

Nike Cross Heartland Regional - 11/15/2008

Sioux Falls, SD

Performance List - Saturday

Event 1 Boys 5k Run CC Freshman-Sophomore

Saturday 11/15/2008 - 10:30 AM

Comp#	Name	Year	School	Seed Time	Finals	Place
1	1 Dustin Dvorak	13	3-D Running, Yankton, SD		_____	_____
2	13 Ethan Olson	11	Adrian X-Tra, adrian, MN		_____	_____
3	14 Jase Pater	12	Adrian X-Tra, Adrian, MN		_____	_____
4	18 Nick Reyne	13	Adrian X-Tra, Rushmore,		_____	_____
5	37 Austin Hamm	12	Bloomfield R, Hartington,		_____	_____
6	38 Shane Boeser	11	Burnsville X, Savage, MN		_____	_____
7	39 Michael Bolland	11	Burnsville X, Burnsville,		_____	_____
8	42 Erik Kollasch	11	Burnsville X, Burnsville,		_____	_____
9	43 Erik Lindstrom	11	Burnsville X, Burnsville,		_____	_____
10	47 Jim Walker	11	Burnsville X, Burnsville,		_____	_____
11	80 Zane Pekron	11	dawgs, Philip, SD		_____	_____
12	96 Kyle Burke	11	Demon XC Clu, bismarck,		_____	_____
13	97 Alec Grothe	11	Demon XC Clu, Bismarck,		_____	_____
14	100 Alex Huizenga	11	Demon XC Clu, bismarck,		_____	_____
15	102 Lane Kashur	13	Demon XC Clu, Bismarck,		_____	_____
16	105 Levi Perry	12	Demon XC Clu, Bismarck,		_____	_____
17	108 Austin Todd	12	Demon XC Clu, Bismarck,		_____	_____
18	109 Nolan Wagner	11	Demon XC Clu, Bismarck,		_____	_____
19	110 Garrett Barnes	11	Demon Xc-B, Bismarck, N		_____	_____
20	131 Keegan Carda	12	East Sioux F, Sioux Falls,		_____	_____
21	132 Aaron Clemens	11	East Sioux F, Sioux Falls,		_____	_____
22	135 Alex Holm	11	East Sioux F, Sioux Falls,		_____	_____
23	136 Alex Levi	12	East Sioux F, Sioux Falls,		_____	_____
24	137 Mensur Malik	12	East Sioux F, Sioux Falls,		_____	_____
25	138 Alex Waddell	12	East Sioux F, Sioux Falls,		_____	_____
26	139 Jack Wolstenholm	12	East Sioux F, Sioux Falls,		_____	_____
27	140 Kalil Aman	12	E Sx Falls-B, Sioux Falls,		_____	_____
28	141 Matthew Bell	12	E Sx Falls-B, Sioux Falls,		_____	_____
29	142 Jordan Glover	11	E Sx Falls-B, Sioux Falls,		_____	_____
30	143 Tanner Houselog	12	E Sx Falls-B, Sioux Falls,		_____	_____
31	144 Thomas Norland	12	E Sx Falls-B, Sioux Falls,		_____	_____
32	145 Tom Ritter	12	E Sx Falls-B, Sioux Falls,		_____	_____
33	146 Allen Robbennolt	11	E Sx Falls-B, Sioux Falls,		_____	_____
34	147 Ben Schultz	12	E Sx Falls-C, Brandon, SD		_____	_____
35	177 Toffer Dyrssen	12	Elk Point Tr, Elk Point, S		_____	_____
36	196 Darrel Chasing in Winter	11	Flandreau In, Flandreau, S		_____	_____
37	204 TJ Whistling Elk	11	Flandreau In, Flandreau, S		_____	_____
38	205 Jacob Young Bear	11	Flandreau In, Flandreau, S		_____	_____
39	214 Jay Evans	12	Hoag's Heros, Excelsior, M		_____	_____
40	215 Brad Fredrickson	12	Hoag's Heros, Shorewood,		_____	_____
41	216 Zach Goldberg	12	Hoag's Heros, Excelsior, M		_____	_____
42	217 Ramsey Green	12	Hoag's Heros, Chanhassen,		_____	_____
43	225 Parks Wagner	12	Hoag's Heros, Chanhassen,		_____	_____
44	236 Tom Fisher	12	Knights XC, Grand Forks,		_____	_____
45	237 Shane Harlow	11	Knights XC, Grand Forks,		_____	_____
46	238 Ben Houska	12	Knights XC, Grand Forks,		_____	_____
47	239 Paul Shafer	12	Knights XC, Grand Forks,		_____	_____
48	240 Alex Torrey	12	Knights XC, Grand Forks,		_____	_____

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Performance List - Saturday

Event 1 ... (Boys 5k Run CC Freshman-Sophomore)

Event 1	Comp#	Name	Year	School	Seed Time	Finals	Place
49	241	Andrew Torrey	13	Knights XC, Grand Forks,		_____	_____
50	243	Kraft Zach	12	Knights XC, Grand Forks,		_____	_____
51	292	Glen Ellingson	12	Moorhead Hig, Moorhead,		_____	_____
52	293	Benno Suits Baer		Moorhead Sen, Moorhead,		_____	_____
53	323	Jacob Cassutt	11	Orr Raiders, Ramona, SD		_____	_____
54	349	Brayden Espeland	12	Pierre Area, Pierre, SD		_____	_____
55	350	Steven Gordon	13	Pierre Area, Pierre, SD		_____	_____
56	359	Roman Spade	12	Pierre Area, Pierre, SD		_____	_____
57	368	Johnathon Creighton	11	Pleasant Val, Bettendorf,		_____	_____
58	370	Safwan Elkhatib	11	Pleasant Val, Bettendorf,		_____	_____
59	371	Connor Glenn	12	Pleasant Val, Pleasant Val		_____	_____
60	372	Trevor Johnson	12	Pleasant Val, Bettendorf,		_____	_____
61	374	Tony Meyer	12	Pleasant Val, Bettendorf,		_____	_____
62	375	Adonis Mikos	11	Pleasant Val, Bettendorf,		_____	_____
63	378	Evan Schommer	11	Pleasant Val, Bettendorf,		_____	_____
64	399	Kristian Anderson	11	Red Wing XC, Red Wing,		_____	_____
65	400	Bryant Blahnik	11	Red Wing XC, Red Wing,		_____	_____
66	401	Tanner Borgen	11	Red Wing XC, Red Wing,		_____	_____
67	405	Sam Hadler	11	Red Wing XC, Red Wing,		_____	_____
68	406	Christian Leitner	12	Red Wing XC, Red Wing,		_____	_____
69	411	Ben Tittle	11	Red Wing XC, Red Wing,		_____	_____
70	412	Isaac Wyland	11	Red Wing XC, Red Wing,		_____	_____
71	451	Zach Jackson	12	Sioux Falls, Sioux Falls,		_____	_____
72	456	Kent Mulholland	12	Sioux Falls, Sioux Falls,		_____	_____
73	459	Ethan Tabbert	12	Sioux Falls, Sioux Falls,		_____	_____
74	460	Josh Waltjer	12	Sioux Falls, Sioux Falls,		_____	_____
75	492	Gage Blaschke	12	Team Greeno, Sioux Falls,		_____	_____
76	493	Damon Farah	11	Team Greeno, Sioux Falls,		_____	_____
77	494	Keegan Hecht	11	Team Greeno, Sioux Falls,		_____	_____
78	495	Brett Michels	11	Team Greeno, Sioux Falls,		_____	_____
79	496	Christian Rasmusson	12	Team Greeno, Sioux Falls,		_____	_____
80	500	Cole Decker	12	The Ultimate, Des Moines,		_____	_____
81	501	Patrick Kinley	12	The Ultimate, West Des Mo		_____	_____
82	507	Logan Falt	12	Thunderbird, Bellevue, NE		_____	_____
83	517	Jordan Archer	12	Una-Ia-Clive, Clive, IA		_____	_____
84	519	Tyler Coder	11	Una-Ia-Clive, Clive, IA		_____	_____
85	520	AJ Rich		Una-Ia-Clive, Clive, IA		_____	_____
86	527	Kyle Read	13	Una-Ia-Mario, Marion, IA		_____	_____
87	532	Zach Roozeboom	11	Una-Ia-Van_m, Van Meter,		_____	_____
88	535	Jack Oberman	12	Una-Ia-Wauke, Waukee, IA		_____	_____
89	547	Ken Hoffman	12	Una-Mn-Apple, Apple Vall		_____	_____
90	549	Brandon Clark	12	Una-Mn-Chanh, Chanhassen		_____	_____
91	559	Kyle Toms	11	Una-Mn-Kensi, Kensington		_____	_____
92	566	Luke Monke-Lundberg	11	Una-Mn-Moo-M, Moorhea		_____	_____
93	567	Myles Nicolai	12	Una-Mn-Moorh, Moorhead		_____	_____
94	575	Tyler Broadwell	12	Una-Mn-Sarte, Sartell, MN		_____	_____
95	578	Thomas Mason	12	Una-Mn-St_1, St. Louis Pa		_____	_____
96	596	Matt Koepp	11	Una-Ne-Hadar, Hadar, NE		_____	_____
97	622	Branden Anderson	11	Una-Sd-Chest, Chester, SD		_____	_____

