

## **New Balance Nationals Outdoor vs USATF Junior Championships: Making an Informed Choice**

This year these meets fall on the same weekend. USATF has made the decision to schedule the Junior Championships (also a qualifier for the IAAF U20 Championships in Finland in July) on June 15-17, 2018.

We encourage athletes who intend on competing in one or the other (or both) to make an informed decision. Certain events are dominated by college freshman, and there would not be the competition in those events that would be at the New Balance Nationals Outdoors (NBNO).

We are strong believers in the Junior program. The National Scholastic Athletics Foundation was founded to help fund athletes to the US Junior Championships. In fact, we will help fund certain athletes the US Junior Championships who we feel have a very good chance of making the U.S. team.

We do this even though we are running our meet on the very same weekend and, of course, would prefer to have those athletes in Greensboro. But we want to do what is best for the athletes and their development on the international level.

What follows is an event-by-event summary of the best Juniors and their chance to make the team. Generally, the U.S. will take two athletes per event given they have met the IAAF U20 meet standard. For the 100m and 400m, they make take four for the relay pools. And only those born in 1999, 2000, 2001 or 2002 are eligible to compete in the IAAF U20 World Championships.

The IAAF U20 meet standard is in ( ) next to the event name. Note that all listed may not necessarily attend the Junior Championships. In many cases, especially on the college level, coaches may want their athlete to bypass this meet for a variety of reasons. So the assumption here is that those listed will compete.

## WOMEN

### 100m [11.80]

10.99	1.7	Twanisha Terry	USC
11.02	1.5	Tamara Clark	ALABAMA
11.29	1.5	Tamari Davis	Florida HS
11.29	0.3	Lauren Rain Williams	OREGON
11.35	1.7	Kynneddy Flannel	Texas HS

Both Twanisha Terry and Tamara Clark have been very consistent and are the favorites. Tamari Davis is too young, having been born in 2003

### 200m [24.20]

22.39	1.5	Sydney Mc Laughlin	KENTUCKY
22.48	1.8	Tamari Davis	Florida HS
22.51	1.9	Lauren Rain Williams	OREGON
22.57	-0.7	Tamara Clark	ALABAMA
22.89	1.8	Arria Minor	Colorado HS

We would guess that Sydney Mc Laughlin will not be running in this event (and, if she did, would probably concentrate on the 400m Hurdles). Again, Tamari Davis is too young, so the favorites would be Williams, Clark and Minor.

### 400m [55.00]

50.07		Sydney Mc Laughlin	KENTUCKY
51.33		Kaelin Roberts	USC
51.53		Symone Mason	MIAMI
51.92		Arria Minor	Colorado HS
52.20		Morgan Brooks-Magee	ARKANSAS

Kaelin Roberts (Pac 12 Bronze medalist) and Symone Mason (ACC Champ) are the presumptive favorites here. Again, McLaughlin unlikely to compete here.

### **800m [2:08.70]**

2:02.49	Samantha Watson	TEXAS A+M
2:02.77	Caitlin Collier	Florida HS
2:02.87	Avi-Tal Wilson-Perteet	UNLV
2:03.04	Kayla Johnson	MIAMI
2:03.69	Kamryn Mc Intosh	CLEMSON
2:03.91	Kamryn Mc Intosh	CLEMSON

This could be a battle with five athletes in contention for the two spots. Watson may opt to run the 1500m. Wilson-Perteet is the new find, making enormous progress since last year when she was a California high school student. Kamryn Mc Intosh has been running really well after an injury during her high school years. She is ACC runnerup both indoors and out.

### **1500m [4:27.00]**

4:21.04	Rebecca Craddock	ILLINOIS
4:21.23	Cailie Logue	IOWA STATE
4:21.45	Samantha Watson	TEXAS A+M
4:22.13	Rachel McArthur	VILLANOVA
4:22.45	Allie Schadler	WASHINGTON

All college girls here, though Caitlin Collier's 1500m en route time for her 4:38 mile over the weekend might actually be the US Junior leader.

