

## Gatorade 03 Recover



### **Gatorade is excited to provide Recover 03, part of the new G-Series, to every participant**

- G-Series is a new 3-part series that provides fuel, fluid and nutrients before, during and after activity
- With 16 grams of protein, Recover 03 is a protein beverage formulated to also quench your thirst
- Drink within 30-60 minutes after your competition to help muscle recovery