

**U.S. HIGH SCHOOL GIRLS - 2014, INDOOR
16-Mar-2014**

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Those in red are performances made this week

- Senior; * Junior; ** Sophomore; * Freshman**

(please send additions/corrections to jispier@aol.com)

55m/60y (+ = 60 yards + .02) (' = en route)

6.74'	-MIKIAH BRISCO, Baton Rouge, LA	NBNI(1)	3.16
6.79'	-HANNAH CUNLIFFE, Federal Way, WA	NBNI(2)	3.16
6.85'	-CUNLIFFE	NBNI(1s3)	3.16
6.85'	-BRISCO	NBNI(1s1)	3.16
6.86'	-CUNLIFFE	NBNI(1h5)	3.15
----- 5 performances -----			
6.88'	-CAITLAND SMITH, Pelham, AL	NBNI(3)	3.16
6.94	*TEAHNA DANIELS, First Academy, Orlando, FL	Carnes(1)	1.18
6.94'	-SHANIA COLLINS, Huntingtown, MD	NBNI(4)	3.16

60m [conversion 60 to 55: .925 X 60m time]

7.26	-MIKIAH BRISCO, Baton Rouge, LA	NBNI(1)	3.16
7.30	-HANNAH CUNLIFFE, Federal Way, WA	NBNI(2)	3.16
7.31	-BRISCO	LA I(1)	2.22
7.35	-CUNLIFFE	U WA Prv(3)	1.18
7.35	-CUNLIFFE	NBNI(1h5)	3.15
----- 5 performances -----			
7.40	-CAITLAND SMITH, Pelham, AL	NBNI(3)	3.16
7.43A	*ALLEANDRA WATT, Pine Creek, Colorado Springs, CO	King(1)	1.19
7.46	-SHANIA COLLINS, Huntingtown, MD	NBNI(4)	3.16

200m

23.77A	-GABRIELLA CANTRELL, San Leandro, CA	Simplot(1)	2.15
23.81	-SHANIA COLLINS, Huntingtown, MD	NBNI(1h5)	3.15
23.82	-COLLINS	NBNI(1)	3.16
23.95	*ZOLA GOLDEN, Arlington, La Grangeville, NY	NBNI(1h10)	3.15
24.02	**SYMONE DARIUS, New Rochelle, NY	East(1)	2.24
----- 5 performances -----			
24.07	*CAROLYN BROWN, Hampton, VA	NBNI(2)	3.16
24.15	***LAUREN RAIN-WILLIAMS, Poly, Long Beach, CA	NBNI(4)	3.16

300m

37.91	*ZOLA GOLDEN, Arlington, La Grangeville, NY	NY S1(1)	2.19
38.01	**SYMONE DARIUS, New Rochelle, NY	NY S1(2)	2.19
38.07	**DARIUS	NB Games(1)	1.25
38.09	**DARIUS	NY S1 AA(1)	2.9
38.47	-SHANIA COLLINS, Huntingtown, MD	Va Tech(1)	2.1
----- 5 performances -----			
38.55	***SYDNEY MC LAUGHLIN, Union Catholic, Scotch Plains, NJ	Loughlin(1)	12.21
38.67	*SIERRA IRVIN, Hingham, MA	New Eng(1)	3.1

400m

53.49	-OLIVIA BAKER, Columbia, Maplewood, NJ	NBNI(1)	3.16
54.09	-BAKER	NJ(1)	3.1
54.15	*ZOLA GOLDEN, Arlington, La Grangeville, NY	NBNI(2)	3.16
54.17	*GOLDEN	NBNI(1h8)	3.15
54.40	*GOLDEN	East(1)	2.24
----- 5 performances -----			
54.53	*LAYLA WHITE, Cary, NC	NBNI(3)	3.16
54.61	**ANNA JEFFERSON, Oak Park, MI	NBNI(1h1)	3.15
54.69A	-MADDY PRICE, Atherton, Menlo, CA/CAN	Simplot(1)	2.15