### **3000m [9:35.00]**

9:05.26	Katelyn Tuohy	New York HS
9:10.4'	Katelyn Tuohy	New York HS
9:17.22ov	Brie Oakley	CALIFORNIA
9:23.22	Danielle Orié	PENNSYLVANIA
9:25.52	Gabrielle Orié	CORNELL
9:26.59'	Katelynne Hart	Illinois HS

We are not sure of Katelyn Tuohy's attendance at the Juniors. Like this event, the 5000m and the 3000m Steeplechase have college athletes as favorites.

### **3000m Steeplechase [10:43.00]**

10:09.39	Hannah Steelman	WOFFORD
10:12.72	Kristlin Gear	FURMAN
10:13.84	Gabrielle Orié	CORNELL
10:17.14	Jordan Oakes	STANFORD
10:21.63	Patricia Carlson	MONTANA STATE

### **5000m [16:40.00]**

15:37.12	Katelyn Tuohy	New York HS
15:49.12	Emily Venters	BOISE STATE
16:02.01ov	Brie Oakley	CALIFORNIA
16:04.32	Cailie Logue	IOWA STATE
16:08.53	Brie Oakley	CALIFORNIA
16:14.19	Amanda Vestri	IOWA STATE

### **100m Hurdles [14.10]**

12.75	1.7	Chanel Brissett	USC
13.03	1.8	Tia Jones	Georgia HS
13.06	0.2	Cortney Jones	FLORIDA STATE
13.10	1.3	Caitlyn Little	SOUTH CAROLINA
13.17	1.9	Tara Davis	GEORGIA

A very competitive event as always. Too bad they only take two! Tia Jones was a 2016 World U20 medalist following her freshman year.

### 400m Hurdles [60.75]

52.75		Sydney Mc Laughlin	KENTUCKY
57.77		Jurnee Woodward	LSU
58.41		Faith Roberson	TEXAS TECH
58.49		Masai Russell	Maryland HS
58.54		Milan Young	LSU

Probably no Sydney Mc Laughlin, as noted. Like the shorter hurdles, another very competitive event.

### High Jump [5-11.5]

1.85	6-01	Katie Isenbarger	Indiana HS
1.84	6-00.5	Jelena Rowe	SOUTH PLAINS JC
	6-00.25	Morgan Smalls	North Carolina HS
1.83	6-00	Tyler Shelby	Indiana HS
1.82	5-11.75	Zatoria Thompson	Florida HS

This is a chance for at least one high school athlete to make the team. Jelena Rowe has been very consistent, and is the National Junior College champ.

### Pole Vault [13-03.5]

4.36	14-03.5	Rachel Baxter	VIRGINIA TECH
4.30	14-01.5	Erica Ellis	New York HS
4.26	14-00	Nastassja Campbell	Texas HS
4.26	14-00	Mackenzie Hayward	Texas HS
4.25	13-11.25	Gabriella Leon	LOUISVILLE
4.25	13-11.25	Jenna Frantz	AKRON

Rachel Baxter is the class of the field.

### Long Jump [20-02.25]

6.63	-2.1	21-09	Tara Davis	GEORGIA
6.60		21-08	Lanae-Tava Thomas	New York HS
6.32	1.4	20-09	G'Auna Edwards	TEXAS TECH
6.31	0.0	20-08.5A	Maya Evans	Colorado HS
6.28	1.9	20-07.25	Zhane Smith	PURDUE

### Triple Jump [42-02]

13.43	1.5	44-01	Jasmine Moore	Texas HS
13.04	0.0	42-09.5	Jaimie Robinson	ALABAMA
13.03	1.0	42-09	Arianna Fisher	California HS
12.99A		42-07.75	Lexi Ellis	Washington HS
12.92	0.7	42-05	Alonie Sutton	Alabama HS

Jasmine Moore is significantly ahead of all others, and has a windy 45-4.75 at the Texas state meet

### Shot Put [47-07]

17.30		56-09.25	Alyssa Wilson	UCLA
16.97		55-08.25	Alyssa Wilson	UCLA
16.08		52-09.25	Zada Swoopes	WEST TEXAS A+M
15.96		52-04.5	Kathleen Young	SOUTH CAROLINA
15.77		51-09	Essence Henderson	IOWA STATE
15.69		51-05.75	Brittany Jones	VIRGINIA

Total domination by college athletes, as are the discus and hammer.

