIC	3.13
40-11.5!	-MC LAIN	NIC	3.13
----- 5 performances -----			

40-9.75A	*BRITTANY DANIELS, Merrill West, Tracy, CA	Silv St(1)	1.31
39-4.5	*CAMILIA MORMAN, Hillside, Durham, NC	Youth Inv(1)	2.21
39-3	**CONSANDRIA WALKER, Hackensack, NJ	East(1)	2.24

### Shot Put (44-0)

46-10	*MICHAELA WALLERSTEDT, Burke, Omaha, NE	NIC(1)	3.14
46-8.75!	*WALLERSTEDT	NIC	3.14
46-2.5A	*WALLERSTEDT	Simplot(1)	2.21
46-3.5!	*WALLERSTEDT	NIC	3.14
46-2	*WALLERSTEDT	BodyBld(3)	1.31
----- 5 performances -----			

45-5	***KAMOREAN HAYES, Harding, Charlotte, NC	AAU Sn(1)	2.29
44-7	-SYLVIA GALARZA, Millville, NJ	Ed Grant	
44-3.5	*JOCELYN WHITE, Delsea, NJ	NJ III(1)	2.15
43-11.75	-ELIZABETH ROBE, West, Waukesha, WI	Whtwtr(1)	3.20

### Weight Throw (20#) (51-0) [indoor throws only]

53-7.75	-ERIN DONNELLY, Barrington, RI	NIC(1)	3.13
51-11	-LORNA FINN, Mac Eachern, Powder Springs, GA	Clemson	1.
51-5	-FINN	NIC(20)	3.13

51-0.25	-JASMINE JENNINGS, Warwick, RI	Wtarama(1)	3.7
50-8	-ANDREA KAVELSKI, Liberty, NY	Gourley	
----- 5 performances -----			

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49-7      \*\*SARAH CARDINAL, Blackfoot, ID      Simplot(1)      2.18

**Pentathlon (3300) - flat track**

3709	-GAYLE HUNTER, North, Riverside, CA	NIC(1)	3.14
3571	*PHILIPA DAVIES, Brentwood Academy, Brentwood, TN	NIC(2)	3.14
3562	*LAUREN STEWART, Brentwood Academy, Brentwood, TN	NIC(3)	3.14
3508	-MOLLY KENNEDY, Brentwood Academy, Brentwood, TN	NIC(4)	3.14
3364	-TIANA RIEL, Hopkinton, MA	Dartmouth	1.9
----- 5 performances -----			

**Pentathlon (3300) - banked track**

3846	**SHANA WOODS, Poly, Long Beach, CA	NSI(1)	3.13
3754	*KATE SHERMAN, Dennis-Yarmouth, South Yarmouth, MA	MA Pent(1)	2.24
3717	*SHERMAN	NSI(2)	3.13
3714	-TIANA RIEL, Hopkinton, MA	MA Pent(2)	2.24
3673	-RIEL	NSI(3)	3.13
----- 5 performances -----			

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3349      -MARY HEITKAMP, Fair Haven, VT      NSI(4)      3.13  
3255      -CARLY MC NARY, Norton, MA      NSI(5)      3.13

**Mile Walk**

7:00.94	*KATY HAYES, Oconomowoc, WI	NIC(1)	3.13
7:19.21	-ERICA ADAMS, Spartanburg, SC	NIC(2)	3.13
7:24.50	-TARA SIMONELLI, Clarkstown South, West Nyack, NY	NSI(1)	3.14
7:35.80	-ROSALIND ADAMS, Townsend Harris, Queens, NY	NSI(2)	3.14
7:36.65	**DANA VERED, Paramus, NJ	NSI(3)	3.14
----- 5 performances -----			

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