

2021 NSAF USA Meet of Champions at Myrtle Beach

** updated 2/8/21*

[Please direct all questions about registration, entry guidelines, schedule and other meet information to info@nationalscholastic.org.](mailto:info@nationalscholastic.org)

Some notes about the standards:

QUALIFYING PERIOD

Due to the limited opportunities for competition, we have relaxed the qualifying period compared to our Outdoor National Championship event.

Qualifying marks must be made in one of the following seasons:

Indoors: 2018 - 2019, 2019 - 2020, 2020 - 2021

Outdoors: 2019, 2020, 2021

Be sure to look for the standard for the season in which you obtained your mark.

ALL EVENTS

All events have a maximum of 24 entries except where otherwise noted.

First 24 entered that are qualified and paid will be accepted.

Actual event contested is in **bold**

Under no circumstances will time trial, dual/tri/quad meet marks or relay splits be accepted for entry or seeding purposes

Virtual meet performances may not be used for entry or seeding purposes.

Standards must be met in meets of 5 or more teams

Eligibility: see "2021 Eligibility" after the listing of all standards

RELAY EVENTS

All four runners entered must be the same as those that ran the qualifying time

All star relays (teams with runners from more than one school) are permitted in all relay events.

Composite entries will be accepted in 800 medley, 1600 medley, distance medley,

Swedish medley and 4x1 mile only

Relay legs:

Mixed 4x400: order is team/coaches choice

800m Medley: 100-100-200-400

1600m Medley: 200-200-400-800

Distance Medley: 1200-400-800-1600

Swedish Medley Relay: 100-200-300-400 with start at 200m starting line.

Field Events

Field events standards are shown in feet and inches/metric

NSAF reserves the right to change standards/field sizes as conditions warrant. Entry acceptance is irrevocable unless the entry mark is found to be fallacious. Questions regarding standards should be sent to Info@nationalscholastic.org with standards Inquiry as the subject

THERE ARE NO REFUNDS UNDER ANY CIRCUMSTANCES UNLESS THE MEET IS CANCELLED

NA = not applicable

Championship Events - BOYS

Event #		Entry Standard for marks from:	
		Indoors	Outdoors
		<u>2018 - 2021</u>	<u>2019, 2020, 2021</u>
1	100m (FAT only)	NA	10.54
	Qualifying with 60m (FAT only)	6.81	NA
	Qualifying with 55m (FAT only)	6.39	NA
3	200m (FAT only)	21.71	21.44
	Qualifying with 300m (FAT only)	34.80	NA
5	400m (FAT only) [may NOT qualify with a 300m]	49.37	48.04

	Qualifying with 500m (FAT only)	1:04.55	NA
	Qualifying with 600m (FAT only)	1:20.86	NA
7	800m	1:55.20	1:53.50
	Qualifying with 1000m	2:30.10	NA
9	One Mile (may use 1500m/1600m as qualifier)	4:16.20	4:14.00
	Qualifying with 1500m	3:58.20	3:56.00
	Qualifying with 1600m	4:15.00	4:12.80
11	Two Miles (may use 3000m/3200m as qualifier)	9:12.00	9:10.00
	Qualifying with 3000m	8:32.00	8:30.00
	Qualifying with 3200m	9:08.00	9:06.00
13	5000m (may use 3000m/3200m/2 mile as qualifier)	15:08.00	14:50.00
	Qualifying with 3000m	8:48.00	8:40.00
	Qualifying with 3200m	9:24.00	9:16.00
	Qualifying with 2miile	9:28.00	9:20.00
15	110mh (FAT only)	NA	14.34
	Qualifying with 60mH (FAT only)	8.20	NA
	Qualifying with 55mH (FAT only)	7.40	NA
17	400mh (FAT only) (may use 300h as qualifier)	NA	54.00
	Qualifying with 300mH (FAT only)	NA	38.00
19	2000m Steeplechase (may use 3000m Steeplechase as qualifier)	NA	6:22.00
	Qualifying with 3000m steeple	NA	9:57.00
	<i>Due to the unusual circumstances since March 2020 which limit competition oportunties, athletes may qualify for the 2000m Steeple with the following marks: 1500: 3:49.90, 1600: 4:06.70, mile: 4:07.90, 3000: 8:19.50, 3200: 8:58.30, 2 mile: 8:59.50</i>		
21	3000m Walk	15:40.00	15:40.00
	Qualifying using 1500m walk	8:05.00	8:05.00
	Qualifying using 1 mile walk	8:45.00	8:45.00
27	4x100m (FAT only)	NA	42.54
29	4x200m (FAT only)	1:31.00	1:29.60
31	4x400m	3:25.50	3:22.50