### Discus Throw [157-06]

55.92	183-05	Pamela Amaechi	PRINCETON
55.58	182-04	Makenli Forrest	LOUISVILLE
55.11	180-10	Alyssa Wilson	UCLA
55.00	180-05	Ashley Anumba	PENNSYLVANIA
54.75	179-07	Shelby Moran	Oregon HS

### Hammer Throw [187-00]

66.53	218-03	Alyssa Wilson	UCLA
65.00	213-03	Makenli Forrest	LOUISVILLE
63.19	207-03	Jillian Shippee	NORTH CAROLINA
61.49	201-09	Joy Mc Arthur	USC
59.59	195-06	Samantha Kunza	Missouri HS

### Javelin Throw [164-00]

56.21	184-05	Maura Fiamoncini	BUCKNELL
<b>53.50</b>	<b>175-06</b>	<b>Dana Baker</b>	<b>Kansas HS</b>
53.02	173-11	Skylar Ciccolini	Pennsylvania HS
50.37	165-03	Trinity Clark	Pennsylvania HS
50.02	164-01	Madison Smith	PENN STATE

Again, too bad they only take two! Dana Baker and Skylar Ciccolini have been over 170 several times. Maura Fiomoncini has the US leader and is consistently over 170. She had a 160 best as a high schooler last year.

### Heptathlon (5300)

5288		Sterling Lester	Georgia HS
5184		Erin Marsh	DUKE
5161		Keira Mc Carrell	OREGON
5110		Asia Smith	SAN DIEGO STATE
4830		Allie Jones	California HS

No one yet has the IAAF U20 standard. They would probably have to get it at the USATF Junior championships. Note that New Balance Nationals Indoor pentathlon champion, Anna Hall (Valor Christian, CO), has personal bests which total 5500+ points.

## MEN

### 100m [10.55]

10.13	2.0	Anthony Schwartz	Florida HS
10.22	0.4	Kesean Carter	Texas HS
10.26	0.1	Asani Hampton	California HS
10.28	-0.5	Eric Harrison	OHIO STATE
10.31	1.1	Khance Meyers	HINDS CC

This could be a mix of high school and college athletes, as with the 200m. Anthony Schwartz, if healthy, is almost sure to make the team. Khance Meyers ran a wind-aided 20.02 200 at the Junior College nationals last weekend.

### 200m [21.35]

20.39	-0.3	Eric Harrison	OHIO STATE
20.47	1.3	Anthony Schwartz	Florida HS
20.58	1.0	Zachary Shinnick	USC
20.59	1.5	Jared Hayes	TROY
20.62	0.5	Khance Meyers	HINDS CC

### 400m [47.70]

45.60		Taj Burgess	RUTGERS
45.66		Trey Fields	BAYLOR
45.74		Sean Burrell	Louisiana HS
45.81		Zachary Shinnick	USC
46.14		Umajesty Williams	ARIZONA
46.14		Justin Long	Georgia HS



With so many under 46.50, it will be very difficult to predict. Taj Burgess went from 47.22 last year in high school to Big 10 runner up this year and the US Junior lead.

**800m [1:50.00]**

1:47.67	Josh Hoey	Pennsylvania HS
1:48.04	Rey Rivera	GEORGETOWN
1:48.37	Josh Hoey	Pennsylvania HS
1:48.68	Christopher Conrad	MISSOURI
1:48.88	Devan Kirk	WASHINGTON
1:49.62	Tim Zepf	DARTMOUTH

Josh Hoey, not running for his high school, has been the most consistent 800m runner this year.