400m - OVERSIZED

54.30	**ANNA JEFFERSON, Oak Park, MI	KY Inv(1)	2.22
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500m

1:12.43	-MARY CAIN, Bronxville, NY	Gotham(1)	1.10
1:14.07	-ELLISON GROVE, Battlefield, Haymarket, VA	VA N Reg(1)	2.24
1:14.85	-JEWEL CHRISTIAN, Woodbridge, VA	VA 6A(1)	3.1
1:15.12	*LAYLA WHITE, Cary, NC	NC 4A(1)	2.8
1:15.28	-SIDNEY HAYES, Mc Donogh, Owings Mills, MD	MIAA(1)	1.31
1:15.29	*MACKENZIE KERR, Freeman, Richmond, VA	VA 5A(1)	3.1
----- 5 performances (amateur), 1 performance (professional) -----			
1:15.59	-JESSICA HARRIS, Mount de Sales Academy, Catonsville, MD	Lg #3(1)	1.17

600m

1:30.58	-OLIVIA BAKER, Columbia, Maplewood, NJ	Arm Coll(1)	2.7
1:32.00	-MOLLY M C CABE, Bishop Guertin, Nashua, NH	New Eng(1)	3.1
1:32.01	-AMY PICCOLO, Ursuline Academy, Dedham, MA	New Eng(2)	3.1
1:32.13	*EMMA GALLAGHER, Garden City, NY	Arm Coll(2)	2.7
1:32.75	-YAZMIN WILSON-JONES, Port Richmond, Staten Island, NY	PSAL(1)	2.22
----- 5 performances -----			

800m

2:06.47	-ELISE CRANNY, Niwot, CO	NBNI(1)	3.16
2:08.51	-MARY CAIN, Bronxville, NY	Gotham(1)	1.10
2:08.92	*ERSULA FARROW, South, Grosse Pointe, MI	NBNI(2)	3.16
2:09.02	-CORINNE MYERS, Westwood, NJ	NBNI(3)	3.16
2:10.25	-JESSICA HARRIS, Mount de Sales, Catonsville, MD	NBNI(4)	3.16
2:10.52	-MYERS	NJ(1)	3.1
2:10.52	-VERONICA LYLE, Hewitt-Trussville, Trussville, AL	NBN(5)	3.16
----- 6 performances (amateur), 1 performance (professional) -----			

800m - OVERSIZED

2:10.17	*FARROW	Spire(1)	2.15
2:10.41	-ROSE CHRISTEN, Central Kitsap, Silverdale, WA	UW Inv(1)	2.1

1000m

2:35.80	-MARY CAIN, Bronxville, NY	NB BIG(1)	2.8
2:39.25	-CAIN	BU Inv(1)	1.16
2:48.70	-KARINA SHEPARD, Dracut, MA	MA(1)	2.22
2:49.29	-MADDY BERKSON, Classical, Providence, RI	New Eng(1)	3.1
2:49.47	-SHEPARD	Conf	2.7
2:49.63	-MACEY SCHWEIKERT, Robinson, Fairfax, VA	VA 6A(1)	3.1
2:51.27	-SHEPARD	MA Elite(1)	1.26
-----	5 performances (amateur), 2 performances (professional)	-----	-----
2:51.71	***GABRIELLE WILKINSON, Friends Central, Wynnewood, PA	Arm Coll(1)	2.7
2:53.17	*MAYA HALPRIN-ADAMS, Rindge and Latin, Cambridge, MA	MA(2)	2.22

1000m – OVERSIZED

2:47.64	***SOPHIE CANTINE, Lakeside, Seattle, WA	U WA Prv(5)	1.18
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1500m (4:35.0) ' = en-route