33	4x800m	8:02.00	7:55.00
35	4x1 Mile (may qualify with a composite, the addition of 4 mile/1600/1500 times from the qualifying period (see above))	18:00.00	18:00.00
37	800m Medley (may use INDOOR 4x200m to qualify)	NA	1:36.00
	Qualifying with INDOOR 4x200m	1:31.00	NA
39	1600m Medley	3:37.00	3:34.00
41	Distance Medley (may qualify with a composite, addition of individual times) field limited to the first 12 entries that both meet the standard and pay the entry fee)	10:30.00	10:22.00
43	Swedish Relay (100-200-300-400)	NA	2:01.00
	Qualifying with INDOOR 4x400m	3:35.50	NA
51	High Jump	6-07	6-08
53	Pole Vault	15-07	15-09
55	Long Jump	22-10	23-04
57	Triple Jump	46-00	47-03
59	Shot Put	57-00	58-06
61	Discus	NA	176-00
63	Javelin	NA	180-00
65	Hammer	NA	185-00
	Qualifying with weight throw	63-06	NA
67	Decathlon (field limited to the first 16 entries that both meet the standard and pay the entry fee)	NA	5400
	Qualifying with composite of individual marks from 2020 INDOORS or 2021 outdoors	NA	5800

Mixed Event

99	Championship Mixed 4x400 (may qualify with composite of individual 400s from qualifying period)	3:47.00	3:43.00
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Emerging Elite Events - BOYS

Event #

Entry Standard for marks from:	
Indoors	Outdoors
2018 - 2021	2019, 2020, 2021

101	100m-EE (FAT only)	NA	10.94
	Qualifying with 60m (FAT only)	7.06	NA
	Qualifying with 55m (FAT only)	6.46	NA
103	200m-EE (FAT only)	22.05	21.94
	Qualifying with 300m (FAT only)	35.4	NA
105	400m-EE (FAT only) may NOT qualify with a 300m time	50.46	49.04
	Qualifying with 500m (FAT only)	1:06.50	NA
	Qualifying with 600m (FAT only)	1:23.00	NA
107	800m-EE	1:57.70	1:56.00
	Qualifying with 1000m	2:33.95	NA
109	One Mile-EE (may use 1500m/1600m as qualifier)	4:26.00	4:22.00
	Qualifying with 1500m	4:08.00	4:04.00
	Qualifying with 1600m	4:24.80	4:20.80
111	Two Miles-EE (may use 3000m/3200m as qualifier)	9:32.50	9:30.00
	Qualifying with 3000m	8:52.50	8:50.00
	Qualifying with 3200m	9:28.50	9:26.00
115	110mh (FAT only)	NA	14.64
	Qualifying with 60mH (FAT only)	8.40	NA
	Qualifying with 55mH (FAT only)	7.60	NA
117	400mH-EE (FAT only) (may use 300mh as qualifier FAT only)	NA	55.00
	Qualifying with 300mH (FAT only)	NA	39.00
127	4x100m-EE (FAT only)	NA	43.50
129	4x200m-EE (FAT only)	1:32.30	1:32.00
131	4x400m-EE	3:29.00	3:26.00
133	4x800m-EE	8:13.00	8:08.00
137	800m Medley-EE (may use indoor 4x200m to qualify)	NA	1:38.00
	Qualifying with INDOOR 4x200m	1:32.30	NA
139	1600m Medley-EE	3:40.00	3:39.00
141	Distance Medley-EE (may qualify with a composite, addition of individual times)	10:45.00	10:35.00
151	High Jump-EE	6-05.25	6-06
153	Pole Vault-EE	14-07	14-09

155	Long Jump-EE	22-03	22-06
157	Triple Jump-EE	44-10	45-06
159	Shot Put-EE	52-00	52-06
161	Discus-EE	NA	160-00
163	Javelin-EE	NA	160-00
165	Hammer-EE	NA	165-00
	Qualifying with weight throw	60-06	NA

