

**2014 NBNO Schedule of Events****\*\*\* Revised June 11, 2014****Friday, June 13, 2014****Track Events**

10:00 AM		Emerging Elite - 4x100 Relay	Qualifying
10:30 AM	10:25 AM	Emerging Elite - 4x800 Relay	FINAL
11:20 AM	12:00 PM	BOYS - Emerging Elite - 110H	Qualifying
11:35 AM	12:15 PM	GIRLS - Emerging Elite - 100H	Qualifying
11:50 AM	12:25 PM	Emerging Elite - One Mile Run	FINAL
12:40 PM	1:05 PM	Emerging Elite - 100m	Qualifying
1:10 PM	1:20 PM	Championship Swedish Relay (100-200-300-400)	FINAL
1:35 PM	1:40 PM	100m Hurdles	Heptathlon
1:50 PM		Emerging Elite - 4x200 Relay	FINAL
2:20 PM		Championship One Mile Racewalk	FINAL
2:45 PM	2:40 PM	Emerging Elite - 1600m Medley Relay	FINAL
3:25 PM	3:55 PM	Freshman 100m	Qualifying
3:45 PM	4:15 PM	Junior High School Mile	FINAL
4:00 PM	4:40 PM	Freshmen 400m	FINAL
4:45 PM	5:05 PM	Fastest Kid in Guilford County	Qualifying
4:30 PM	6:05 PM	GIRLS Emerging Elite - 100m Hurdles	FINAL
4:40 PM	6:15 PM	BOYS Emerging Elite - 110m Hurdles	FINAL
5:45 PM	6:25 PM	Emerging Elite - 800 Medley Relay	FINAL
6:15 PM	7:00 PM	200m	Heptathlon
6:30 PM	7:10 PM	Emerging Elite - 400m	FINAL
7:00 PM	7:25 PM	Freshman 100m	FINAL
7:10 PM	7:35 PM	Emerging Elite - 100m	FINAL
7:20 PM	7:45 PM	Freshman 2 Mile	FINAL
7:45 PM	8:10 PM	Emerging Elite - 4x100 Relay	FINAL
7:55 PM	8:20 PM	Championship 5000 Meters	FINAL

**Field Events**

11:30 AM		GIRLS Freshman Long Jump (pit 1)	FINAL
11:30 AM		BOYS Freshman Long Jump (pit 2)	FINAL
1:00 PM		GIRLS - Emerging Elite - Pole Vault	FINAL
1:00 PM		BOYS - Emerging Elite - Javelin (outside stadium)	FINAL
2:00 PM		GIRLS - Emerging Elite - Triple Jump (pit 2)	FINAL
2:00 PM		GIRLS - Emerging Elite - Discus	FINAL
2:30 PM		High Jump	Heptathlon
4:00 PM		BOYS - Emerging Elite High Jump	FINAL
4:00 PM		GIRLS - Emerging Elite Javelin (outside stadium)	FINAL

4:00 PM	<b>5:00 PM</b>	BOYS - Emerging Elite Pole Vault	FINAL
5:00 PM		BOYS - Emerging Elite Triple Jump	FINAL
5:00 PM		BOYS - Emerging Elite Discus	FINAL
5:30 PM		Shot Put	Heptathlon
6:30 PM		GIRLS - Championship Javelin (infield)	FINAL

**Saturday, June 14, 2014**

**Track Events**

**Track Events**

9:15 AM		Championship 4x200 Relay	FINAL
9:55 AM		100 meters	Decathlon
10:10 AM		Championship 100 meters	Qualifying
10:55 AM		GIRLS Championship 100m Hurdles	Qualifying
11:15 AM		BOYS Championship 110m Hurdles	Qualifying
11:50 AM		Emerging Elite - 200	Qualifying
12:15 PM		Championship 2000m Steeplechase	FINAL
1:05 PM		Championship 1600m Medley Relay	FINAL
2:05 PM		Emerging Elite - 200m	FINAL
2:15 PM		800M	Heptathlon
2:35 PM		100m Fastest Kid in Guilford County	FINAL
2:45 PM		Championship 100m	FINAL
2:55 PM		Freshman Mile	FINAL
3:30 PM		Championship 4x100m/110m Shuttle Hurdle Relay	FINAL
4:30 PM		Emerging Elite - 2 Mile Run	FINAL
<b>5:05 PM</b>		<del>GIRLS - Championship 2 Mile Run (unseeded)</del>	<del>FINAL</del>
<b>5:20 PM</b>		<del>BOYS - Championship 2 Mile Run (unseeded)</del>	<del>FINAL</del>
5:35 PM		Championship 4X100m Relay	Qualifying
6:10 PM		400m	Decathlon
6:25 PM		GIRLS - Championship 2 Mile Run (Top Seeded)	FINAL
6:40 PM		BOYS - Championship 2 Mile Run (Top Seeded)	FINAL
6:55 PM		BOYS - Championship 110m Hurdles	FINAL
7:00 PM		GIRLS - Championship 100m Hurdles	FINAL
7:10 PM		Championship 4x800m Relay	FINAL