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Event	Comp#	Name	Year	School	Seed Time	Finals	Place
98	624	Cody Herman	13	Una-Sd-Custe, Custer, SD			
Event 1	...	(Boys 5k Run CC Freshman-Sophomore)					
99	628	Andrew Oveson	12	Una-Sd-Garre, Garretson, S			
100	638	Jalen Snaza	12	Una-Sd-Milba, Milbank, S			
101	643	Tony Smoragiewicz	12	Una-Sd-Rapid, Rapid City,			
102	648	Stephen Armstrong		Una-Sd-Sioux, Sioux Falls,			
103	649	Nathan Hauge	11	Una-Sd-Sioux, Sioux Falls,			
104	652	Hunter Sprague	12	Una-Sd-Sturg, Sturgis, SD			
105	659	Kipp Kinsley	12	Una-Sd-Yankt, Yankton, S			
106	668	Chandler Conlon	12	Waukee High, West Des M			
107	684	Steven Donahue	11	Wayzata XC C, Plymouth,			
108	691	Nate Heintzman	11	Wayzata XC C, Plymouth,			
109	692	Brian Jarvey	12	Wayzata XC C, Plymouth,			
110	695	Joe Meister	12	Wayzata XC C, Plymouth,			
111	696	Adam Moline	11	Wayzata XC C, Maple Grov			
112	697	Greg Scott	11	Wayzata XC C, Plymouth,			
113	701	Preston White	11	Wayzata XC C, Wayzata,			
114	718	Bryan Cisneros	12	Wayzata-B, Plymouth, MN			
115	722	Andy Lindberg	12	Wayzata-B, Plymouth, MN			
116	723	Jack McCarty	11	Wayzata-B, Plymouth, MN			
117	726	Derek Peterson	13	Wayzata-B, Plymouth, MN			
118	727	Sam Peterson	11	Wayzata-B, Plymouth, MN			
119	728	Brett Schnobrich	11	Wayzata-B, Plymouth, MN			
120	729	Scott Sippel	12	Wayzata-B, Plymouth, MN			
121	736	Mark Hoof	12	Wayzata-C, Plymouth, MN			
122	737	Garrett Knapp	12	Wayzata-C, Wayzata, MN			
123	738	Aden Lungstrom	12	Wayzata-C, Plymouth, MN			
124	739	Mark McDonald	12	Wayzata-C, Plymouth, MN			
125	742	Matt Wilson	12	Wayzata-C, Plymouth, MN			
126	765	David Arnold	11	Willmar Wing, Kandiyohi,			
127	766	Derek Balandby	11	Willmar Wing, Willmar, M			
128	769	Matt Konieczny	11	Willmar Wing, Willmar, M			
129	771	Abdullahi Mohamud	13	Willmar Wing, Willmar, M			
130	772	Mowlid Mohamud	12	Willmar Wing, Willmar, M			
131	776	Bennett Woltjer	12	Willmar Wing, Kandiyohi,			
132	777	Abdishukri Yare	11	Willmar Wing, Willmar, M			
133	779	Nathaniel Erickson	13	Willmar-B, Willmar, MN			
134	780	Morgan Hoffer	11	Willmar-B, Willmar, MN			
135	781	Alex Johannes	12	Willmar-B, Willmar, MN			
136	782	Zakaria Mohamed	11	Willmar-B, Willmar, MN			

Event 2 Girls 5k Run CC Freshman-Sophomore

Saturday 11/15/2008 - 11:15 AM

Event	Comp#	Name	Year	School	Seed Time	Finals	Place
1	2	Madisyn Waage	12	Aberdeen Are, Aberdeen,			
2	3	Hunter Hieronimus	12	Adrian X-Tra, adrian, MN			
3	122	Grace McLaughlin	12	Dowling Cath, West Des M			
4	127	Caitlyn Gronewold	11	East Sioux F, Sioux Falls,			
5	129	Kari Heck	12	East Sioux F, Sioux Falls,			
6	130	Sami Smith	11	East Sioux F, Sioux Falls,			

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7	234	Lauren McMillan	13	Knights XC, Grand Forks,		
8	235	Jaclyn Sand	11	Knights XC, Grand Forks,		
Event 2 ... (Girls 5k Run CC Freshman-Sophomore)						
	Comp#	Name	Year	School	Seed Time	Finals Place
9	271	Molly Bierschbach	11	M & M's Cros, Minot, ND		
10	273	Marcy Buchholz	11	M & M's Cros, Minot, ND		
11	279	Kristin Ziegler	12	M & M's Cros, Minot, ND		
12	330	Cassie Beseman	11	Perham XC Cl, Perham, M		
13	396	Kelsee Anderson	13	Red Wing XC, Red Wing,		
14	398	Lindsay Scribner	13	Red Wing XC, Red Wing,		
15	512	Carolyn Newhouse	12	Una-Ia-Cedar, Cedar Rapid		
16	514	Emily Saville	11	Una-Ia-Cedar, Cedar Rapid		
17	525	Annie Goodell	13	Una-Ia-Mario, Marion, IA		
18	541	Becca Bartell	12	Una-Ia-Wilto, Wilton, IA		
19	542	Paige Wheeler	11	Una-Ia-Wilto, Wilton, IA		
20	555	Selamawit Shannon-Tamrat	11	Una-Mn-Gol-S, Golden Val		
21	590	Karo Garcia	12	Una-Ne-Colum, Columbus,		
22	591	Suzie Huhman	12	Una-Ne-Colum, Columbus,		
23	602	Katie Hart	12	Una-Ne-Omaha, Omaha, N		
24	604	Elizabeth Ternent	12	Una-Ne-Omaha, Omaha, N		
25	606	Samantha Soupир	11	Una-Ne-Omaha, Omaha, N		
26	617	Morghaн Waage	12	Una-Sd-Aberd, Aberdeen,		
27	639	Taylor Tillma	13	Una-Sd-Milba, Milbank, S		
28	647	Sarah White-Young		Una-Sd-Sioux, Sioux Falls,		
29	654	Tessa Stoltenburg	12	Una-Sd-Water, Watertown,		
30	655	Jordan Hanson	12	Una-Sd-Water, Watertown,		
31	656	Heather Steen	12	Una-Sd-Water, Watertown,		
32	657	Heidi Thyne	12	Una-Sd-Water, Watertown,		
33	670	Mata Agre	12	Wayzata XC C, Corcoran,		
34	672	Judy Berning	12	Wayzata XC C, Plymouth,		
35	673	Kathryn Keller-Miller	11	Wayzata XC C, Plymouth,		
36	676	Halle Marr	12	Wayzata XC C, Plymouth,		
37	678	Dana Pralle	11	Wayzata XC C, Plymouth,		
38	681	Mackenzie Wald	11	Wayzata XC C, Plymouth,		
39	703	Rachel Bonneville	11	Wayzata-B, Plymouth, MN		
40	704	Jennifer Demules	11	Wayzata-B, Plymouth, MN		
41	706	Lauren Henrich	11	Wayzata-B, Plymouth, MN		
42	711	Laura Sater	12	Wayzata-B, Plymouth, MN		
43	712	Amber Schwab	11	Wayzata-B, Plymouth, MN		
44	713	Brooke Schwab	11	Wayzata-B, Plymouth, MN		
45	715	Meredith Smith	12	Wayzata-B, Plymouth, MN		
46	756	Emily Bebler	11	Willmar Wing, Willmar, M		
47	759	Kayte Cole	11	Willmar Wing, Willmar, M		
48	763	Karlie Hoffer	11	Willmar Wing, Willmar, M		
49	764	Katelyn Mehr	11	Willmar Wing, Willmar, M		
50	790	Sarah Hicks	13	Yankton Runn, Yankton, S		

Event 3 Girls 5k Run CC Open
Saturday 11/15/2008 - 12:00 PM

	Comp#	Name	Year	School	Seed Time	Finals Place
1	4	Jordin Kopplow	13	Adrian X-Tra, Rushmore,		