Freshman Events - BOYS (9th graders only)

Event #		Entry Standard for marks from:	
		Indoors	Outdoors
		2018 - 2021	2019, 2020, 2021
201	Freshman 100m (FAT only)	NA	11.34
	Qualifying with 60m (FAT only)	7.03	NA
	Qualifying with 55m (FAT only)	6.69	NA
203	Freshman 200m (FAT only)	23.75	23.64
	Qualifying with 300m (FAT only)	38.00	NA
205	Freshman 400m (FAT only) may NOT qualify with a 300m time	54.00	52.00
	Qualifying with 500m (FAT only)	1:10.70	NA
	Qualifying with 600m (FAT only)	1:27.40	NA
207	Freshman 800m	2:04.60	2:03.00
	Qualifying with 1000m	2:44.70	NA
209	Freshman Mile (may use 1500m/1600m as qualifier; MUST be a 2020-2021 INDOOR or 2021 outdoor time)	4:38.00	4:33.00
	Qualifying with 1500m	4:18.00	4:13.00
	Qualifying with 1600m	4:36.50	4:31.80
211	Freshman 2 Mile (may use 3000m/3200m as qualifier)	9:50.00	9:55.00
	Qualifying with 3000m	9:20.00	9:15.00
	Qualifying with 3200m	9:46.00	9:51.00
215	Freshman 110m Hurdles - 39" (FAT only)	NA	16.44
	Qualifying with 60mH (FAT only)	9.14	NA
	Qualifying with 55mH (FAT only)	8.34	NA

251	Freshman High Jump	5-5.25	5-06
253	Freshman Pole Vault	11-01	11-03
255	Freshman Long Jump	19-11	20-03
257	Freshman Triple Jump	35-10	37-00
259	Freshman Shot Put (12#)	35-06	39-00
261	Freshman Discus (1.6kg)	NA	130-00

Middle School Event - BOYS (6th, 7th and 8th graders only)

Event #		Entry Standard for marks from:	
		Indoors	Outdoors
		2018 - 2021	2019, 2020, 2021
301	Middle School School 100m (FAT only)	NA	12.14
	Qualifying with 60m (FAT only)	7.83	NA
	Qualifying with 55m (FAT only)	7.17	NA
303	Middle School School 200m (FAT only)	25.84	25.64
	Qualifying with 300m (FAT only)	41.24	NA
305	Middle School School 400m (FAT only) may NOT qualify with a 300 time)	56.5	55.00
	Qualifying with 500m (FAT only)	1:13.70	NA
	Qualifying with 600m (FAT only)	1:32.20	NA
307	Middle School School 800m	2:13.00	2:13.00
	Qualifying with 1000m	2:56.50	NA
309	Middle School Mile (may use 1500m/1600m as qualifier; MUST be a 2020-2021 INDOOR or 2021 outdoor time)	5:08.00	5:00.00
	Qualifying with 1500m	4:48.00	4:40.00
	Qualifying with 1600m	5:06.50	4:58.80
311	Middle School School 2 Mile (may use 3000m/3200m as qualifier)	10:55.00	10:50.00
	Qualifying with 3000m	10:15.00	10:10.00
	Qualifying with 3200m	10:51.00	10:46.00
315	Middle School School 110m Hurdles - 33" (FAT only)	NA	19.50
	Qualifying with 60mH (FAT only)	11.20	NA
	Qualifying with 55mH (FAT only)	10.10	NA
	Qualifying with 110mH - 39" (FAT only)	NA	20.50

351	Middle School School High Jump	4-10	5-00
353	Middle School School Pole Vault	8-00	8-03
355	Middle School School Long Jump	15-06	16-03
357	Middle School School Triple Jump	29-06	31-00
359	Middle School School Shot Put (4kg)	31-06	33-06
361	Middle School School Discus (1kg)	NA	96-00
363	Middle School School Javelin (600g)	NA	75-00