4:06.63 ‘	-MARY CAIN, Bronxville, NY	Terrier(1)	1.24
4:07.05 A	-CAIN	USATF(1)	2.23
4:11.56’	-CAIN	Millrose(1)	2.15
4:15.65’	*ALEXA EFRAIMSON, Camas, WA	Millrose(7)	2.15
4:21.18’	*EFRAIMSON	NBNI(1)	3.16
4:25.65’	-KENNEDY WEISNER, Elk County Catholic, St. Mary’s , PA	NBNI(2)	3.16
4:26.20’	-MILLIE PALADINO, University, Morgantown, WV	NBNI(3)	3.16
4:27.01’	**DANAE RIVERS, Wilbur Cross, New Haven, CT	NBNI(4)	3.16
-----	5 performances (amateur), 3 performances (professional)	-----	-----
4:26.48’	-CAROLINE ALCORTA, West Springfield, Springfield, VA	Millrose-HS(1)	2.15

Mile (+ = 1600m converted (+1.2))

4:24.11	-MARY CAIN, Bronxville, NY	Terrier(1)	1.24
4:27.73	-CAIN	Millrose(1)	2.15
4:32.15	*ALEXA EFRAIMSON, Camas, WA	UW Inv(4)	2.1
4:38.46	*EFRAIMSON	NBNI(1)	3.16
4:42.58	*BRIANNA SCHWARTZ, Shaler, Pittsburgh, PA	PA(1)	3.1
4:43.84	-MILLIE PALADINO, University, Morgantown, WV	NBNI(2)	3.16
4:45.20	-KENNEDY WEISNER, Elk County Catholic, St. Mary’s , PA	NBNI(3)	3.16
-----	5 performances (amateur), 2 performances (professional)	-----	-----
4:46.06	-CAROLINE ALCORTA, West Springfield, Springfield, VA	Millrose-HS(1)	2.15
4:48.17+A	-SARAH FEENY, Ogden, UT	Simplet(1)	2.15

Mile – OVERSIZED

4:43.20+	*SCHWARTZ	Spire(1)	2.15
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3000m (' = en-route)

9:31.09'	-TESSA BARRETT, Abington Heights, Clarks Summit, PA	NBNI(1)	3.16
9:31.10'	**HANNAH DE BALSII, Staples, Westport, CT	NBNI(2)	3.16
9:31.30'	*AUDREY BELF, Seaholm, Birmingham, MI	NBNI(3)	3.16
9:31.41'	*ANNIE HEFFERNAN, St. Ursula Academy, Cincinnati, OH	NBNI(4)	3.16
9:35.4'	-BARRETT	NBNI(1)	3.14
9:36.45	-BARRETT	PA(1)	3.1
----- 5 performances -----			
9:40.81	*MAKENA MORLEY, Bigfork, MT	NBNI(5)	3.16

3000m (' = en-route) – OVERSIZED

9:00.16	*ALEXA EFRAIMSON, Camas, WA	UW Inv(4)	2.1
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Two Miles (+ = 3200m + 4.0)

10:08.05	-TESSA BARRETT, Abington Heights, Clarks Summit, PA	NBNI(1)	3.16
10:10.90	*AUDREY BELF, Seaholm, Birmingham, MI	NBNI(2)	3.16
10:12.02	*ANNIE HEFFERNAN, St. Ursula Academy, Cincinnati, OH	NBNI(3)	3.16
10:12.95	**HANNAH DE BALSII, Staples, Westport, CT	New Eng(1)	3.1
10:16.0+'	-BARRETT	NBNI(1)	3.14
----- 5 performances -----			
10:21.85	*MAKENA MORLEY, Bigfork, MT	NBNI(5)	3.16

5000 Meters (17:20)

16:11.85	-TESSA BARRETT, Abington Heights, Clarks Summit, PA	NBNI(1)	3.14
16:37.50	**STEPHANIE JENKS, Linn-Mar, Marion, IA	NBNI(2)	3.14
16:56.83	-KIRSTEN OLLING, Breckenridge, MI	Sag Val(1)	2.8
16:58.35	-CLAIRE HOWLETT, Westhill, Stamford, CT	NBNI(3)	3.14
17:01.71	*KELLI JACKSON, Hudsonville, MI	Sag Val(2)	2.8
----- 5 performances -----			