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Event	Comp#	Name	Year	School	Seed	Time	Finals	Place
2	5	Alissa Sauer	11	Adrian X-Tra, Lismore, M				
3	6	Megan Sauer	13	Adrian X-Tra, lismore, MN				
4	7	Nicole Slater	13	Adrian X-Tra, Wilmont, M				
Event 3 ... (Girls 5k Run CC Open)								
5	8	Leslie Stover	09	Adrian X-Tra, adrian, MN				
6	9	Austyn Thier	12	Adrian X-Tra, Adrian, MN				
7	10	Erica Thier	09	Adrian X-Tra, Adrian, MN				
8	29	Samantha Conde	09	Aquinas XC, Lenexa, KS				
9	30	Emily DeLong		Aquinas XC, Overland Park				
10	32	Kaitlyn Klein	11	Bellevue Wes, Bellevue, N				
11	59	Katie Langenfeld	12	City of Iowa, Iowa City, I				
12	63	Rachel Barnes	10	Crofton RC, Crofton, NE				
13	64	Karley Boecker	10	Crofton RC, Crofton, NE				
14	65	Merissa Falkenberg	10	Crofton RC, Fordyce, NE				
15	66	Elizabeth Kube	12	Crofton RC, Crofton, NE				
16	67	Heather Lancaster	12	Crofton RC, Crofton, NE				
17	68	Nicole Andres	11	Cross Kearne, Kearney, NE				
18	69	Lindsay Heun	11	Cross Kearne, Kearney, NE				
19	70	Tressa Johnston	11	Cross Kearne, Kearney, NE				
20	71	Courtney Leydig	12	Cross Kearne, Kearney, NE				
21	72	Lydia Wilke	11	Cross Kearne, Kearney, NE				
22	83	Amy Faller	11	Demon RC, Bismarck, ND				
23	87	Becca Lebak	10	Demon RC, Bismarck, ND				
24	89	Nicole Stewart	11	Demon RC, Bismarck, ND				
25	91	Heather Wolberg	10	Demon RC, Bismarck, ND				
26	92	Chelsey Yantzer	10	Demon RC, Bismarck, ND				
27	124	Aimee Thacker	10	Dowling Cath, West Des M				
28	128	Jenae Harrison	10	East Sioux F, Sioux Falls,				
29	170	Jenna Donnelly	11	Elk Point Tr, Elk Point, S				
30	171	Taylor Donnelly	13	Elk Point Tr, Elk Point, S				
31	172	Jordyn Hudelson	12	Elk Point Tr, Elk Point, S				
32	173	Mackenzie Klinkhammer	11	Elk Point Tr, Elk Point, S				
33	174	Allison Lawler	09	Elk Point Tr, Elk Point, S				
34	175	Robyn Mclaury	09	Elk Point Tr, Elk Point, S				
35	191	Taylor Bertsch	12	Fargo So Rc-B, Fargo, ND				
36	192	Emily Bitz	12	Fargo So Rc-B, Fargo, ND				
37	193	Casey Hatlevoll	12	Fargo So Rc-B, Fargo, ND				
38	194	Kelsey Helland	11	Fargo So Rc-B, Fargo, ND				
39	195	Suzanne McConn	10	Fargo So Rc-B, Fargo, ND				
40	263	Courtney Gross	11	Lynx RC, Brandon, SD				
41	264	Haley Kruger	12	Lynx RC, Brandon, SD				
42	265	Nicole Peterson	13	Lynx RC, Brandon, SD				
43	266	Kasey Presler	11	Lynx RC, Sioux Falls, SD				
44	267	Shelby Rahn	13	Lynx RC, Brandon, SD				
45	268	Arille Schmidt	09	Lynx RC, Brandon, SD				
46	269	Nicole Zens	11	Lynx RC, Brandon, SD				
47	303	Megan Aschoff	12	Norfolk Opti, Norfolk, NE				
48	304	Maggie Fennessy	11	Norfolk Opti, Norfolk, NE				
49	305	Mariah Morgan	10	Norfolk Opti, Norfolk, NE				
50	306	Ashley Pieper	11	Norfolk Opti, Norfolk, NE				

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51	307	Hollan Pile	09	Norfolk Opti, Norfolk, NE		
52	308	Dani Stappert	12	Norfolk Opti, Norfolk, NE		
53	309	Nicole Timmerman	11	Norfolk Opti, Norfolk, NE		
54	321	Mariah Cassutt	10	Orr Raiders, Ramona, SD		
Event 3 ... (Girls 5k Run CC Open)						
	Comp#	Name	Year	School	Seed Time	Finals Place
55	322	Sierra Trower	11	Orr Raiders, Rutland, SD		
56	329	Abby Anderson	10	Perham XC Cl, Perham, M		
57	331	Shayla Fulford	10	Perham XC Cl, Perham, M		
58	344	Dacey Beck	10	Pierre Area, Pierre, SD		
59	345	Tessa Bollinger	09	Pierre Area, Pierre, SD		
60	346	Jamie Chalcraft	12	Pierre Area, Pierre, SD		
61	347	Taeler Monfore	09	Pierre Area, Pierre, SD		
62	348	Bridget Simmons	12	Pierre Area, Pierre, SD		
63	361	Shang-ah Han	12	Plattsmouth, Plattsmouth,		
64	362	Melissa Herrick	10	Plattsmouth, Murray, NE		
65	363	Liz Johnson	10	Plattsmouth, Plattsmouth,		
66	364	Jessica Moseman	10	Plattsmouth, Plattsmouth,		
67	365	Shelby Weekly	12	Plattsmouth, Plattsmouth,		
68	366	Anna White	09	Plattsmouth, Plattsmouth,		
69	388	Jessica Brandli	09	Rapid City W, Rapid City,		
70	389	Maleah Schad	10	Rapid City W, Rapid City,		
71	397	Megan Roper	10	Red Wing XC, Red Wing,		
72	423	Bailee Goodfellow	09	Runwest RC, Iowa city, IA		
73	425	Lizzy Laikhter	11	Runwest RC, Iowa City, IA		
74	427	Whitney Schuette	10	Runwest RC, Iowa city, IA		
75	435	Emily Kirkwold	11	Sioux Falls, Sioux Falls,		
76	436	Lacey Moncur	12	Sioux Falls, Sioux Falls,		
77	438	Macy Petersen	12	Sioux Falls, Sioux Falls,		
78	439	Emily Stafford	11	Sioux Falls, Sioux Falls,		
79	440	Cassie TenCate	10	Sioux Falls, Sioux Falls,		
80	441	Kaylee Tennessen	11	Sioux Falls, Sioux Falls,		
81	442	Britni Wuestewald	12	Sioux Falls, Sioux Falls,		
82	461	Taylor Chapman	11	South Stars, Papillion, NE		
83	462	Kelsey Green	11	South Stars, Bellevue, NE		
84	463	Ali Gress	09	South Stars, Bellevue, NE		
85	464	Sydney Gress	12	South Stars, Bellevue, NE		
86	465	Jessica Lahrs	09	South Stars, Papillion, NE		
87	466	Mikayla Peck	11	South Stars, Papillion, NE		
88	467	Tiffanie Vampola	12	South Stars, Bellevue, NE		
89	475	Emily Bindl	11	South Stars-B, Papillion,		
90	476	Ally Crossman	09	South Stars-B, Papillion,		
91	477	Emma Maughan	11	South Stars-B, Papillion,		
92	478	Ginny McClintock	09	South Stars-B, Papillion,		
93	479	Elizabeth Thon	12	South Stars-B, Papillion,		
94	480	Erika Zelasney	09	South Stars-B, Papillion,		
95	483	Meagan Wilderson	10	St. Thomas A, Lenexa, KS		
96	485	Nikki Betzler	12	Team Greeno, Sioux Falls,		
97	486	Carly Holmstrom	12	Team Greeno, Sioux Falls,		
98	487	Alice Lubeck	10	Team Greeno, Sioux Falls,		
99	488	Gretchen Pederson	10	Team Greeno, Sioux Falls,		

