

## NACACTFCA BOARD OF DIRECTORS

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## CONGRESS GUEST SPEAKERS

### SPECIAL GUEST LECTURER:

**Frans Bosch (NED)** has coached elite sprinters and high jumpers and is an instructor for several Dutch national sport federations, teaching anatomy and biomechanics. Since 2005, He has taught Applied Science at Fontys University and wrote *Running: Biomechanics and Exercise Physiology Applied in Practice* with Ronald Klomp in 2001.

**Bradley Cooper (BAH)** competed in discus at the 1984 & 1988 Olympics and won the Commonwealth Games. His personal best was 67.10 metres in 1986 and he was the NCAA discus champion for Florida State. He coached throws at FSU before serving as Minister of Recreation for Bahamas, and coaches athletes including Delron Inniss, the Bahamian national hammer record holder.

**Dr. Jim Denison (CAN)** professor in socio-cultural studies of sport at University of Alberta & Director of the Canadian Athletics Coaching Centre. As the Director of the Coaching Centre, he has much background in the practical aspects of coaching and scholarly work in Foucaultian theory. Denison has key insights into the LTAD model.

**Dr. Walter Salazar (CRC)** coaches current 400m World Champion Nery Brenes, studied at the University of Costa Rica, and has a PhD from Arizona State. A keen observer of the human body and spirit, he favors scientific inquiry in athletic training, utilizing hurdling experience, psychology, video analysis, and racing tactics for 400 meters.

**Peter Thompson (GBR)** 50 years in international athletics, coaching distance athletes on 5 continents, national and world record holders, athletes in the Olympics, Commonwealth Games, World Champs, Road and Cross Country Worlds. He was Daley Thompson's first coach, coached Cathie Twomey, World Best 20 Km and world-ranked for 5000m, and Marty Cooksey, World Number 1 ranked road racer in 1986. Thompson was involved with IAAF Coaching Education for several years as a lecturer and also served as the EACA distance lecturer.

## 2012 CONGRESS PROGRAM

### TENTATIVE

#### Thursday, October 4

<b>3:00pm-6:00pm</b>	<b>Registration</b>
<b>7:00pm-9:00pm</b>	<b>Welcome Reception</b>

#### Friday, October 5

<b>9:00-10:00am</b>	<b>Opening Ceremonies</b>
<b>10:15-12:00pm</b>	<b>Special Presentation</b> <b>Frans Bosch</b>
<b>12:00-1:15pm</b>	<b>Mondo Lunch</b>
<b>1:30-3:00pm</b>	<b>Throws – Bradley Cooper</b>
<b>3:15-4:45pm</b>	<b>Coaching – Dr. Jim Denison</b>
<b>4:45-5:30pm</b>	<b>Roundtable Discussion</b>
<b>7:00pm</b>	<b>Night on own in Nassau!</b>

#### Saturday, October 6

<b>9:00-10:30am</b>	<b>Distances – Peter Thompson</b>
<b>10:45-12:15pm</b>	<b>Sprints – Dr. Walter Salazar</b>
<b>12:15-12:30pm</b>	<b>Group Picture outside hotel</b>
<b>12:30-1:45pm</b>	<b>Nordic Sport Lunch</b>
<b>1:45-3:30pm</b>	<b>Tutorial Sessions – Lecturers</b> <b>and Guests Coaches</b>
<b>3:45-4:45pm</b>	<b>Coaching Roundtable</b>
<b>4:45-5:15pm</b>	<b>Raffle</b>
<b>7:00-10:30pm</b>	<b>Banquet &amp; Entertainment</b>

#### Sunday, October 7 Departures

*\* Simultaneous translation in English and Spanish*



**Proud sponsors of NACACTFCA**



**CONGRESS HEADQUARTERS**  
**SHERATON NASSAU BEACH RESORT & CASINO**

The *Sheraton Nassau Beach* has been selected as headquarters for the 22<sup>nd</sup> NACACTFCA Congress. The hotel offers a rate of \$168.62 USD for a single and \$168.62 USD for a double per night (\$84.31 per person), including all taxes and the resort fees. **Please make your own reservation by 5:00pm September 30; the Congress registration fee doesn't include hotel.**

Please make your reservation with:

**Charmayne Duncombe – Sheraton Nassau Beach Resort & Casino:** [sheratonnassau.com](http://sheratonnassau.com) [charmayne.duncombe@sheraton.com](mailto:charmayne.duncombe@sheraton.com), or call 1-888-627-7812. Last day for booking this package 3pm September 30, 2012

Make sure you make reservation by September 30<sup>th</sup> 2012 and mention NACACTFCA Congress for the special rate. Make your reservation on time since the rooms with that rate are limited.

Please visit the NACACTFCA web site:  
[www.nacactfca.org](http://www.nacactfca.org)



CENTRAL AMERICAN & CARIBBEAN  
ATHLETIC CONFEDERATION  
CONFEDERACION CENTROAMERICANA Y DEL  
CARIBE DE ATLETISMO

**NACACTFCA CONGRESS  
REGISTRATION**

NAME \_\_\_\_\_

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**CONGRESS REGISTRATION FEE**

**\$175.00 for coaches from  
NACACTFCA member federations**

**\$225.00 for coaches of non-member federations**

Congress fee includes all registration, materials, proceedings, T-shirt, welcome reception, door prizes, luncheon, banquet, ground transportation. **(To provide ground transportation we must receive your arrival information by September 30<sup>th</sup>).**

**\*In order to get the \$175.00 registration fee your national federation and / or coaching organization must have paid the national membership fee.**

Complete above registration form & return with International Bank Draft, Traveler Check or Money Order to:

**Víctor López - PO Box 4770  
Carolina, Puerto Rico 00984-4770  
(787) 762-5400 – Office / (787) 253-2982 FAX  
(787) 367-1421 Mobile**

email: [victorlp8@aol.com](mailto:victorlp8@aol.com) / [rmercado@sjs.org](mailto:rmercado@sjs.org)

**\*Personal Checks will not be accepted\***



**22<sup>nd</sup> NACACTFCA  
INTERNATIONAL  
ATHLETICS  
CONGRESS**

*New Frontiers in  
Athletics Coaching*

**October 4-7, 2012  
SHERATON NASSAU BEACH  
RESORT & CASINO**