55m HH (8.10) ' = en route time

7.53'	-DIOR HALL, George Washington, Denver, CO	NBNI(1)	3.16
7.62'	-HALL	NBNI(1s3)	3.16
7.68'	-HALL	NBNI(1h2)	3.15
7.75'	-QUENEE' DALE, Saline, MI	NBNI(2)	3.16
7.77 '	**ALEXIS DUNCAN, De Soto, TX	NBNI(3)	3.16
----- 5 performances -----			
7.79'	-CHANTEL RAY, Hampton, VA	NBNI(4)	3.16
7.80'	*CIARA LEONARD, Cheltenham, Wyncote, PA	NBNI(5)	3.16

60mHH [conversion 60 to 55: .925 X 60m time]

8.11	-DIOR HALL, George Washington, Denver, CO	NBNI(1)	3.16
8.18A	-HALL	CSM INv(1)	2.1
8:20A	-HALL	Simplot(1)	2.15
8.21	-HALL	NBNI(1s3)	3.15
8.27A	-HALL	AF Inv(1)	1.11
----- 5 performances -----			
8.35	-QUEENEE' DALE, Saline, MI	NBNI(2)	3.16
8.37	-CHANTEL RAY, Hampton, VA	KY Inv(1)	2.22
8.37	**ALEXIS DUNCAN, De Soto, TX	NBNI(3)	3.16
8.40	*CIARA LEONARD, Cheltenham, Wyncote, PA	NBNI(5)	3.16

4 X 200m

1:38.41	NEW ROCHELLE, NY	NBNI(1)	3.16
1:38.59	PARKLAND, Winston-Salem, NC	NBNI(2)	3.16
1:38.60	PARKLAND	NBNI(1h3)	3.15
1:38.99	NEW ROCHELLE	NBNI(1h5)	3.15
1:38.99	COLUMBIA, Maplewood, NJ	Millrose(1)	2.15
----- 5 performances -----			
1:39.00	CHELTENHAM, Wyncote, PA	NBNI(3)	3.15
1:40.49	OAK PARK, MI	NBNI EE(1)	1.14

4 X 400m

3:46.31	OAK PARK, MI	NBNI(1)	3.16
3:46.42	COLUMBIA, Maplewood, NJ	Mill-Sub(1)	2.15
3:47.23	COLUMBIA	NBNI(2)	3.16
3:47.30	COLUMBIA	Arm Coll(1)	2.7
3:48.06	COLUMBIA	MI Tri-NJ(1)	1.15
----- 5 performances -----			
3:48.60	MILFORD MILL, Baltimore, MD	Va Tech(1)	2.1
3:49.92	WESTERN BRANCH, Chesapeake, VA	NBNI(3)	3.16
3:50.51	WAKEFIELD, Raleigh, NC	NBNI(5)	3.16

4 X 400m – OVERSIZED

3:47.02	OAK PARK	KY Inv(1)	2.22
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4 X 800m (9:27.0)

9:00.62	FREEHOLD TOWNSHIP, NJ	NBNI(1)	3.15
9:05.40	COLUMBIA, Maplewood, NJ	East(1)	2.24
9:06.35	CARDOZO, Queens, NY	NBNI(2)	3.15
9:07.06	WEST SPRINGFIELD, Springfield, VA	NBNI(3)	3.15
9:07.08	CENTRAL BUCKS SOUTH, Warrington, PA	NBNI(4)	3.15
----- 5 performances -----			

4 X Mile (21:15.0) + = 4x1600m + 6.0 secs

20:28.56	BLACKSBURG, VA	NBNI(1)	3.15
20:34.05	OAKTON, Vienna, VA	NBNI(2)	3.15
20:40.10	UNIONVILLE, PA	NBNI(3)	3.15
20:53.03	HADDONFIELD, NJ	NBNI(4)	3.15
21:02.16	SALINE, MI	NBNI(5)	3.15
----- 5 performances -----			