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100	489	Laura Rasmussen	10	Team Greeno, Sioux Falls,		
101	490	Serina Robinson	11	Team Greeno, Sioux Falls,		
102	491	Andrea Sherman	09	Team Greeno, Sioux Falls,		
103	497	Kristina Sorenson	13	Team Greeno-B, Sioux Fal		
104	498	Sarah Sorenson	11	Team Greeno-B, Sioux Fal		
Event 3	...	(Girls 5k Run CC Open)				
	Comp#	Name	Year	School	Seed Time	Finals Place
105	499	Nicole VerHey	10	Team Greeno-B, Sioux Fal		
106	568	Taylor Scholl	12	Una-Mn-Prior, Prior Lake,		
107	584	Nikki Huelsman	10	Una-Nd-Bisma, Bismarck,		
108	585	Andrea Markwart	11	Una-Nd-Bisma, Bismarck,		
109	593	Carrie Wiese	09	Una-Ne-Colum, Columbus,		
110	594	Erin Kautz	11	Una-Ne-Gerin, Gering, NE		
111	601	Caitlyn Diimig	09	Una-Ne-Omaha, omaha, NE		
112	603	Amanda Poppens	10	Una-Ne-Omaha, Omaha, N		
113	605	Annie McClure	11	Una-Ne-Omaha, Omaha, N		
114	608	Shang-ah Han	12	Una-Ne-Platt, Plattsmouth,		
115	610	Kara Hovseth	09	Una-Ne-Scott, Scottsbluff,		
116	611	Emily Knudson	09	Una-Ne-Scott, Scottsbluff,		
117	627	Erin Nolz	12	Una-Sd-Garre, Garretson, S		
118	632	Brianna Titus	12	Una-Sd-Hartf, Hartford, SD		
119	633	Jenna Kuhle	10	Una-Sd-Howar, Howard, S		
120	634	Emily Mammenga	12	Una-Sd-Humbo, Humboldt,		
121	636	Chelsea Sweetter	11	Una-Sd-Lenno, Lennox, SD		
122	637	Perrin Thomas	10	Una-Sd-Lenno, Lennox, SD		
123	650	Rachel Noonan	12	Una-Sd-Sioux, Sioux Falls,		
124	653	Whitney Wilgenburg	11	Una-Sd-Valle, Valley Sprin		
125	661	Megan Gang	09	Una-Wi-Fort_, Fort Atkinso		
126	671	Meredith Bache-Wiig	09	Wayzata XC C, Plymouth,		
127	674	Maddie Lambert	10	Wayzata XC C, Plymouth,		
128	675	Kelsey Larsen	10	Wayzata XC C, Wayzata,		
129	677	Caitlyn McCarty	10	Wayzata XC C, Plymouth,		
130	679	Paige Schember	10	Wayzata XC C, Plymouth,		
131	680	Laura Stangler	10	Wayzata XC C, Plymouth,		
132	682	Robyn Zeidler	10	Wayzata XC C, Plymouth,		
133	702	Lucy Andrews	10	Wayzata-B, Plymouth, MN		
134	705	Sarah Hauer	10	Wayzata-B, Plymouth, MN		
135	707	Taisa Kushner	10	Wayzata-B, Plymouth, MN		
136	708	Elizabeth Muenchow	09	Wayzata-B, Minnetonka,		
137	709	Maggie Pierson	10	Wayzata-B, Plymouth, MN		
138	710	Bethany Polovitz	10	Wayzata-B, Medina, MN		
139	714	Kate Segala	10	Wayzata-B, Plymouth, MN		
140	730	Amanda Abell	10	Wayzata-C, Medina, MN		
141	731	Bryn Balls-Barker	13	Wayzata-C, Plymouth, MN		
142	732	Talia Berndt	11	Wayzata-C, Plymouth, MN		
143	733	Marit Sonnesyn	12	Wayzata-C, Plymouth, MN		
144	757	Tina Bloch	10	Willmar Wing, Svea, MN		
145	758	Jayne Cole	10	Willmar Wing, Willmar, M		
146	760	Gabi Engelkes	09	Willmar Wing, Willmar, M		
147	761	Danielle Erickson	10	Willmar Wing, Willmar, M		
148	762	Caitlyn Fritz	10	Willmar Wing, Willmar, M		

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Performance List - Saturday

Event 4 Boys 5k Run CC Open
Saturday 11/15/2008 - 12:45 PM

Comp#	Name	Year	School	Seed Time	Finals	Place
1	11 Justin Feit	10	Adrian X-Tra, Rushmore,		_____	_____
2	12 Kyle Henning	09	Adrian X-Tra, Adrian, MN		_____	_____
Event 4 ... (Boys 5k Run CC Open)						
Comp#	Name	Year	School	Seed Time	Finals	Place
3	15 Jordan Pater	10	Adrian X-Tra, adrian, MN		_____	_____
4	16 Chris Reisdorfer	09	Adrian X-Tra, Adrian, MN		_____	_____
5	17 Nate Reyne	10	Adrian X-Tra, Rushmore,		_____	_____
6	19 Zach Runia	10	Adrian X-Tra, Adrian, MN		_____	_____
7	20 Brett Springman	09	Adrian X-Tra, Adrian, MN		_____	_____
8	34 Connor Gibson	10	Blair XC Clu, Blair, NE		_____	_____
9	35 Kent Carlson	10	Blake XC, Deephaven, MN		_____	_____
10	36 Stewart Richardson		Blake XC, Saint Paul, MN		_____	_____
11	40 Thomas Carlson	11	Burnsville X, Burnsville,		_____	_____
12	41 Abdi Hassan	09	Burnsville X, Burnsville,		_____	_____
13	44 Sean O'Brien	09	Burnsville X, Burnville, M		_____	_____
14	45 Sutton Rehwaldt	11	Burnsville X, Burnsville,		_____	_____
15	46 Aaron Steeg	11	Burnsville X, Burnsville,		_____	_____
16	48 Matt Walker	09	Burnsville X, Burnsville,		_____	_____
17	94 Daryl Berger	09	Demon XC Clu, Bismarck,		_____	_____
18	98 Coty Hintz	09	Demon XC Clu, Bismarck,		_____	_____
19	107 Josh Thornton	10	Demon XC Clu, Bismarck,		_____	_____
20	134 Matt Herbert	09	East Sioux F, Sioux Falls,		_____	_____
21	176 Derrick DeBuhr	10	Elk Point Tr, Elk Point, S		_____	_____
22	184 Sawyer Barglof	13	Fargo South, Fargo, ND		_____	_____
23	185 Mitch Bauske	09	Fargo South, Fargo, ND		_____	_____
24	186 Brad McConn	09	Fargo South, Fargo, ND		_____	_____
25	187 Ethan Norstog	13	Fargo South, Fargo, ND		_____	_____
26	188 Andrew Okland	11	Fargo South, Fargo, ND		_____	_____
27	189 Jaden Radcliffe	11	Fargo South, Fargo, ND		_____	_____
28	190 Aaron Wrolstad	10	Fargo South, Fargo, ND		_____	_____
29	197 kyle cook	09	Flandreau In, flandreau, S		_____	_____
30	198 daniel grassrope	10	Flandreau In, flandreau, S		_____	_____
31	199 joe skunkcap	09	Flandreau In, flandreau, S		_____	_____
32	200 trudell slow bear	09	Flandreau In, flandreau, S		_____	_____
33	201 lowell two eagle	09	Flandreau In, flandreau, S		_____	_____
34	202 fred waters	12	Flandreau In, flandreau, S		_____	_____
35	203 jared weston	10	Flandreau In, flandreau, S		_____	_____
36	206 Daniel Broman	09	Grove RC, Maple Grove,		_____	_____
37	207 Tommy Gibson	11	Grove RC, Maple Grove,		_____	_____
38	208 Jack Hickey	11	Grove RC, Maple Grove,		_____	_____
39	209 Tyler Olson	11	Grove RC, Maple Grove,		_____	_____
40	210 Ben Ricketts	11	Grove RC, Maple Grove,		_____	_____
41	211 Casey Roberts	09	Grove RC, Maple Grove,		_____	_____
42	212 John Thompson	11	Grove RC, Rogers, MN		_____	_____
43	213 Nick Emmans	09	Hoag's Heros, Minnetonka,		_____	_____
44	218 Charlie Hansen	09	Hoag's Heros, Minnetonka,		_____	_____
45	219 Lucas Judd	09	Hoag's Heros, Deephaven,		_____	_____