Championship Events - GIRLS

Event #		Entry Standard for marks from:	
		Indoors	Outdoors
		2018 - 2021	2019, 2020, 2021
2	100m (FAT only)	NA	11.84
	Qualifying with 60m (FAT only)	7.59	NA
	Qualifying with 55m (FAT only)	6.99	NA
4	200m (FAT only)	24.63	24.24
	Qualifying with 300m (FAT only)	39.73	NA
6	400m (FAT only) may NOT qualify with a 300m	56.48	54.74
	Qualifying with 500m (FAT only)	1:14.80	NA
	Qualifying with 600m (FAT only)	1:34.55	NA
8	800m	2:14.30	2:11.00
	Qualifying with 1000m	2:53.80	NA
10	One Mile (may use 1500m/1600m as qualifier)	5:00.00	4:55.00
	Qualifying with 1500m	4:40.00	4:35.00
	Qualifying with 1600m	4:58.50	4:53.50
12	Two Miles (may use 3000m/3200m as qualifier)	10:30.00	10:30.00
	Qualifying with 3000m	9:50.00	9:50.00
	Qualifying with 3200m	10:26.00	10:26.00
14	5000m (may use 3000m/3200m/2 mile as qualifier)	18:15.00	17:55.00
	Qualifying with 3000m	10:45.00	10:33.00
	Qualifying with 3200m	11:21.00	11:09.00

	Qualifying with 2mile	11:25.00	11:13.00
16	100mH (FAT only)	NA	14.24
	Qualifying with 60mH (FAT only)	8.73	NA
	Qualifying with 55mH (FAT only)	7.94	NA
18	400mH (FAT only) (may use 300mh as qualifier)	NA	62.84
	Qualifying with 300mH (FAT only)	NA	43.84
20	2000m Steeplechase (may use 3000m Steeplechase as qualifier)	NA	7:20.00
	Qualifying with 3000m steeplechase	NA	11:15.00
	Due to the unusual circumstances since March 2020 which limit competition opportunities, athletes may qualify for the 2000m Steeple with the following marks: 1500: 4:32.00, 1600: 4:50.50, mile: 4:52.00, 3000: 9:50.00, 3200: 10:26.00, 2 mile: 10:30.00		
22	3000m Walk	16:25.00	16:25.00
	Qualifying using 1500m walk	7:15.00	7:15.00
	Qualifying using 1 mile walk	7:55.00	7:55.00
28	4x100m (FAT only)	NA	48.50
30	4x200m (FAT only)	1:45.20	1:44.00
32	4x400m	4:04.00	3:59.00
34	4x800m	9:34.00	9:30.00
36	4x1 Mile (may qualify with a composite, the addition of 4 mile/1600/1500 times from the qualifying period (see above))	21:25.00	21:15.00
38	800m Medley (may use INDOOR 4x200 to qualify)	NA	1:50.00
	Qualifying with INDOOR 4x200	1:45.20	NA
40	1600m Medley	4:12.80	4:10.00
42	Distance Medley (may qualify with a composite, addition of individual times) Field limited to the first 12 entries that both meet the standard and pay the entry fee	12:25.00	12:15.00
44	Swedish Relay (100-200-300-400)	NA	2:20.00
	Qualifying with INDOOR 4x400	4:04.00	NA
52	High Jump	5-5.50	5-06.25
54	Pole Vault	12-09	12-09
56	Long Jump	19-00	19-00

58	Triple Jump	39-00	39-00
60	Shot Put	42-03	43-03
62	Discus	NA	140-00
64	Javelin	NA	125-00
66	Hammer	NA	145-00
66	Qualifying with weight throw	49-06	NA
68	Heptathlon (field limited to the first 16 entries that both meet the standard and pay the entry fee)	NA	4200
68	Qualifying with composite of individual marks from 2020 INDOORS or 2021 outdoors	NA	4500

Mixed Event

99	Championship Mixed 4x400 (may qualify with composite of individual 400s from qualifying period)	3:47.00	3:43.00
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Emerging Elite Events - GIRLS

<u>Event #</u>		<u>Entry Standard for marks from:</u>	
		<u>Indoors</u>	<u>Outdoors</u>
		<u>2018 - 2021</u>	<u>2019, 2020, 2021</u>
102	100m-EE (FAT only)	NA	12.04
	Qualifying with 60m (FAT only)	7.68	NA
	Qualifying with 55m (FAT only)	7.09	NA
104	200m-EE (FAT only)	24.94	24.74
	Qualifying with 300m (FAT only)	40.12	NA
106	400m-EE (FAT only) may NOT qualify with a 300m time	57.60	56.44
	Qualifying with 500m (FAT only)	1:17.14	NA
	Qualifying with 600m (FAT only)	1:36.10	NA
108	800m-EE	2:15.00	2:14.00
	Qualifying with 1000m	2:56.60	NA
110	One Mile-EE (may use 1500m/1600m as qualifier)	5:03.50	5:00.50
	Qualifying with 1500m	4:43.50	4:40.50
	Qualifying with 1600m	5:02.00	4:59.00
	Two Miles-EE (may use 3000m/3200m as qualifier)	11:00.00	11:00.00