Sprint Medley Relay

3:57.19	COLUMBIA, Maplewood, NJ	NBNI(1)	3.15
4:02.68	WILBUR CROSS, New Haven, CT	NBNI(2)	3.15
4:02.90	ST. ANTHONY'S, South Huntington, NY	NBNI(3)	3.15
4:03.14	WESTWOOD, NJ	NBNI(4)	3.15
4:03.37	ST. ANTHONY'S	Millrose(1)	2.15
----- 5 performances -----			
4:03.62	MC DONOGH, Owings Mills, MD	NBNI(5)	3.15

Distance Medley Relay

11:43.39	WEST SPRINGFIELD, Springfield, VA	NBNI(1)	3.14
11:43.94	HADDONFIELD, NJ	NBNI(2)	3.14
11:45.79	STAPLES, Westport, CT	NBNI(3)	3.14
11:52.08	CARDOZO, Queens, NY	NBNI(4)	3.14
11:56.08	MT. ST. DOMINIC ACADEMY, Caldwell, NJ	East(1)	2.24
----- 5 performances -----			

4 x 55m Hurdles [5 flights]

31.35	HOOVER, AL	NBNI(1)	3.15
31.46	WESTERN BRANCH, Chesapeake, VA	NBNI(2)	3.15
31.87	WINSLOW TOWNSHIP, Atco, NJ	NBNI(3)	3.15
32.50	WESTERN BRANCH	Wint Brk(1)	12.21
32.72	SANDERSON, Raleigh, NC	NBNI(4)	3.15
----- 5 performances -----			
33.09	KELLENBERG, Uniondale, NY	NBNI(5)	3.15

High Jump

5-10.5	-ELLEN DI PIETRO, Marshfield, MA	NBNI(1)	3.14
5-10	-DI PIETRO	Hol Chall(1)	12.28
5-09!	-DI PIETRO	Hol Chall	12.28
5-09	-DI PIETRO	New Eng(1)	3.1
5-08.75	*JANAE MOFFITT, Oak Hill, Converse, IN	IWU Clsc(1)	1.19
5-08.75	-PEYTON WADE, Aurora Christian, Aurora, IL	Dawson(1)	2.1
----- 6 performances -----			
5-08.5	*CYRE VIRGO, Fleetwood, PA	NBNI(2)	3.14
5-08.5	-MEGAN MC CLOSKEY, Germantown Academy, Fort Washington, PA	NBNI(3)	3.14

Pole Vault

14-02.75	-DESIREE FREIER, Justin Northwest, Justin, TX	NBNI(1)	3.16
14-00	-FREIER	Millrose(1)	2.15
13-08.5!	-FREIER	NBNI	3.16
13-07	-FREIER	Ark HS Inv(1)	1.18
13-06.5!	-FREIER	Millrose	2.15
13-06.5	*LEXI WEEKS, Cabot, AR	USATF AR(1)	2.22
----- 6 performances -----			
13-04.5	-KALLY LONG, Wimberley, TX	NBNI(2)	3.16
13-04.5	*OLIVIA GRUVER, Franklin, Reierstown, MD	NBNI(3)	3.16
13-02	-ALEXIS ROMERO, Wooster, Reno, NV	PV Summit(1)	1.18
13-02	-GRETA WAGNER, Los Gatos, CA	PV Summit(2)	1.18

Long Jump

20-08.75	-KETURAH ORJI, Mount Olive, Flanders, NJ	NB Games(1)	1.25
20-08	-ORJI	East(1)	2.24
20-05.75A	-CHYNA RIES, East, Denver, CO	CSM Inv(1)	2.1
20-05.25	-ORJI	NBNI(1)	3.15
20-04.25A!	-RIES	CSM Inv	2.1
----- 5 performances -----			
19-11.5	*KATE HALL, Lake Region, Naples, ME	NBNI(2)	3.15
19-08.25	-MIA BARRON, Minnetonka, MN	NBNI(3)	3.15
19-06.75	*MILAN PARKS, Western Branch, Chesapeake, VA	Conf(1)	1.6