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Performance List - Saturday

46	220	Jake Lee	10	Hoag's Heros, Minnetonka,		
47	221	Darius Montazemi	09	Hoag's Heros, Minnetonka,		
48	222	Adam Napolitano	09	Hoag's Heros, Deephaven,		
49	223	Christian Skaret	11	Hoag's Heros, Minnetonka,		
50	224	Hayden Troy	10	Hoag's Heros, Excelsior, M		
51	226	Andy Wiersum	09	Hoag's Heros, Minnetonka,		
52	242	Mike Torrey	10	Knights XC, Grand Forks,		
Event 4 ... (Boys 5k Run CC Open)						
	Comp#	Name	Year	School	Seed Time	Finals Place
53	244	Brian Anderson	10	Lake Confere, Bloomington		
54	245	Eddie Demasters	09	Lake Confere, Eagan, MN		
55	246	Paul Thompson	10	Lake Confere, Eagan, MN		
56	247	Cole Toepfer		Lake Confere, eagan, MN		
57	248	Sean Baddeley	10	Lake Confere, Burnsville,		
58	256	Ian Shaffer	09	League of Ex, Clive, IA		
59	258	Zach Brintz	10	Lino Lakes X, Lino Lakes,		
60	259	Ryan Brown	12	Lino Lakes X, Lino Lakes,		
61	260	Ryan Evans	09	Lino Lakes X, Lino Lakes,		
62	261	Adam Schmidt	09	Lino Lakes X, Andover, M		
63	262	Yehola Tilleskjoer	10	Lino Lakes X, Blaine, MN		
64	287	Brian Foote	10	Mills Road R, Lincoln, NE		
65	288	Eric Lomison	10	Mills Road R, Lincoln, NE		
66	289	Taylor Lucas	09	Mills Road R, Lincoln, NE		
67	290	Derek Schnell	09	Mills Road R, Lincoln, NE		
68	291	James Tang	12	Mills Road R, Lincoln, NE		
69	302	Matt Harrison	09	Mound Weston, Minnetrista		
70	311	Ryan Klima	11	Norfolk Opti, Norfolk, NE		
71	313	Jordan Pieper	09	Norfolk Opti, Norfolk, NE		
72	314	Matt Cahalan	09	NW Iowa X-C, Winterset, I		
73	315	Garret Ehlers	10	NW Iowa X-C, Ida Grove,		
74	316	Taylor Huseman	11	NW Iowa X-C, Marcus, IA		
75	317	Joshua Madsen	10	NW Iowa X-C, Fort Dodge,		
76	318	Shane Warehime	09	NW Iowa X-C, Gowrie, IA		
77	319	Alex Warnke	10	NW Iowa X-C, Ida Grove,		
78	320	Jay Welp	11	NW Iowa X-C, Marcus, IA		
79	324	Jordan Anderson	11	Pequot Lakes, Pequot Lakes		
80	325	Jake Braam	10	Pequot Lakes, Pequot Lakes		
81	326	Kellen Braren	10	Pequot Lakes, Pequot Lakes		
82	328	Adison Runberg	10	Pequot Lakes, Pequot Lakes		
83	334	Joe Berns	09	Perham XC Cl, Perham, M		
84	335	Jordan Berns	10	Perham XC Cl, Perham, M		
85	337	Dalton Dahms	13	Perham XC Cl, Ottertail, M		
86	339	Andrew Riestenberg	11	Perham XC Cl, Perham, M		
87	341	Brady Spiecher	13	Perham XC Cl, Perham, M		
88	351	Adam McMath	10	Pierre Area, Pierre, SD		
89	358	Sean Snyder	10	Pierre Area, Pierre, SD		
90	402	Max Christiansen	11	Red Wing XC, Red Wing,		
91	403	Kyle Engen	10	Red Wing XC, Red Wing,		
92	404	Wyland Gabe	09	Red Wing XC, Red Wing,		
93	407	Casey Murnane	09	Red Wing XC, Red Wing,		
94	408	Alex Nelson	09	Red Wing XC, Red Wing,		

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Performance List - Saturday

95	409	Matt Riley	09	Red Wing XC, Red Wing,		
96	410	Aaron Sands	10	Red Wing XC, Red Wing,		
97	443	Jordan Albertson	09	Sioux Falls, Sioux Falls,		
98	444	Josh Anderson	09	Sioux Falls, Sioux Falls,		
99	446	Rob Atkins	12	Sioux Falls, Sioux Falls,		
100	450	Wyatt Jackson	10	Sioux Falls, Sioux Falls,		
101	452	Lance Johnson	10	Sioux Falls, Sioux Falls,		
102	453	Alex Lugo	10	Sioux Falls, Sioux Falls,		
Event 4	...	(Boys 5k Run CC Open)				
	Comp#	Name	Year	School	Seed Time	Finals Place
103	458	Dylan Slaba	12	Sioux Falls, Sioux Falls,		
104	468	Nathan Feldmann	11	South Stars, Papillion, NE		
105	469	Daniel Florance	10	South Stars, Papillion, NE		
106	470	Michael Florance	10	South Stars, Papillion, NE		
107	471	Spencer Granville	11	South Stars, Papillion, NE		
108	472	Marcus Portofee	10	South Stars, Papillion, NE		
109	473	Blake Smith	10	South Stars, Papillion, NE		
110	474	Tommy Stuart	09	South Stars, Papillion, NE		
111	481	Casey Keefe	10	South Stars-B, Omaha, NE		
112	482	Alex Kuklinski	10	South Stars-B, Papillion,		
113	484	Trevor Urkoski	09	T-Money, Columbus, NE		
114	502	Joshua Maguire	10	The Ultimate, West Des Mo		
115	503	Beau Schmitz	10	The Ultimate, Clive, IA		
116	513	Shawn Poellet	10	Una-Ia-Cedar, Cedar Rapid		
117	515	Jake Gerber	10	Una-Ia-Cedar, Cedar Rapid		
118	518	Eric Burns	10	Una-Ia-Clive, Clive, IA		
119	526	Sam Read	10	Una-Ia-Mario, Marion, IA		
120	528	Tom Peterson	09	Una-Ia-Nevad, Nevada, IA		
121	530	Kaleb Seaton	09	Una-Ia-Urban, Urbandale, I		
122	531	Mitch Wink	11	Una-Ia-Urban, Urbandale, I		
123	533	Michael Goodall	09	Una-Ia-Wauke, Waukee, IA		
124	534	Jordan Hoyt	11	Una-Ia-Wauke, Waukee, IA		
125	536	Erick Pence	09	Una-Ia-Wauke, Waukee, IA		
126	537	Chad Gutschenritter		Una-Ia-Wes-G, West Des M		
127	538	Steffen Williams	11	Una-Ia-West_, West Des M		
128	539	Rob Allen	09	Una-Ia-West_, West Des M		
129	540	Chris Brady	10	Una-Ia-West_, West Des M		
130	548	Thomas Ruttger	09	Una-Mn-Brain, Brainerd,		
131	551	Kyle Bratrud	11	Una-Mn-Eden_, Eden Prairi		
132	552	Marcus Huderle	10	Una-Mn-Eden_, Eden Prairi		
133	554	Tyler Stevens	10	Una-Mn-Elk_r, Elk River,		
134	557	Mustaf Osman	10	Una-Mn-Golde, Golden Val		
135	562	Alex Johnson	11	Una-Mn-Maple, Maple Gro		
136	564	Nick Emmans	09	Una-Mn-Minne, Minnetonk		
137	565	John Klecker	12	Una-Mn-Minne, Min, Min		
138	569	Andrew Johnson	11	Una-Mn-Roche, Rochester,		
139	570	Riley Macon	12	Una-Mn-Roche, Rochester,		
140	571	Clay Thomas	09	Una-Mn-Roche, Rochester,		
141	572	Christopher Massey	09	Una-Mn-Rosem, Rosemoun		
142	573	Kyle Mills	10	Una-Mn-Rosem, Rosemoun		
143	577	Joseph O'Neil	09	Una-Mn-Sprin, Spring Park		

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Performance List - Saturday

144	580	Billy Schimmel	11	Una-Mn-Stewa, Stewartvill		
145	581	Steven Schimmel	12	Una-Mn-Stewa, Stewartvill		
146	582	Matthew Barrett	09	Una-Mn-Wayza, Wayzata,		
147	588	Logon Vogt	10	Una-Ne-Chadr, Chadron, N		
148	592	Alexander Markham	09	Una-Ne-Colum, Columbus,		
149	595	Ryan Pankonin	09	Una-Ne-Grant, Grant, NE		
150	598	Jarid Holliday	09	Una-Ne-Minde, Minden, N		
151	621	Blaze Kilian	10	Una-Sd-Brand, Brandon, S		
152	623	Ian Lynch	10	Una-Sd-Chest, Chester, SD		

Event 4 ... (Boys 5k Run CC Open)