	Qualifying with 3000m	10:20.00	10:20.00
112	Qualifying with 3200m	10:56.00	10:56.00
116	100mH (FAT only)	NA	14.54
	Qualifying with 60mH (FAT only)	8.88	NA
	Qualifying with 55mH (FAT only)	8.09	NA
118	400mH-EE (may use 300mh as qualifier FAT only)	NA	64.00
	Qualifying with 300mH (FAT only)	NA	45.00
128	4x100m-EE (FAT only)	NA	49.20
130	4x200m-EE (FAT only)	1:46.10	1:45.50
132	4x400m-EE	4:05.50	4:01.00
134	4x800m-EE	9:38.00	9:35.00
138	800m Medley-EE (may use INDOOR 4x200m to qualify)	NA	1:52.00
	Qualifying with INDOOR 4x200	1:46.10	NA
140	1600m Medley-EE	4:17.00	4:16.00
142	Distance Medley-EE (may qualify with a composite, addition of individual times)	12:38.00	12:28.00
152	High Jump-EE	5-05	5-05
154	Pole Vault-EE	12-00	12-00
156	Long Jump-EE	18-03	18-06
158	Triple Jump-EE	37-8	38-02
160	Shot Put-EE	39-00	40-03
162	Discus-EE	NA	128-00
164	Javelin-EE	NA	110-00
166	Hammer-EE	NA	130-00
	Qualifying with weight throw	46-00	NA

Freshman Events - GIRLS (9th graders only)

Event #		Entry Standard for marks from:	
		Indoors	Outdoors
		2018 - 2021	2019, 2020, 2021
202	Freshman 100m (FAT only)	NA	12.54
	Qualifying with 60m (FAT only)	8.15	NA
	Qualifying with 55m (FAT only)	7.47	NA

204	Freshman 200m (FAT only)	25.74	25.74
	Qualifying with 300m (FAT only)	41.77	NA
206	Freshman 400m (FAT only) may NOT qualify with a 300m time	60.30	58.50
	Qualifying with 500m (FAT only)	1:18.34	NA
	Qualifying with 600m (FAT only)	1:37.66	NA
208	Freshman 800m	2:21.00	2:20.00
	Qualifying with 1000m	3:02.00	NA
210	Freshman Mile (may use 1500m/1600m as qualifier; MUST be a 2020-2021 INDOOR or 2021 outdoor time)	5:05.00	5:02.00
	Qualifying with 1500m	4:45.00	4:42.00
	Qualifying with 1600m	5:03.50	5:00.50
212	Freshman 2 Mile (may use 3000m/3200m as qualifier)	11:25.00	11:25.00
	Qualifying with 3000m	10:45.00	10:45.00
	Qualifying with 3200m	11:21.00	11:21.00
216	Freshman 100m Hurdles - 33" (FAT only)	NA	16.44
	Qualifying with 60mH (FAT only)	10.21	NA
	Qualifying with 55mH (FAT only)	9.61	NA
252	Freshman High Jump	5-00	5-00
254	Freshman Pole Vault	9-06	9-06
256	Freshman Long Jump	16-00	16-06
258	Freshman Triple Jump	32-00	33-00
260	Freshman Shot Put (4kg)	31-00	32-00
262	Freshman Discus (1kg)	NA	100-00

Middle School Events - GIRLS (6th, 7th and 8th graders only)

Event #		Entry Standard for marks from:	
		Indoors	Outdoors
		2018 - 2021	2019, 2020, 2021
302	Middle School School 100m (FAT only)	NA	13.04
	Qualifying with 60m (FAT only)	8.40	NA
	Qualifying with 55m (FAT only)	7.72	NA
304	Middle School School 200m (FAT only)	28.23	28.04