**1500m [3:48.00]**

3:43.74'	Brodey Hasty	Tennessee HS
3:43.91	Cooper Teare	OREGON
3:44.03	Patrick Parker	BYU
3:45.59	Dalton Hengst	Pennsylvania HS
3:46.60	Henry Mong	SAN FRANCISCO

Brodey Hasty and Dalton Hengst, two high schoolers, have been fairly consistent and have a shot to make the team.

**5000 Meters [14:15.00]**

13:46.46	Cooper Teare	OREGON
14:07.43	Noah Affolder	SYRACUSE
14:08.74	Jack Shea	NORTHERN ARIZONA
14:10.99	Connor Lane	STANFORD
14:21.71	Ben Varghese	EAST TENNESSE STATE

Only four so far have made the IAAF U20 standard. Cooper Teare is the significant leader and medaled in the Pan Am Juniors 1,500 last year.

**10000 Meters [31:00.00]**

30:07.59		Mitchell Day	WAKE FOREST
30:09.14		Joe Riordan	MICHIGAN STATE
30:28.78		Silas Griffith	LIPSCOMB
30:53.54		Jack Shea	NORTHERN ARIZONA
30:53.58		Will Merritt	MT. ST. MARY'S

**110m Hurdles (39") [14.20]**

13.53	1.6	Tre'Bien Gilbert	Texas HS
13.68	0.7	Robert Teer	Texas HS
13.79	0.9	De'Vion Wilson	Texas HS
13.81	1.6	Kenney Broadnax	Texas HS
13.82	1.2	Cameron Murray	Georgia HS
13.82	-0.2	Demarcus Adams	Florida HS

**110m Hurdles (42") (not an IAAF U20 Event)**

13.68	0.9	Corey Poole	FLORIDA
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The 39" hurdles is the event contested. There is no clear favorite here except for Corey Poole who has some big times over the college hurdles.

**400m Hurdles [53.00]**

50.09		Corey Poole	FLORIDA
50.29		Jayson Baldrige	BAYLOR
50.29		Cameron Samuel	USC
50.83		Boaz Madeus	RUTGERS
50.98		Jojo Frost	NORTHERN IOWA

A college dominated event, though Thomas Burns (Northeastern, Miami, FL), who ran 50.12 last year, is a possibility. He has split under 45 seconds on a relay and has run 36.56 for the 300m hurdles this year.

### 3000m Steeplechase [9:10.00]

8:46.22		Noah Affolder	SYRACUSE
9:01.46		Zach Litoff	SANTA CLARA
9:03.74		Benjamin Drezek	U MASS LOWELL
9:08.76		Benjamin Fleming	VIRGINIA TECH
9:08.83		Tyler Marshall	VERMONT

Another college dominated event, with Noah Affolder the clear favorite.

### High Jump [7-01]

2.22	7-03.25	Juvaughn Blake	LSU
2.20	7-03	Sean Lee	California HS
2.20	7-03	Jake Grimsman	California HS
2.20	7-03	Tyler Cronk	Washington HS
2.20	7-03	Richard Newman	HUTCHINSON CC

Juvaughn Blake has been the most consistent of the 7-3 jumpers.

### Pole Vault [16-08.75]

5.61	18-05	KC Lightfoot	Missouri HS
5.57	18-03.25	Branson Ellis	Texas HS
5.49	18-00	Zachary Bradford	Illinois HS
	17-09	Zachary Bradford	Illinois HS
5.35	17-06.5	Cole Riddle	ARIZONA STATE
5.30A	17-04.5	Tate Curran	UCLA

This is one event where high schoolers have been dominant. The schedule of both meets allows for doubling, and KC Lightfoot has entered both.