**Field Events**

9:00 AM		Long Jump (pit 1)	Heptathlon
9:00 AM		GIRLS - Freshman - Triple Jump (pit 2)	FINAL
9:00 AM		BOYS - Emerging Elite - Hammer	FINAL
11:30 AM		Javelin (outside stadium)	Heptathlon
11:30 AM		BOYS - Emerging Elite - Shot Put	FINAL

11:30 AM	12:00 PM	BOYS - Freshman - Triple Jump (pit 2)	FINAL
12:00 PM		GIRLS Championship Discus	FINAL
12:00 PM		GIRLS - Championship Pole Vault (Unseeded Flight)	FINAL
12:15 PM		Long Jump (pit 1)	Decathlon
1:30 PM		GIRLS - Emerging Elite - High Jump (2 pits)	FINAL
2:00 PM	2:30 PM	GIRLS - Championship Triple Jump (pit 1)	FINAL
2:30 PM		Shot Put	Decathlon
3:00 PM		GIRLS - Emerging Elite Hammer	FINAL
3:45 PM		BOYS Championship Shot Put	FINAL
4:00 PM		GIRLS Pole Vault (Seeded Flight)	FINAL
4:00 PM		High Jump	Decathlon
5:00 PM		BOYS Championship Triple Jump	FINAL
6:00 PM		BOYS Championship Hammer	FINAL
6:00 PM		BOYS Championship Javelin (infield)	FINAL

**Sunday, June 15, 2014**

**Track Events**

8:00 AM	110m Hurdles	Decathlon
8:10 AM	Championship 4xMile Relay	FINAL
9:50 AM	Emerging Elite - Distance Medley Relay	FINAL
10:30 AM	Championship 800m Medley Relay	FINAL
11:15 AM	Emerging Elite - 800m	FINAL
11:50 AM	Emerging Elite 400m Hurdles	FINAL
12:15 PM	Championship 400m Hurdles - all but top section	FINAL
12:30 PM	Championship 200m	Qualifying
12:55 PM	Emerging Elite 4x400 Relay	FINAL
1:25 PM	Championship 800m - all but top section	FINAL
2:00 PM	Championship 400m - all but top section	FINAL
2:25 PM	Championship One Mile - all but top section	FINAL
3:05 PM	Championship 4x400 Relay - unseeded sections	FINAL
3:50 PM	<b>CELEBRATION CEREMONY</b>	
4:00 PM	GIRLS Championship 400m Hurdles	FINAL
4:05 PM	BOYS Championship 400m Hurdles	FINAL
4:10 PM	Championship 4x100m Relay	FINAL
4:20 PM	Championship 800m - seeded section	FINAL
4:30 PM	1500m	Decathlon
4:45 PM	Championship 400m - seeded section	FINAL
4:55 PM	Championship One Mile - seeded section	FINAL
5:10 PM	Championship 200m	FINAL

5:20 PM	Championship Distance Medley Relay	FINAL
5:45 PM	Championship 4x400m Relay - seeded section	FINAL

**Field Events**

9:00 AM	Discus	Decathlon
9:00 AM	BOYS - Emerging Elite Long Jump (pit 1)	FINAL
9:00 AM	GIRLS - Emerging Elite Long Jump (pit 2)	FINAL
9:00 AM	BOYS - Championship Pole Vault - unseeded flight	FINAL
10:00 AM	GIRLS - Emerging Elite - Shot Put	FINAL
11:00 AM	GIRLS Championship Hammer	FINAL
11:00 AM	Pole Vault	Decathlon
11:00 AM	BOYS - Championship High Jump	FINAL
12:00 PM	BOYS - Championship Long Jump	FINAL
1:00 PM	GIRLS - Championship Shot Put	FINAL
2:00 PM	BOYS - Championship Discus	FINAL
2:00 PM	Javelin (outside stadium)	Decathlon
2:00 PM	GIRLS - Championship High Jump	FINAL
2:30 PM	BOYS Championship Pole Vault - seeded flight	FINAL
3:00 PM	GIRLS - Championship Long Jump	FINAL