Everything You Ever Wanted to Know about the 2013 IAAF World Youth Championships

What is the IAAF World Youth Championships?

It is a track and field competition held every two years for athletes aged 16 and 17. This year the age requirement is for those born in 1996 and 1997.

http://en.wikipedia.org/wiki/IAAF World Youth Championships in Athletics

Where is it held?

In 2013 it will be held in Donyetsk, Ukraine, July 10-14, 2013.

http://www.iaaf.org/news/news/donetsk-2013-world-youth-championships-prepar

How does one qualify?

By attending the 2013 USATF Youth Championships in Edwardsville, IL and meeting the World Youth qualifying standards (see below). The marks must be achieved between October 1, 2012 and June 24, 2013. These are the qualifying standard for the IAAF World Youth Championships.

Boys		Event	Girls	
Electric	Hand		Electric	Hand
Time	Time		Time	Time
11.15	10.9	100m	12.45	12.2
22.75	22.5	200m	25.55	25.3
49.95	49.8	400m	57.6	57.2
01:55.0		800m	02:13.5	
04:01.0		1500m	04:36.0	
		100m H (0.762m)	14.55	14.3
14.4	14.1	110m H (0.914m)		
		400m H (0.762m)	01:02.8	01:02.7
55.8	55.6	400m H (0.838m)		
06:14.0		2000m SC	07:14.0	
		Race Walk 5000m	25:30.0	
48:30.0		Race Walk 10,000m		
2.03/6-8		High Jump	1.76/5-9.25	
4.55/14-11		Pole Vault	3.70/12-1.5	
7.20/23-7.5		Long Jump	5.90/19-4.25	
14.60/47-10.75		Triple Jump	12.30/40-4.25	
17.70 (5kg)/58-1		Shot Put	13.50 (3kg)/44-3.5	
53.50 (1.5kg)/175-6		Discus Throw	42.00 (1kg)/137-9	
63.00 (5kg)/206-8		Hammer Throw	52.00 (3kg)/170-7	
63.00 (700g)/206-8		Javelin Throw	46.00 (500g)/150-11	
		Heptathlon	4650	
5600		Octathlon		
No standard		Medley Relay	No standard	

Also, 3000m: 8:48.0 9:53.0

What are the standards for the 2013 USATF Youth qualifier?

Events in **bold** will be contested at the Youth World Championships Trials June 25 – June 26, 2013. Events listed directly below those being contested may be used as alternates for qualifying. See Qualifying Guidelines below for full details.

Qualifying window: October 1, 2012 - June 26, 2013

<u>Boys</u>		<u>Girls</u>	
100m	10.79	100m	11.86
200m	22.15	200m	24.75
400m	49.00	400m	55.94
800m	1:57.00	800m	2:18:00
1500m	4:08.77	1500m	4:49.11
1600m	4:26.77	1600m	5:07.11
Mile	4:27.77	Mile	5:08.11
3000m	9:03.00	3000m	10:48.50
3200m	9:33.00	3200m	11:18.50
110m Hurdles (39")	15.85	100m Hurdles (33")	14.83
110mH (36")	15.65	100mH (30)	14.63
400m Hurdles (36")	55.13	400m Hurdles (30")	1:03.14
300mH (30")	39.03	300mH (30")	44.14
300mH (36")	39.53	2000m Steeplechase	no standard
400mH (30")	54.93	High Jump	1.54m/5-0.5
2000m Steeple	no standard	Long Jump	5.61m/18-4.75
High Jump	1.90m/6-2.75	Triple Jump	11.76m
Long Jump	6.89m/22-7.25	Pole Vault	3.40m/11-1.75
Triple Jump	14.07m/46-2	Shot Put (3kg)	
Pole Vault	4.37m/14-4	Shot Put (4kg)	12.30m/40-4.25
Shot Put (5k)		Discus Throw (1kg)	38.61m/126-8
Shot Put (12lb)	16.12m/52-10.75	Javelin Throw (500g)	
Discus (1.5kg)		Javelin Throw (600g)	35.40m/116-2
Discus Throw(1.6kg)	48.79m/160-1	Hammer Throw (3kg)	
Javelin (700g)		Hammer Throw (4kg)	34.53m/113-3
Javelin 800g)	52.92m/173-7	Heptathlon	no standard
Hammer (5k)			
Hammer (12lb)	52.20m/171-3		
Octathlon	no standard		

The 10,000m Race Walk will be contested at the USA Junior Outdoor Track & Field Championships in Des Moine, IA.