	Qualifying with 300m (FAT only)	45.17	NA
306	Middle School School 400m (FAT only) may NOT qualify with a 300m time	61.81	60.14
	Qualifying with 500m (FAT only)	1:20.60	NA
	Qualifying with 600m (FAT only)	1:40.90	NA
308	Middle School School 800m	2:29.30	2:27.50
	Qualifying with 1000m	3:15.35	NA
310	Middle School Mile (may use 1500m/1600m as qualifier; MUST be a 2020-2021 INDOOR or 2021 outdoor time)	5:18.00	5:16.00
	Qualifying with 1500m	4:58.00	4:56.00
	Qualifying with 1600m	5:16.50	5:14.50
312	Middle School School 2 Mile (may use 3000m/3200m as qualifier)	11:35.00	11:35.00
	Qualifying with 3000m	10:55.00	10:55.00
	Qualifying with 3200m	11:31.00	11:31.00
316	Middle School School 100m Hurdles - 30" (FAT only)	NA	19.44
	Qualifying with 60mH (FAT only)	11.17	NA
	Qualifying with 55mH (FAT only)	10.41	NA
352	Middle School School High Jump	4-07	4-09
354	Middle School School Pole Vault	7-03	7-06
356	Middle School School Long Jump	13-09	14-06
358	Middle School School Triple Jump	27-06	29-00
360	Middle School School Shot Put (6lb)		28-06
362	Middle School School Discus (.75kg)	NA	70-00
364	Middle School School Javelin (600g)	NA	60-00

[Please direct all questions about registration, entry guidelines, schedule and other meet information to info@nationalscholastic.org.](mailto:info@nationalscholastic.org)

Some notes about the standards:

QUALIFYING PERIOD

Due to the limited opportunities for competition, we have relaxed the qualifying period compared to our Outdoor National Championship event.

Qualifying marks must be made in one of the following seasons:

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Outdoors: 2019, 2020, 2021

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Actual event contested is in **bold**

Under no circumstances will time trial, dual/tri/quad meet marks or relay splits be accepted for entry or seeding purposes

Virtual meet performances may not be used for entry or seeding purposes.

Standards must be met in meets of 5 or more teams

Eligibility: see bottom of page

RELAY EVENTS

All four runners entered must be the same as those that ran the qualifying time

All star relays (teams with runners from more than one school) are permitted in all relay events.

Composite entries will be accepted in 800 medley, 1600 medley, distance medley,

Swedish medley and 4x1 mile only

Relay legs:

Mixed 4x400: order is team/coaches choice

800m Medley: 100-100-200-400

1600m Medley: 200-200-400-800

Distance Medley: 1200-400-800-1600

Swedish Medley Relay: 100-200-300-400 with start at 200m starting line.

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THERE ARE NO REFUNDS UNDER ANY CIRCUMSTANCES UNLESS THE MEET IS CANCELLED

Eligibility:

2021 Eligibility

The NSAF USA Meet of Champions in Myrtle Beach is a USATF sanctioned event. It is not a National High School Federation sanctioned event. The meet requirement is that students are legitimate high school or junior high school students. Those students do not represent their high school in any way at this meet, but compete unattached or for clubs. All entry fees are expected to be paid by the individuals or clubs.

Athletes specifically eligible to compete in **Championship and Emerging Elite events** are:

Full time students in grades 9-12 born September 1, 2001 or later.

Home-schooled athletes who meet the age requirements.

Full time students in grades 6 - 7 - 8 who are eligible to compete for a high school team in winter 2020 - 2021 or spring 2021.

Athletes specifically eligible to compete in **Freshman events** are:

Full time students in grade 9.

Home-schooled athletes who meet the age requirements.

Athletes specifically eligible to compete in **Middle School events** are:

Full time students in grade 6 - 7 - 8.

Home-schooled athletes who meet the age requirements.

ALL athletes must have been born September 1, 2001 or later.

In all cases the athlete must meet entry standards as detailed above

Specifically Ineligible to Compete are:

Athletes who graduated from high school in 2019 or January 2020.

Those athletes who were in their 5th year or later from 9th grade in the academic year 2019 - 2020.

Athletes in grade 5 or lower

USATF MEMBERSHIP IS RECOMMENDED FOR ALL ATHLETES

(NOT required for coaches or parents)

[USATF cards may be purchased at www.usatf.org](http://www.usatf.org).

A photo ID is **required** for identification when picking up your packet at registration.