Comp#	Name	Year	School	Seed Time	Finals	Place
153	625	Connor O'Hara	10	Una-Sd-Dell_, Dell Rapids,		
154	629	Chase Ward	09	Una-Sd-Garre, Garretson, S		
155	630	Dave Kroon	10	Una-Sd-Hartf, Hartford, SD		
156	631	Dustin Ortman		Una-Sd-Hartf, Hartford, SD		
157	644	Tyler Aldren	09	Una-Sd-Rapid, Rapid City,		
158	646	Josh Hanks	10	Una-Sd-Rapid, Rapid City,		
159	683	Evan Day	09	Wayzata XC C, Plymouth,		
160	687	Ryan Frisbie	09	Wayzata XC C, Plymouth,		
161	689	Mark Harries	11	Wayzata XC C, Plymouth,		
162	693	Karl Kabarowski	11	Wayzata XC C, Plymouth,		
163	698	John Subialka	10	Wayzata XC C, Corcoran,		
164	716	Ryan Bach	09	Wayzata-B, Plymouth, MN		
165	717	Peter Bache-Wig	09	Wayzata-B, Plymouth, MN		
166	719	Davin Evans	10	Wayzata-B, Wayzata, MN		
167	720	Max Johnson	10	Wayzata-B, Plymouth, MN		
168	721	Andy Kleven	10	Wayzata-B, Wayzata, MN		
169	724	Ben Millis	10	Wayzata-B, Plymouth, MN		
170	725	Chris Olmanson	10	Wayzata-B, Plymouth, MN		
171	734	Nate Engel	10	Wayzata-C, Plymouth, MN		
172	735	Micheal Fleming	11	Wayzata-C, Plymouth, MN		
173	740	Alex Meyers	10	Wayzata-C, Plymouth, MN		
174	741	Chris Wilson	10	Wayzata-C, Plymouth, MN		
175	767	Garrett Erickson	09	Willmar Wing, Willmar, M		
176	768	Mahad Hassan	09	Willmar Wing, Willmar, M		
177	770	Tom LaPatka	10	Willmar Wing, Willmar, M		
178	773	Mursal Shire	10	Willmar Wing, Willmar, M		
179	774	Danny Voss	10	Willmar Wing, Willmar, M		
180	775	Matt Weitzel	10	Willmar Wing, Willmar, M		
181	778	Sadam Abdi	10	Willmar-B, Willmar, MN		
182	791	Austin Cotant	09	Yep. Athleti, Madison, WI		
183	796	Trevor Little	09	Yep. Athleti, Madison, WI		

Event 5 Girls 5k Run CC Championship

Saturday 11/15/2008 - 2:45 PM

Comp#	Name	Year	School	Seed Time	Finals	Place
1	28	Jamie Piepenburg	12	Alexandria X, Alexandria,		
2	31	Morgan Commodore	10	Aquinas XC C, Overland Pa		
3	33	Jess Wright	11	Bellevue Wes, Bellevue, N		
4	55	Emily Fagan	10	City of Iowa, Iowa City, I		
5	56	Kelsey Hart	09	City of Iowa, Solon, IA		

Nike Cross Heartland Regional - 11/15/2008**Sioux Falls, SD****Performance List - Saturday**

6	57	Melanie Holman	10	City of Iowa, Iowa City, I		
7	58	Hannah Kregal	09	City of Iowa, Iowa City, I		
8	60	Lindsay McFarland	09	City of Iowa, Iowa City, I		
9	61	Rebecca Rethwisch	11	City of Iowa, Iowa City, I		
10	62	Cassidy White	10	City of Iowa, West Branch,		
11	81	Lindsay Achtenberg	10	Demon RC, Bismarck, ND		
12	82	Brooklyn Beehler	11	Demon RC, Bismarck, ND		
13	84	Alana Fischer	11	Demon RC, Bismarck, ND		
14	85	Tessa Haussler	12	Demon RC, Bismarck, ND		
15	86	Shanice Lambert	10	Demon RC, Bismarck, ND		
Event 5 ... (Girls 5k Run CC Championship)						
	Comp#	Name	Year	School	Seed Time	Finals Place
16	88	Taylor Pintar	10	Demon RC, Bismarck, ND		
17	90	Alexa Wachter	10	Demon RC, Bismarck, ND		
18	111	Samantha Bartlett	09	Derby RC, Derby, KS		
19	112	Laura Burke	09	Derby RC, Derby, KS		
20	113	Claire Cox	10	Derby RC, Derby, KS		
21	114	Amber Green	12	Derby RC, Derby, KS		
22	115	Emily Hornbeck	12	Derby RC, Wichita, KS		
23	116	Tori Lewis	11	Derby RC, Derby, KS		
24	117	Valerie Nielson	11	Derby RC, Wichita, KS		
25	118	Tanelle Berard	11	Dowling Cath, West Des M		
26	119	Ashlie Decker	10	Dowling Cath, West Des M		
27	120	Katie Flood	10	Dowling Cath, West Des M		
28	121	Diane Hubbell	12	Dowling Cath, West Des M		
29	123	Sarah Spellman	10	Dowling Cath, West Des M		
30	125	Heather Tobias	10	Dowling Cath, West Des M		
31	126	Allie Vaughan	12	Dowling Cath, West Des M		
32	149	Alex Birkle	11	Eden Prairie, Eden Prairie		
33	150	Hanna Hoch	12	Eden Prairie, Eden Prairie		
34	151	Dana Jeter	12	Eden Prairie, Eden Prairie		
35	152	Laura Lawton	11	Eden Prairie, Eden Prairie		
36	153	Cassy Opitz	09	Eden Prairie, Eden Prairie		
37	154	Megan Platner	11	Eden Prairie, Eden Prairie		
38	155	Allie Rudin	11	Eden Prairie, Eden Prairie		
39	178	Frances Conlin	11	Fargo South, Fargo, ND		
40	179	Tarin Lachowitz	12	Fargo South, Fargo, ND		
41	180	Paige Rygg	10	Fargo South, Fargo, ND		
42	181	Katie Schallow	10	Fargo South, Fargo, ND		
43	182	Jennifer Storm	11	Fargo South, Fargo, ND		
44	183	Erin Valenti	11	Fargo South, Fargo, ND		
45	227	Anna Belner	10	J Town D Cre, Johnston, IA		
46	228	Amber Clock	11	J Town D Cre, Johnston, IA		
47	229	Alyssa Eaves	11	J Town D Cre, Johnston, IA		
48	230	Molli Kipp	09	J Town D Cre, Johnston, IA		
49	231	Amy Kruger	09	J Town D Cre, Johnston, IA		
50	232	Amanda Philip	10	J Town D Cre, Johnston, IA		
51	233	Emily Schwartz	09	J Town D Cre, Johnston, IA		
52	270	Abby Bierschbach	12	M & M's Cros, Minot, ND		
53	272	Ashley Brey	10	M & M's Cros, Minot, ND		
54	274	Ali Fowler	10	M & M's Cros, Minot, ND		

Nike Cross Heartland Regional - 11/15/2008

Sioux Falls, SD

Performance List - Saturday

55	275	Stephanie Greer	09	M & M's Cros, Minot, ND		
56	276	Alexa Hornecker	10	M & M's Cros, Minot, ND		
57	277	Melannah Poole	09	M & M's Cros, Minot, ND		
58	278	Brecca Wahlund	11	M & M's Cros, Minot, ND		
59	301	Julia Harrison	11	Mound Weston, Minnetrista		
60	332	Maddie McClellan	10	Perham XC Cl, Perham, M		
61	348	Bridget Simmons	12	Pierre Area, Pierre, SD		
62	381	Olivia Bagnall	09	Prior Lake X, Lakeville, M		
63	382	Erin Kilbride	13	Prior Lake X, Lakeville, M		
64	383	Megan Kilbride	12	Prior Lake X, Lakeville, M		
65	384	Emma Mickelson	13	Prior Lake X, Lakeville, M		
Event 5 ... (Girls 5k Run CC Championship)						
	Comp#	Name	Year	School	Seed Time	Finals Place
66	385	Kelsi Miller	10	Prior Lake X, Prior Lake,		
67	386	Kayla Uphoff	10	Prior Lake X, Prior Lake,		
68	387	Taylor Vonasek	11	Prior Lake X, Lakeville, M		
69	420	Jenna Broghamer	09	Runwest RC, Iowa City, IA		
70	421	Nichole Engelhardt	09	Runwest RC, Iowa City, IA		
71	422	Taylor Fehlberg	11	Runwest RC, Coralville, IA		
72	424	Rachel Hegeman	12	Runwest RC, Iowa City, IA		
73	426	Alissa Rothman	11	Runwest RC, Coralville, IA		
74	427	Whitney Schuette	10	Runwest RC, Iowa city, IA		
75	428	Sara Stewart	10	Runwest RC, North Liberty		
76	429	Laura Bauer	09	Sioux Falls, Sioux Falls,		
77	430	Bailey Breems	10	Sioux Falls, Sioux Falls,		
78	431	Megan Brown	11	Sioux Falls, Sioux Falls,		
79	432	Erin Hargens	09	Sioux Falls, Sioux Falls,		
80	433	Alex Hess	12	Sioux Falls, Sioux Falls,		
81	434	Seanna Kautz	10	Sioux Falls, Sioux Falls,		
82	437	Ali Oswald	12	Sioux Falls, Sioux Falls,		
83	522	Madie Hubbell	10	Una-Ia-Des_m, Des Moines		
84	524	Madison Musilek	10	Una-Ia-Hawar, Hawarden,		
85	543	Ivy Wellman	10	Una-Ks-Belle, Belle Plaine		
86	544	Taylor Scott	11	Una-Ks-Belle, Belle Plaine		
87	545	Shelby Smithhisler	09	Una-Ks-Peck-, Peck, KS		
88	546	Mackenzie Maki	11	Una-Ks-Wichi, Wichita, KS		
89	550	Kaila Urick	11	Una-Mn-Chask, Chaska, M		
90	553	Emma Bates	10	Una-Mn-Elk_r, Elk River,		
91	560	Laura Hughes	10	Una-Mn-Manka, Mankato,		
92	561	Molly Bjustrom	11	Una-Mn-Maple, Maple Gro		
93	574	Laura Docherty	09	Una-Mn-Saint, Saint Paul,		
94	576	Hannah Kellerman	10	Una-Mn-Sarte, Sartell, MN		
95	586	Meleia Oestmann	09	Una-Ne-Aubur, Auburn, N		
96	589	Jena Schwalenberg	09	Una-Ne-Colum, Columbus,		
97	597	Britni Waller	10	Una-Ne-Linco, Lincoln, NE		
98	599	Kayla Sherwood	09	Una-Ne-Mitch, Mitchell, N		
99	600	Kelli Budd	09	Una-Ne-Omaha, Omaha, N		
100	609	Bridgette Schneekloth	10	Una-Ne-Schuy, Schuyler,		
101	612	Allie Brisco	11	Una-Ne-Scott, Scottsbluff,		
102	613	Aubree Worden	11	Una-Ne-Scott, Scottsbluff,		
103	615	Brittany Arment	10	Una-Sd-Aberd, Aberdeen,		