All qualifying performances for running events must be made on a standard indoor or 400m outdoor track.

Qualifying marks must be made in accordance with USATF Rule 149 and verifiable in one of the following:

USATF- or IAAF-sanctioned events that prescribe to or exceed USATF competition rules, or high school meets, except dual and triangular meets.

All qualifying marks must be attained during the qualifying windows shown above.

Fully automatic timing (F.A.T.) is the only method of timing acceptable for qualifying marks for events equal to or shorter than 200 meters.

A manual time may be used for qualifying for events of 400 meters and longer only if no F.A.T. qualifying time exists for the race during the qualifying period. A manual time may not supersede any F.A.T. qualifying time for an event. Qualifying manual times, for eligible events, are the F.A.T. qualifying time without the last zero for events 2000m and longer; the F.A.T time minus 0.14 for events 400m - 1 Mile. The seed time for a submitted manual time will be in accordance with USATF Rule 76. Times submitted in hundredths of a second must be F.A.T. times.

The Youth Athletics Committee Chair will adjust the standards, where necessary, 30 days prior to the competition, based on received entries at that time. Therefore, early submission of an entry close to the standard is advised.

All performances are subject to verification.

How many qualify per event?

Generally the first two who meet the World Youth Qualifying Standards. However, it's a bit more complicated that:

- If no first or second placer attains the World Youth qualifying standard during the USATF qualifier and does not have a World Youth qualifying mark in the prescribed qualifying period, then the next one or two who have met that standard during that period are eligible for the World Youth team.
- Because of financial constraints, just because one meets the World Youth qualifying standard and finishes in the top 2 does not necessarily mean that he/she will be named to the team.

Generally a committee selects those who they believe will make it to the World Youth finals. This from Mike Kennedy's synopsis of the 2011 team selection:

In 2011 the U.S. sent a team of 41 athletes based on a demonstrated, by performance, ability to make the finals at the WYC. Even with those tough standards—standards that were much tougher than the IAAF standards—at least ten athletes who met that standard were not selected for the U.S. team. When the meet was concluded 75 percent of the U.S. entrants had reached the finals. At this time the number of athletes the U.S. will send to the IAAF World Youth Championships, according to the USATF web site, is "up to 40".

The 2011 team:

	GIRLS		BOYS
100m	Myasia Jacobs	100m	Ronald Darby
100M	Jennifer Madu	200	Mondia Barby
200m	Bealoved Brown	200m	Aldrich Bailey
200m	Kyra Jefferson	200m	Arman Hall
400m	Kendall Baisden	400m	Aldrich Bailey
400m	Robin Reynolds	400m	Najee Glass
800m	Ajee Wilson	800m	Cameron Thornton
	,		
800m	Amy Weissenbach	800m	Tre'tez Kinnaird
1500m	Camille Chapus	1500m	Jacob Burcham
1500m	Hannah Meier		
3000m	none	3000m	none
100m Hurdles	Kendell Williams	110m Hurdles	Todd Gurley
100m Hurdles	Trinity Wilson		
400m Hurdles	Amber Bryant-Brock	400m Hurdles	Jonathan Russell
400m Hurdles	Nnenya Hailey		
		10,000 RW	Tyler Sorensen
2000m Steeplechase	Brianna Nerud		
2000m Steeplechase	Madeleine Meyers		
High Jump	none	High Jump	Justin Fondren
Pole Vault	Sydney White	Pole Vault	Jacob Blankenship
Long Jump	none	Long Jump	Cameron Burrell
Triple Jump	Carla Forbes	Triple Jump	Imani Brown
Triple Jump	Jennifer Madu	Triple Jump	Jaelen Spencer
Shot Put	Torie Owers	Shot Put	Braheme Days
Shot Put	Chamaya Turner	Shot Put	Tyler Schultz
Discus	Shelbi Vaughan	Discus	Ethan Cochran
Discus	Chamaya Turner		
Hammer	none	Hammer	Rudy Winkler
Javelin	Haley Crouser	Javelin	none
Heptahtlon	Kendell Williams	Octathlon	None

In what events are the U.S. athletes most competitive?

Generally those in which the U.S. has been traditionally the strongest. The table above gives a good indication.

What else should I know:

Athletes are responsible for their entry, declaration and travel expenses. Go to usatf.org in early 2013 for entry fees, entry standards and entry deadline dates.

