8K CROSS COUNTRY COURSE
Start down the hill (gray line)
Turn left into the inner loop
Complete ONE lap around inner loop (gray line)
Turn left, exiting out of the inner loop
Complete TWO laps around the outer loop (red line)
Return up the hill a third time to the finish (black line)
GREAT AMERICAN XC FESTIVAL
WAKEMED PARK - CARY, NC
1 MILE
7K
1K
4 MILES
2 MILES
6K
3K
2K
3 MILES
5K
START
FINISH