Triple Jump

44-02	-KETURAH ORJI, Mount Olive, Flanders, NJ	NBNI(1)	3.16
44-00	-ORJI	Varsity(1)	2.4
43-11.5	-ORJI	East(1)	2.24
43-03.5!	-ORJI	Varsity	2.4
43-03.25!	-ORJI	NBNI	3.16
----- 5 performances -----			
41-03.75	-DARRIELLE MC QUEEN, North Florida Christian, Tallahassee, FL	NBNI(2)	3.16
41-00.25	-MIA BARRON, Minnetonka, MN	NBNI(3)	3.16
40-06.25	-JAVONNE ANTOINE, Elizabeth Seton, Bladensburg, MD	NBNI(4)	3.16
40-03.25	**CHINNE OKORONKWO, Mountlake Terrace, WA	NBNI(5)	3.16

Shot Put

56-07.5	-RAVEN SAUNDERS, Burke, Charleston, SC	NBNI(1)	3.15
55-11.75!	-SAUNDERS	NBNI	3.15
55-09.25!	-SAUNDERS	NBNI	3.15
53-10.25	-ASHLIE BLAKE, Liberty, Henderson, NV	NBNI(2)	3.15
53-08.25	-SAUNDERS	Hol Inv(1)	12.21
----- 5 performances -----			
53-08.25	-STAMATIA SCARVELIS, Dos Pueblos, Goleta, CA	Simplot(1)	2.15
50-00	-LENA GIGER, Highland, IL	NBNI(4)	3.15
47-07	-JASKIRAN DHALIWALL, Grand Island, NY	S6 Gp#3(1)	12.21

Weight Throw (20#) [indoor throws only]

64-11	-GABY FIGUEROA, Austintown-Fitch, Youngstown, OH	Kent Open(1)	3.2
62-08	-FIGUEROA	YSU HS#3(1)	2.8
62-01.75	-FIGUEROA	NBNI(1)	3.16
61-09	-FIGUEROA	YSU HS#4(1)	2.15
60-00.5	-NYLA WOODS, Grady, Atlanta, GA	NBNI(2)	3.16
----- 5 performances -----			
59-09.5	-MOHOGANY BAKER, Berry Academy, Charlotte, NC	NBNI(3)	3.16
59-00	*HALEY SHOWALTER, Valor Christian, Highlands Ranch, CO	Simplot(1)	2.13
58-11.5	-KELLI THOMAS, Luella, Locust Grove, GA	Indoor AG(1)	12.28

Pentathlon (3100)

3706	-SHAINA BURNS, South, Lakeville, MN	NBNI(1)	3.15
3503	-BURNS	Inv	2.1
3447	-JORDAN GRAY, Kennesaw, GA	NBNI(4)	3.15
3373	*MAYA NEAL, Neuqua Valley, Naperville, IL	NBNI(5)	3.15
3328	-KELSEY SULLIVAN, Marshfield, MA	NBNI(6)	3.15
----- 5 performances -----			
3208	*MEAGAN MEADOW, Brentwood Academy, Brentwood, TN	NBNI(7)	3.15

Mile Walk (7:45.0) ((+ = 1600m converted (+2.0))

7:19.22	*ASHLEIGH RESCH, Yellow Springs, OH	NBNI(1)	3.15
7:22.67	-KATIE MICHTA, Sachem North, Ronkonkoma, NY	NBNI(2)	3.15
7:28.16	**MEAGAN ALLEN, Arlington, MA	NBNI(3)	3.15
7:31.10	*KATHERINE NEWHOFF, East Islip, NY	NBNI(4)	3.15
7:33.13	*ALEXANDRA BENNETT, Kings Park, NY	NBNI(5)	3.15
----- 5 performances -----			