In 2011, there were at least two athletes who did not have a US passport and, though they had made the team, were not allowed to go. It is imperative that all competitors who have a legitimate chance of making the US team in 2013 have a valid US Passport. They will not be named to the team if they do not.

As is 2011, it is likely that that the team, once named on or about June 27, 2013, will stay near Edwardsville and travel directly to Donetsk from Chicago. All travel expenses, of course, will be paid for by USATF.

The USATF typically brings a significant staff accompanying the athletes. They include coaches, managers, medical staff and sports psychologists.

In order to achieve marks, performances MUST be made in the events themselves. That is, there must be marks in the 400m hurdles (NOT 300m hurdles), 1500 meters (not 1600m or mile) and 3000 meters (not 3200m or two miles). Official automatic-timed en-route times for the 1500m and 3000m are acceptable.

There has also been a change in the girls' weights. The shot and hammer implements are 3kg rather than 4kg, and the javelin is 500g rather than 600g.

How have US athletes performed historically at the IAAF Youth Championships?

US youth athletes follow the pattern of their senior counterparts. The US is traditionally strong in the 100 meters through the 800 meters, shot put and discus; the girls' hurdles, 1500 and steeplechase and the boys' 110m hurdles. Here are some examples from 2011 of some of the US's least strong events (mark in parenthesis is an average from the 2009 and 2011 IAAF World Youth Championships for what it took to make the final):

Men 1500m (3:53.69, or about 4:11 for the mile)

Jacob Burcham finished 7th in 3:46.55, a major accomplishment (and equal to about a 4:04 mile). Ethiopian and Kenyan athletes split the top 4 places, with the winning time of 3:39.13 and 4th place at 3:40.60.

Women 1500m (4:30.27, or about 4:51 for the mile)

It was a very good year for the Americans with US athletes taking 5th (Cammie Chapus) and 9th (Hannah Meier). It was an accomplishment to have both Americans in the final. Kenya was first and Ethiopia second and third, with the winner running 4:09.48 and third place 4:11.56. Chapus ran a PR 4:17.12 for 5th.

Men 3000m (8:26.63 or 9:06 for 2M) and Women 3000m (9:34.63 or 10:20 for 2M)

There were no qualifiers for the US, or at least none who the US staff would make the final. Kenyan Wiliam Sitonek won the Men's event in 7:40.10 and third place was timed in 7:40.89. Those times would be the equivalent of about 8:20 for 2 miles! The US sophomore and junior 3000m class records, respectively, are 8:18.24 and 8:08.86. Compared to the 6 finalists who were under 7:58 at this event, the US has to make significant progress to be competitive.

On the women's side, the medalists all ran under 8:59.0, with the top 7 under 9:12. Our sophomore and junior class records are 9:21.99 and 9:16.35, respectively. Like the men, more progress is needed in order to be competitive on the world stage.

Men 2000m Steeplechase (5:56.21)

The Kenyans "own" this event on every level. They took 1-2 in the 2011 champs, running 5:28.65 and 5:30.49, respectively. There were seven under 5:47.0. Our sophomore and class records are 6:01.97 and 5:47.0. There might be a better chance here for a US qualifier than in the 3000m.

Women 2000m Steeplechase (6:55.13)

It was a great year for the US athletes, with Maddie Meyers and Brianna Nerud finishing 6-7. Their times, 6:29.20 and 6:29.56, still rank 1-2 on the US all-time list. The three medalists ran under 6:22, so the Americans were within range of getting a medal.

Men 110m Hurdles (36") (13.81, or 14.11 for 39" hurdles)

Only one American made the team in 2011 (Todd Gurley, now star running back for the U of Georgia). He did not make the final. The medalists ranged from 13.41 to 13.51. The two favorites to make the team this year are juniors Isaiah Moore (13.94) and Marlon Humphrey (13.96)

Men 400m Hurdles (33") (52.35, or 53.35 for 36" hurdles)

Six finalists ran 51.50 or better. Our one athlete did not make the final. The top eligible US athlete so far has run 53.88. (The US has not had a finalist in the last 2 WYC).

Women High Jump (5-8.75)

There were no US high jumpers on the team. The event was won at 6-1.5 with third at 5-11.5. Gabrielle Williams, a 2012 US Olympic Trials qualifier, has a definite "shot" with a best of 6-2.25 in 2012.