Nike Cross Heartland Regional - 11/15/2008**Sioux Falls, SD****Performance List - Saturday**

104	616	Courtney Neubert	11	Una-Sd-Aberd, Aberdeen,	_____	_____
105	626	Lindsey Bohl	13	Una-Sd-Garre, Garretson, S	_____	_____
106	640	Lottie Grimshaw	13	Una-Sd-Missi, Mission, SD	_____	_____
107	645	Bailey Eich	11	Una-Sd-Rapid, Rapid City,	_____	_____
108	651	Tera Potts	09	Una-Sd-Sturg, Sturgis, SD	_____	_____
109	658	Madeleine Takahashi	11	Una-Sd-White, Whitewood,	_____	_____
110	743	Kelsey Coulter	11	White Bear L, White Bear	_____	_____
111	744	Rachel Drake	09	White Bear L, White Bear	_____	_____
112	745	Katie Moraczewski	09	White Bear L, Hugo, MN	_____	_____
113	746	Caroline Potts	11	White Bear L, White Bear	_____	_____
114	747	Katie Schlafke	11	White Bear L, White Bear	_____	_____
115	748	Janelle Yonker	12	White Bear L, White Bear	_____	_____

Event 6 Boys 5k Run CC Championship**Saturday 11/15/2008 - 3:30 PM**

Comp#	Name	Year	School	Seed Time	Finals	Place
1	21 Mitch Evink	11	Alexandria X, Alexandria,	_____	_____	
2	22 Josh Hobbs	09	Alexandria X, Parkers Prai	_____	_____	
3	23 Zach Hodgson	11	Alexandria X, Alexandria,	_____	_____	
4	24 Austin McCoy	10	Alexandria X, Alexandria,	_____	_____	
5	25 Drew Paradis	09	Alexandria X, Alexandria,	_____	_____	
6	26 Will Sieling	12	Alexandria X, Alexandria,	_____	_____	
7	27 Sam Vinje	10	Alexandria X, Alexandria,	_____	_____	
8	49 Nathan Jangula	09	Century XC C, Baldwin, N	_____	_____	
9	50 Brett Kelly	10	Century XC C, Bismarck,	_____	_____	
10	51 Jon Lepp	11	Century XC C, Bismarck,	_____	_____	
11	52 Justin Lepp	09	Century XC C, Bismarck,	_____	_____	
12	53 Nikko Raymo	09	Century XC C, Bismarck,	_____	_____	
13	54 Levi Sether	11	Century XC C, Bismarck,	_____	_____	
14	73 Brandt Humphrey	09	Cross Kearne, Kearney, NE	_____	_____	
15	74 Alex Johnson	09	Cross Kearne, Kearney, NE	_____	_____	
16	75 Zach Lind	10	Cross Kearne, Kearney, NE	_____	_____	
17	76 Shane Poulsen	09	Cross Kearne, Kearney, NE	_____	_____	
18	77 David Prater	09	Cross Kearne, Kearney, NE	_____	_____	
19	78 Gant Suhr	11	Cross Kearne, Kearney, NE	_____	_____	
20	79 Travis Walker	09	Cross Kearne, Kearney, NE	_____	_____	
21	93 Brandon Barnes	10	Demon XC Clu, bismarck,	_____	_____	
22	95 Christian Brown Otter	10	Demon XC Clu, bismarck,	_____	_____	
23	99 Josh Hintz	10	Demon XC Clu, bismarck,	_____	_____	
24	101 Devin Huizenga	09	Demon XC Clu, Bismarck,	_____	_____	
25	103 Josh Nuss	09	Demon XC Clu, bismarck,	_____	_____	
26	104 Joash Osoro	09	Demon XC Clu, Bismarck,	_____	_____	
27	106 Dion Schulz	09	Demon XC Clu, bismarck,	_____	_____	
28	133 Josh Heitkamp	10	East Sioux F, Sioux Falls,	_____	_____	
29	148 RJ Harris	09	East XC Club, Des Moines,	_____	_____	
30	156 Abdi Abditon	09	Eden Prairie, Eden Prairie	_____	_____	
31	157 Ayub Aden	10	Eden Prairie, Eden Prairie	_____	_____	
32	158 Aaron Bartnik	11	Eden Prairie, Eden Prairie	_____	_____	
33	159 Matthew Beniak	09	Eden Prairie, Eden Prairie	_____	_____	
34	160 Bobby Davis	09	Eden Prairie, Eden Prairie	_____	_____	
35	161 Erick Meszaros-Jones	10	Eden Prairie, Savage, MN	_____	_____	
36	162 Chris Mueller	10	Eden Prairie, Eden Prairie	_____	_____	

Nike Cross Heartland Regional - 11/15/2008**Sioux Falls, SD****Performance List - Saturday**

37	163	Michael Ellenberger	10	Edina XC Clu, Edina, MN		
38	164	Colton Gits	09	Edina XC Clu, Edina, MN		
39	165	Hunter Gits	09	Edina XC Clu, Edina, MN		
40	166	Aldis Inde	11	Edina XC Clu, Edina, MN		
41	167	Sam Leese	11	Edina XC Clu, Edina, MN		
42	168	Michael Murney	12	Edina XC Clu, Edina, MN		
43	169	Evan Olson	09	Edina XC Clu, Minneapolis		
44	249	Cody Gallagher	09	Lakeville So, Lakeville, M		
45	250	Mark Gallagher	10	Lakeville So, Lakeville, M		
46	251	Stu Lombardo	09	Lakeville So, Lakeville, M		
47	252	Riley Lovell	09	Lakeville So, Lakeville, M		
48	253	Derek Schlager	09	Lakeville So, Burnsville,		
Event 6 ... (Boys 5k Run CC Championship)						
	Comp#	Name	Year	School	Seed Time	Finals Place
49	254	Kyle Serreyn	09	Lakeville So, Lakeville, M		
50	255	Evan Stallings	09	Lakeville So, Lakeville, M		
51	257	Daniel Blake	10	Lincoln Pius, Lincoln, NE		
52	280	David Carbajal	09	Marshalltown, Marshalltow		
53	281	Patrick Fink	10	Marshalltown, Marshalltow		
54	282	Mike Gettemy	11	Marshalltown, Marshalltow		
55	283	Jimma James	10	Marshalltown, Marshalltow		
56	284	Khor Kong	11	Marshalltown, Marshalltow		
57	285	Nick Lacina	09	Marshalltown, Marshalltow		
58	286	Logan Swarts	09	Marshalltown, Marshalltow		
59	294	Aaron Benson	09	Moorhead XC, moorhead,		
60	295	Lukas Gemar	11	Moorhead XC, Moorhead,		
61	296	Christian Larson	11	Moorhead XC, Moorhead,		
62	297	Timothy Lillehaugen	09	Moorhead XC, Moorhead,		
63	298	Jakob Lindaas	09	Moorhead XC, moorhead,		
64	299	Derrick Nelson	11	Moorhead XC, moorhead,		
65	300	Matt Nicolai	09	Moorhead XC, Moorhead,		
66	310	Jarren Heng	10	Norfolk Opti, Norfolk, NE		
67	312	Nick Knudson	10	Norfolk Opti, Norfolk, NE		
68	327	Clayton Foster	09	Pequot Lakes, Pequot Lakes		
69	333	Alex Barney	09	Perham XC Cl, Perham, M		
70	336	Nick Carignan	13	Perham XC Cl, Perham, M		
71	338	Brandon Karels	11	Perham XC Cl, Perham, M		
72	340	Keith Schornack	11	Perham XC Cl, Perham, M		
73	342	Sam Stoll	10	Perham XC Cl, Perham, M		
74	343	Klaus Weber	11	Perham XC Cl, Ottertail, M		
75	352	Kris Monroe	10	Pierre Area, Pierre, SD		
76	353	Aaron Propst	11	Pierre Area, Pierre, SD		
77	354	Tyler Propst	12	Pierre Area, Pierre, SD		
78	355	Robert Ray	09	Pierre Area, Pierre, SD		
79	356	Tyler Sarringar	10	Pierre Area, Pierre, SD		
80	357	Shane Skaggs	10	Pierre Area, Pierre, SD		
81	360	Alec Espeland	09	Pierr Area Rc-B, Pierre, S		
82	367	Zach Bozman	09	Pleasant Val, LeClaire, IA		
83	369	Cody Doughan	10	Pleasant Val, Bettendorf,		
84	373	Tyler Meseke	11	Pleasant Val, Bettendorf,		
85	376	Austin O'Brien	10	Pleasant Val, Bettendorf,		