### Long Jump [24-09.25]

7.81		25-07.5	Juvaughn Blake	LSU
7.71	1.3	25-03.5	Rayvon Allen	WICHITA
7.71	1.9	25-03.5	Juvaughn Blake	LSU
7.69	0.1	25-02.75	Carter Shell	ARKANSAS STATE
7.67	0.9	25-02	Tyler Jones	KENNESAW STATE
7.62	0.0	25-00	Alex Enos	California HS

There are no 25-0+ high school athletes. Juvaughn Blake, the favorite in the high jump is also the favorite here.

### Triple Jump [51-02.25]

15.65	1.4	51-04.25	Keyshawn King	South Carolina HS
15.55	1.2	51-00.25	DJ Ledell	CLEMSON
15.45	1.9	50-08.5	Jequan Hogan	Colorado HS
15.44	0.9	50-08	Jalen Tate	TENNESSEE
15.42	0.2	50-07.25	Travian Blaylock	Texas HS

Stanford-bound Keyshawn King is the only qualifier for the IAAF U20 championships.

### Shot Put - 7.26kg [59-10.5 with 6kg SP]

20.19		66-03	Adrian Piperi	TEXAS
19.79		64-11.25	Jordan West	TENNESSEE
18.29		60-00.25	Cooper Campbell	OKLAHOMA
18.06		59-03	Josh Johnson	CALIFORNIA
18.04		59-02.25	Cooper Campbell	OKLAHOMA
17.95		58-10.75	Jacob Wilson	UCLA

### Discus Throw [183-09]

56.84		186-06	Gabe Oladipo	TEXAS A+M
56.50		185-04	Turner Washington	ARIZONA
53.28		174-10	Iffy Joiner	CALIFORNIA
53.05		174-00	Luke Hoffman	KUTZTOWN
52.95		173-09	Evan Blaire	AUBURN

### Hammer Throw [223-01 with 6kg HT]

61.62	202-02	Jacob Slate	CONCORDIA (OR)
60.92	199-10	Jacob Wilson	UCLA
59.67	195-09	Brent Fairbanks	ASHLAND
58.88	193-02	Tanner Berg	NORTHERN STATE
57.81	189-08	Michael Feldman	PENNSYLVANIA

Like the women, the weight events are all college.

### Javelin Throw [225-05]

74.26	243-07	Taran Taylor	WICHITA
72.72	238-07	Tzuriel Pedigo	Louisiana HS
68.25	223-11	Cole Mc Knight	LOUISIANA-MONROE
67.32	220-10	Nickolas Mirabelli	New Jersey HS
67.31	220-09	Sam Hankins	Kansas HS

Only two qualifiers thus far. Taran Taylor was a 186-4 high school thrower and improved to the American Conference runnerup, adding 57 feet to his high school best. Tzuriel Pedigo has been the best high school thrower by far. This is an event where athletes can double, so Pedigo will do both the Juniors and NBNO.

### Decathlon

6825	Jacob Sobota	DUKE
6792	Gabriel Stainback	HIGH POINT
6751	Braydon Maier	CENTRAL WASHINGTON
6709	Dominic Gehr	ARIZONA
6528	Sam Pica	UC SANTA BARBARA

The marks given are using the college implements. This appears to wide open. Kyle Garland, the 2017 Pan Am Junior champion, not listed, could be the favorite.

Here are the bests with the high school implements:

### Decathlon – HS Implements

6963	-JOSH FARMER, Rancho Bernardo, San Diego, CA	Arcadia(1)	4.7
6914	-GRAHAM COLLINS, Mc Gill-Toolen, Mobile, AL	AL(1)	5.15
6368	*STONE SHELNUTT, Hewitt-Trussville, Trussville, AL	AL (2)	5.15
6365	*DEREK PEKAR, Ventura, CA	Arcadia(2)	4.7
6334	-AIDAN DIGGS, Millennium, Goodyear, AZ	AZ Multis(1)	4.28