Men High Jump (6-8.75)

Justin Fondren, our only entrant, go the bronze medal at 6-11.75, same as the winner, but go third on fewer misses than first or second. Randall Cunningham, a half-foot ahead of his nearest youth competitor at 7-2, is a big hope for 2013.

Women Pole Vault (12-7.5)

Sydney White, the lone US entrant in the pole vault, made the final and finished 8th at 13-1.5, close to her PR. The event was won by Desiree Singh of Germany at 13-11.25. There are 3 youth entrants at 13-0 or better, so the US has a decent shot.

Men Pole Vault (15-7)

Jacob Blankenship, the only US entrant, got the bronze jumping 16-6.75. The gold was won at 17-2.75. At the moment there are no US jumpers over 15-9.

Women Long Jump (19-3.25)

We sent no one in 2011. The medalist jumps ranged from 20-5 to 20-1.5. Chyna Ries at 20-5.75 is the best current American, with only 2 others jumping 19-7 and 19-11.25

Men Long Jump (23-9.5)

The US sent one athlete (Cameron Burrell), but he did not make the final. The medalists' jumps ranged from 24-4.25 to 25-8.25. We have one athlete (Nathaniel Moore) at 24-7.75 with no one else over 23-9.

Women Triple Jump (41-3.75)

We sent two (Carla Forbes and Jennifer Madu) but neither made the final. The medalists' jumps ranged from 42-4.75 to 44-8.25. The US currently has two forty-footers (40-10.25 and 40-3).

Men Triple Jump (49-00.25)

Like the women, we sent two and neither made the final. The medalists' jumps ranged from 50-10.75 to 52-8.25. The US has two 49-footers, one at 49-6.5 and one at 49-0.

Women Discus (153-0)

The US sent two, and Shelbi Vaughan, the current US high school record holder, got the bronze at 172-6. The winner threw 175-6. The US has three youth athletes who have thrown 150-0 or better, the best at 157-7.

Men Discus (1.5kg) (182-2, or 172-2 for "HS" discus)

The US sent one, Ethan Cochran, and he got the silver (201-4 with the youth weight discus). The winner threw 219-11. The US best going in to 2013 is 181-7 with the high school disc.

Women Javelin (500g) (157-0, or 153-0 for 600g javelin)

The US brought current national high school record holder Haley Crouser who finished fourth at 170-6. The medalists' throws ranged from 173-1 to 196-0. The current leading youth returnee is at 145-5, with ne other over 140'. (There are two US girls who are too young for the 2013 World Youth champs, 8th graders in 2012, who have thrown over 150' but would not be eligible).

Men Javelin (700g) (221-0, or 201-0 for 800g javelin)

The US did not have an entrant. The medalists' throws ranged from 254-8 to 272-2. That was with the 700 gram javelin (vs. the 800 gram high school javelin). Even with a difference of, say, 10% to allow for the 100 gram difference, the medalists' throws would have ranged from 229' to 245'. Our best youth returnees for 2013 are at 196-11 and 193-2.

Women Hammer (3kg) (202-7, or 172-7 for 4kg hamme)

The US sent no one. The medalists' throws ranged from 186-2 to 187-5. The leading 2013 youth athlete has thrown 156-2, with two others over 150'.

Men Hammer (5kg) (220-1, or 200-1 for "HS" hammer)

The US sent one competitor, Rudy Winkler, who finished 9th with a throw of 223-7. Keep in mind that the youth weight hammer is 11 pounds (vs. the US high school weight of 12 pounds). The medalists' throws ranged from 243-0 to 271-0. The leading 2013 youth athlete has thrown 198-3, the only one over 190'.

Heptathlon (women) (4895)

The US sent one competitor, Kendell Williams, who finished 11th with 5101 points. The medallists' scores ranged from 5532 to 5697. Gabrielle Williams, the aforementioned high jumper is the leading returnee at 5029 points, with the next best just over 4700 points.

Octathlon (men) (5605)

The US sent no one. The medalists' scores ranged from 5966 to 6491 (world record). The leading US youth eligible athletes have scored 6393 and 6400 points for the decathlon (an extra 2 events, of course). Note that the only competition prior to the 2013 US World Youth qualifying meet will be at the 2013 New Balance Nationals Outdoor in June, 2013. Qualifying from the US World Youth qualifying will be too late to achieve a mark (but it will show the staff how competitive the potential qualifiers are).

Note: Thanks to Mike Kennedy for providing information on the 2013 World Youth qualifiers and lots of other pertinent stats.