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Sioux Falls, SD

Performance List - Saturday

86	377	Matt Rubins	09	Pleasant Val, Bettendorf,		
87	379	John Sokolik	11	Pleasant Val, Bettendorf,		
88	380	Josh Trueblood	09	Pleasant Val, Bettendorf,		
89	390	Riley Coates	11	Rapid City W, Rapid City,		
90	391	Austin Hegert	09	Rapid City W, Black Hawk,		
91	392	Tom Kjerengtroen	09	Rapid City W, Black Hawk,		
92	393	Dakota Moore	11	Rapid City W, Rapid City,		
93	394	Nathan Richardson	09	Rapid City W, Rapid City,		
94	395	Mike Scharn	09	Rapid City W, Rapid City,		
95	413	Kelly Bickham	10	Rogue Unicor, Indianola, I		
96	414	Clayton Fritz	10	Rogue Unicor, Carlise, IA		
97	415	Cody Hoover	09	Rogue Unicor, Bondurant, I		
98	416	Cory Johnson	09	Rogue Unicor, Indianola, I		
Event 6 ... (Boys 5k Run CC Championship)						
	Comp#	Name	Year	School	Seed Time	Finals Place
99	417	Derek Johnson	09	Rogue Unicor, Indianola, I		
100	418	Jake Larson	09	Rogue Unicor, Lucas, IA		
101	419	Nick Schulze	09	Rogue Unicor, Indianola, I		
102	445	Jacob Arechigo	09	Sioux Falls, Sioux Falls,		
103	447	Jordan Fuglestad	10	Sioux Falls, Sioux Falls,		
104	448	Brandon Haschke	09	Sioux Falls, Sioux Falls,		
105	449	Matt Horan	11	Sioux Falls, Sioux Falls,		
106	454	Tanner McCleerey	11	Sioux Falls, Sioux Falls,		
107	455	Keith McIntire	09	Sioux Falls, Sioux Falls,		
108	457	Tyler Nack	10	Sioux Falls, Sioux Falls,		
109	504	Thomas Bennett	09	Thunderbird, Bellevue, NE		
110	505	Dalton Ellis	10	Thunderbird, Bellevue, NE		
111	506	Simon Falcon	09	Thunderbird, Bellevue, NE		
112	508	Casey Humphrey	09	Thunderbird, Bellevue, NE		
113	509	Johnny Ingold	10	Thunderbird, Bellevue, NE		
114	510	Erik LeMoine	09	Thunderbird, Bellevue, NE		
115	511	Spencer Pruss	10	Thunderbird, Bellevue, NE		
116	516	Drew Sikkema	09	Una-Ia-Clint, Clinton, IA		
117	521	Sam Chaney	10	Una-Ia-Colum, Columbus J		
118	523	Zach Baker	10	Una-Ia-Eddyv, Eddyville, I		
119	529	Paul Yak	10	Una-Ia-Storm, Storm Lake,		
120	556	Besufekad Shannon-Tamrat	10	Una-Mn-Gol-S, Golden Val		
121	558	Jakub Zivec	09	Una-Mn-Grand, Grand Rapi		
122	563	Robel Kebede	09	Una-Mn-Minne, Minneapoli		
123	579	Kemal Jarso	10	Una-Mn-St.Pa, St.Paul, MN		
124	583	Jon-Michael Brandt	10	Una-Mn-Winon, Winona,		
125	587	Josh Harsin	10	Una-Ne-Blair, Blair, NE		
126	607	Colby Twist	10	Una-Ne-Omaha, Omaha, N		
127	614	Grant Aden	09	Una-Ne-Syrac, Syracuse, N		
128	618	Josh Wilson	09	Una-Sd-Bath-, Bath, SD		
129	619	Billy Brockmueller	10	Una-Sd-Brand, Brandon, S		
130	620	Bobby Brockmueller	10	Una-Sd-Brand, Brandon, S		
131	635	Shaun Henderson	09	Una-Sd-Huron, Huron, SD		
132	641	Alex Muntefering	09	Una-Sd-Parks, Parkston, SD		
133	642	Damien Schuster	09	Una-Sd-Piedm, Piedmont,		
134	660	Spencer Agnew	09	Una-Wi-Fort_, Fort Atkinso		

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Performance List - Saturday

135	662	Jerry Kerska	09	Una-Wi-Prair, prairie du s		
136	663	Chris Brady	10	Valley Runni, west des moi		
137	664	Bennett Coffman	09	Valley Runni, West Des Mo		
138	665	Kit Coppess	09	Valley Runni, West Des Mo		
139	666	Dillon Hughes	09	Valley Runni, West Des Mo		
140	667	Nate Wiemers	09	Valley Runni, West Des Mo		
141	669	Tyler Rich	09	Waukee RC, Clive, IA		
142	685	Jeremy Drenckhahn	09	Wayzata XC C, Plymouth,		
143	686	Danny Ducharme	09	Wayzata XC C, Plymouth,		
144	688	Jon Hackbart	09	Wayzata XC C, Plymouth,		
145	690	Oliver Haugland	10	Wayzata XC C, Plymouth,		
146	694	Landon Lozano	10	Wayzata XC C, Plymouth,		
147	699	Josh Thorson	12	Wayzata XC C, Plymouth,		
148	700	Andrew Wasz	09	Wayzata XC C, Plymouth,		
Event 6 ... (Boys 5k Run CC Championship)						
	Comp#	Name	Year	School	Seed Time	Finals Place
149	749	Trevor Bartz	10	White Bear R, White Bear		
150	750	Chad Gjerde	11	White Bear R, White Bear		
151	751	Blake Macalus	09	White Bear R, White Bear		
152	752	Joe Parenteau	10	White Bear R, White Bear		
153	753	Joel Reichow	12	White Bear R, White Bear		
154	754	Bill Struntz	09	White Bear R, White Bear		
155	755	Tyler Young	09	White Bear R, White Bear		
156	768	Mahad Hassan	09	Willmar Wing, Willmar, M		
157	783	Jared Ailts	09	Yankton 3-D, Yankton, SD		
158	784	Travis Brenner	10	Yankton 3-D, Yankton, SD		
159	785	Alex Hohenthauer	10	Yankton 3-D, Yankton, SD		
160	786	Jens Lillevold	09	Yankton 3-D, Yankton, SD		
161	787	Josh Lundgren	11	Yankton 3-D, Yankton, SD		
162	788	Mark Wilcox	10	Yankton 3-D, Yankton, SD		
163	789	Mitch Yaggie	10	Yankton 3-D, Mission Hill,		
164	792	Blair Ekleberry	09	Yep. Athleti, Madison, WI		
165	793	Sam Hacker	11	Yep. Athleti, Madison, WI		
166	794	Chazzzzzz Karch	09	Yep. Athleti, Madison, WI		
167	795	Brett Kelly	09	Yep. Athleti, Madison, WI		
168	797	Ryan Sandler	09	Yep. Athleti, Madison, WI		
169	798	Biken Schimpff	09	Yep. Athleti, Madison, WI		
170	799	Josh Williams	09	Yep. Athleti, Madison, WI		